BALMORAL HALL
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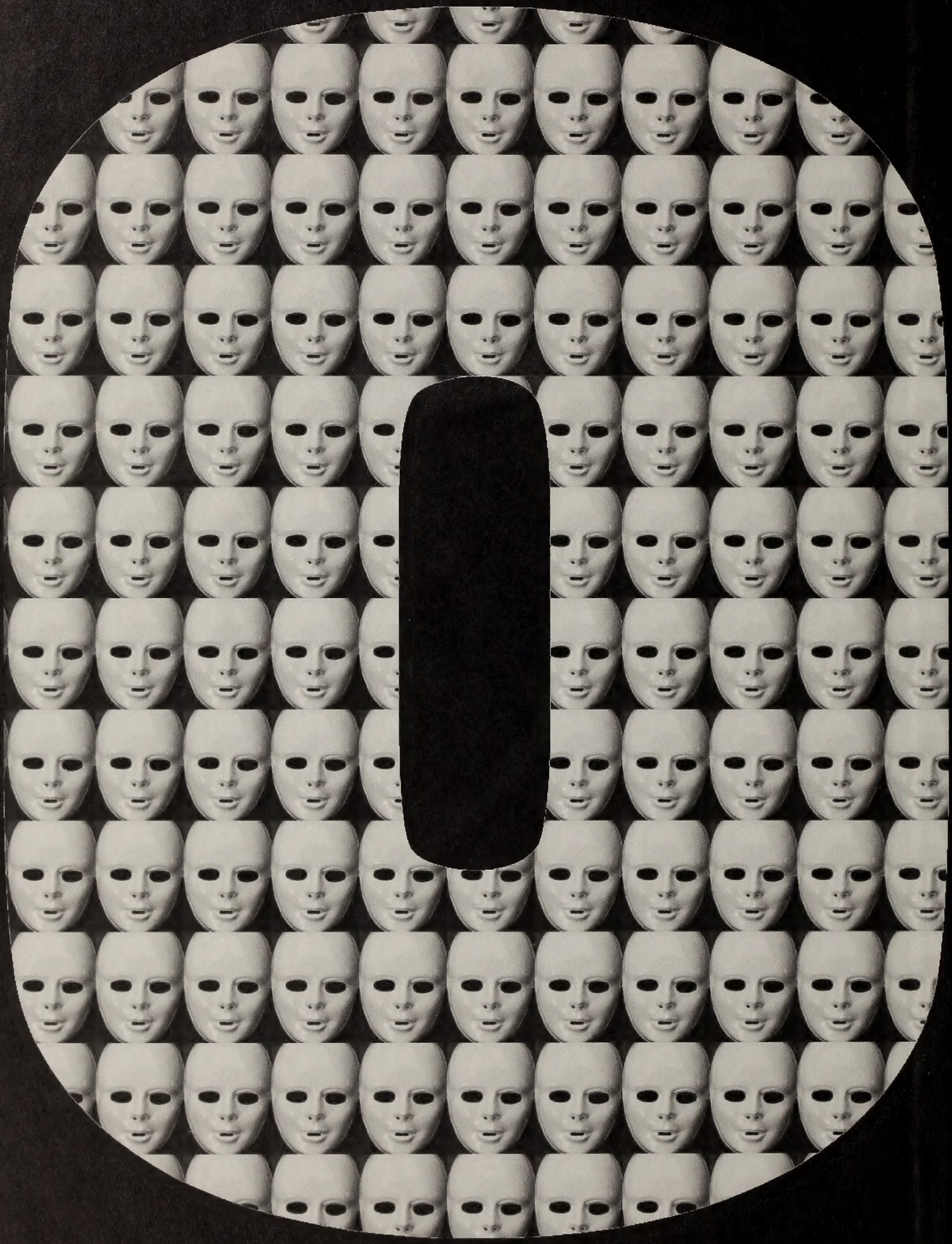
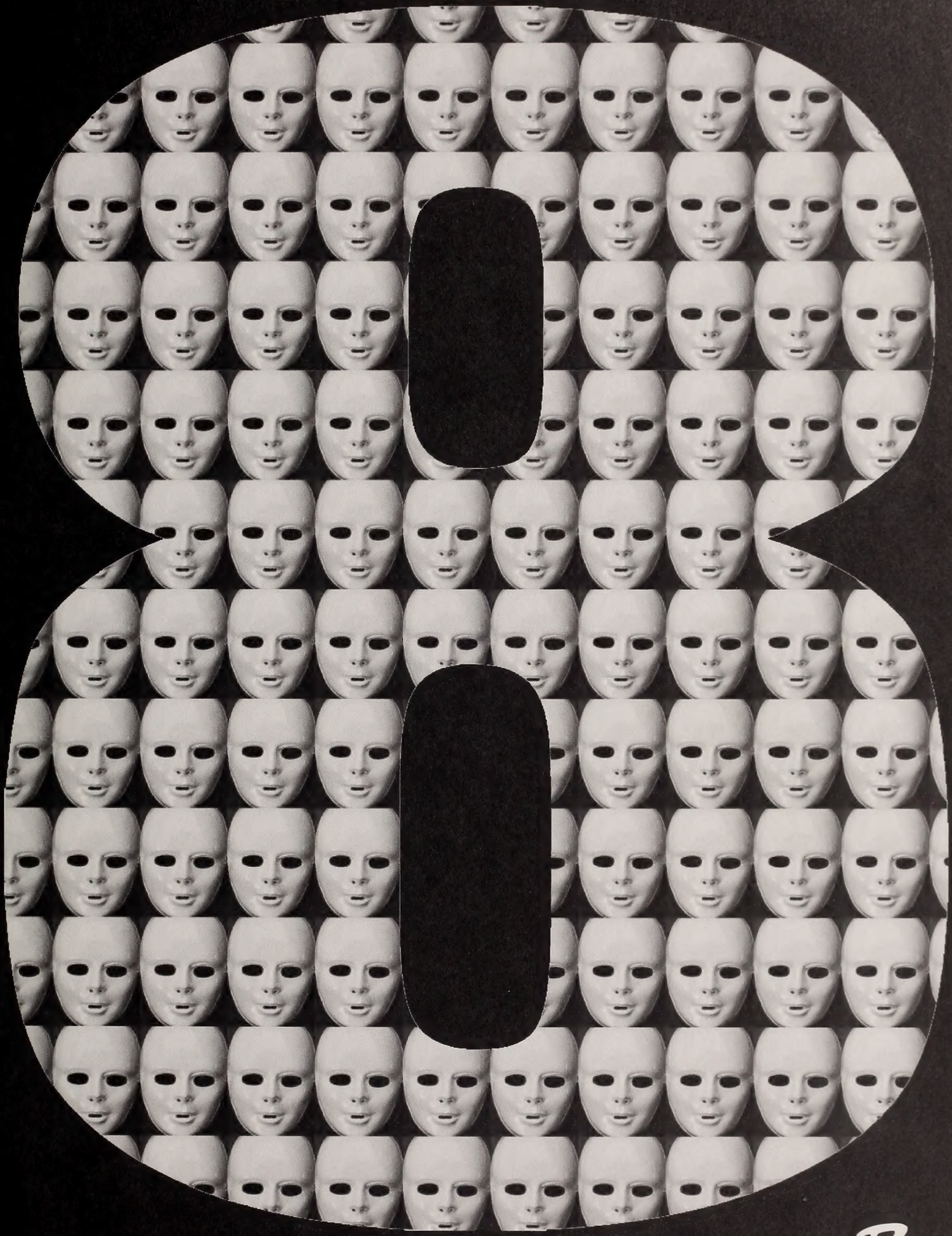
OPTIMA ANNI





Be.

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https://archive.org/details/optimaanni2009balm

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Be Connected!

FRIESENS ENVIROLUX PAPER
ENVIRONMENTAL BENEFIT STATEMENT

Balmoral Hall School saved the following resources by printing its yearbooks on Friesens Envirolux paper made with 80% recycled fiber, 60% post-consumer waste and processed chlorine free.

trees	water	energy	solid waste	greenhouse gases
4	1284	2	212	392
fully grown	gallons	million BTUs	pounds	pounds

Calculation based on research by Environmental Defense and other members of the Paper Task Force.

Friesens is pioneering environmentally friendly alternatives for school yearbooks.

Mixed Sources
Product group from well-managed forests, controlled sources and recycled wood or fibre
www.fsc.org Cert no. SW-COC-1271
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FSC

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630 Westminster Ave.
Winnipeg, MB, R3C 3S1
Phone: (204) 784 - 1600
Fax: (204) 774 - 5534
www.balmoralhall.com

Donna Alexander
Head of School

As this year draws to an end I am left feeling that I do not want the doors to close, the exams to be written, and the story to end. So many new initiatives and events occurred: Amnesty International, O Ambassadors, fewer exams, more authentic assessments, the Child Care centre opening, Junior School sock hop, Fred Penner visit, Aikin's House sleepovers, gardening club, and sweet athletic successes.

At the same time, we still sang and made Best Friends, reached further, learned more and danced our way through the year. It is that combination of tradition and initiative, hard work and exhilarating play that make Balmoral Hall School the best school for girls and young women. As you browse through these pages, remember the remarkable achievements, the goals set, the dreams dreamed, and the friendships made.

Judith Steek
Junior School Principal

On behalf of Junior School I would like to congratulate the yearbook committee for reflecting the spirit of the 2008-2009 school year. You have shown in a most creative way that student life at Balmoral Hall is balanced, challenging and engaging. Each picture captures a moment in time, in the time of your life. To the graduates, we say farewell. I hope your days at BH were filled with happy memories, achievements and lessons learned. The theme of the year -BE -encouraged students to be all they could imagine to be. As Nelson Mandella said:

Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness that most frightens us.
We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous?
Actually, who are you not to be?

We know you will go out into the world, and whatever life presents, you will be brilliant, gorgeous, talented and fabulous!

Tracy White
Middle School Principal

"Life isn't about finding yourself... life is about creating yourself!"
George Bernard Shaw

This is especially true when with middle school students. You can see a glimpse of the child they were and the adult they will become. It is an important time in their lives when they are figuring out who they are, not who parents or teachers want them to be. It can feel like a constant uphill battle for friends, families, teachers and, most of all, themselves. We must all be there to pick them up when they fall, be a shoulder to lean on when they are feeling vulnerable, but, most of all, be strong enough to let them figure things out on their own.

I think I am one of the most privileged people at BH! Drop by my office sometime and you'll agree. Being in the atrium allows me to see these girls in a very different light. I look out and I see girls sitting side-by-side practicing the piano, dancing down the hall, helping each other and I see friendships being made & mended. It is very rewarding to watch each of these young ladies coming into their own.

Some years our school theme has been something to aspire to...this year I believe our theme is a true reflection of our students...BE!

Be creative! Be unique! Be yourself! Be who you want to be!

Joanne Kamins
Senior School Principal

BE

Function: verb
to live, to happen,
to occupy a position,
to belong

Each school year that passes is marked by great events in the memories of students and this year was no exception. The prefects encouraged you to BE and you did: in the classroom, on the ice, in the gym, on the stage, in the community, out of the country, for yourself and for others.

This was evident in the thoughts, actions and words of senior school, individually and as a whole.

I was honored to BE part of this year's experience.

To the class of '09 who leave Balmoral Hall to further their education, we extend to you our best wishes for success. As you continue on your journey, remember what you taught us this year..... BE.

Corrine Scott Chair of the Board of Governors

The 2008-2009 school year has been an exciting one marked with many significant endeavors and achievements for all of our students. As Chair of the Board of Governors, I offer my sincere congratulations to the Graduating Class of 2009 for your hard work throughout the year. Your leadership skills, coupled with your passion for learning, will serve you well in the future. You have truly been an example to all students at Balmoral Hall and have shown that dreams can come true. This is but one of many steps to the rest of your lives. Regardless of the path you chose, be confident in the skills you have acquired at Balmoral Hall as they have prepared you to be successful in today's global and rapidly changing environment. As we have all witnessed, the world can change with very little notice and the challenges in the coming years facing Canada and many other nations are many.

Rest assured however, that you are well prepared for the next phase of your lives and you will make a difference in the world and in the lives you touch. Lifelong friendships you have developed with your peers will enable you to remain connected and I hope you will all continue to connect with the staff and students of Balmoral Hall. The doors at BH will always be open to you and it is our collective hope that many of you will return to share your experiences and successes with the wonderful girls following you. Best wishes and good luck!

Maria Reimer '95 President of the Alumae Association

The Alumnae Association extends its congratulations to the 107th Graduating Class! Your graduation from Balmoral Hall is the culmination of years of hard work and an important stepping stone for the exciting endeavors each of you has planned to embark upon next. Relish this transitional period in your life: strive, achieve, explore new cities and countries and make new friends and connections. Along the way however, remember that you will always be a part of the Balmoral Hall family in your new role as Balmoral Hall Alumnae.

Remember, too, that you have an invaluable ally in Balmoral Hall Alumnae. Alumnae offer you their experience, intelligence, ambition and the experience of their achievements. The Alumnae Association is pleased to assist Alumnae to maintain and establish relationships amongst themselves and the School. We would love to hear from you! Plan to keep in touch via the Alumnae email directory, through your BH friends or stop by the School.

oy Loewen President of the Parent Association

Greetings on behalf of the Balmoral Hall Parent Association. It has been a pleasure serving and supporting you all in your academic pursuits and social activities. The process of learning continues everyday at BH and as parents; we welcome opportunities to be active partners in your development as capable, confident and intelligent girls and women.

June marks a very special time of life for graduates as they celebrate their achievements with family and friends and prepare for a world of infinite possibilities. Thank you for being positive role models, friends and ambassadors of the BH spirit. The arms of the BH family will always be open wide to embrace you and the success of your future pursuits. My wish is that you remember the theme from your final year at Balmoral Hall and BE inspired to live the life of dreams. Here's to happy endings and new beginnings - Congratulations!

Talia Glodjo Head Girl

Talia Joundi School Captain

"Life moves pretty fast. If you don't stop and look around once in a while, you might miss it!"
Ferris Bueller

What a gem of Hollywood wisdom, and he was right. This year has been a blur, but it has definitely been a colourful one! We've had so many great times this year that I can't do them justice in just 150 words. I think I can say, however, that the highlights for me were: 4 litres of blue Jello we managed to choke down during WINS days, Halloween airbands, walking in Mrs. Kamins shoes, assembly videos, the almost dance, the actual dance (which was SUCH a party!), and of course my painfully awkward endings to Monday morning assemblies. I know I'll miss them!

Thank you to Student Council, hard work doesn't begin to describe what you've accomplished this year, and thank you to Mrs. Sheps, without whom this year could never have happened, you are an INSPIRATION! If there is one thing I learned this year, it is to squeeze all the memories you can out of your time at BH. As a student, I can say I have never worked harder, as a graduate, I have never had more fun in my LIFE, and as Head Girl, I have never been more proud of BH students and staff for our enthusiasm, and fearlessness to BE, and do everything we hoped for!

Good luck, and remember to enjoy your time at BH; you don't want to miss it!

Thank you for everything!

Hey BH!
I hope you're feelin' fine
because we're just wrapping up 08-09
Hold up...it's already done?
Why, it feels like it has just begun....

This year, you were inspired to "Be; be who you want to be,
(and you will have a wonderful time; that's a guarantee")
In the face of opportunity, you were challenged to say "Yes";
What came about from there, you could only guess;
Performers, comedians, activists and more,
The talent and enthusiasm simply began to pour.

It has been a year jam packed with awesomeness,
And it's that BH spirit that I will truly miss.
Air bands, game shows, movies and sumo wrestling,
With each new event, you all proved your z-z-zing!
The weekly videos at assembly were more than just for thrills,
Through them we witnessed your dance moves, thoughts and skills.

Everyone has their little quirk,
It's something different, but you make it work.
This year I've loved putting faces to names and names to faces,
Suddenly you're a friend, instead of "that girl with the braces".

Take 1; Take 2; Take 3;
I've learned that trying again doesn't cost you, as each try is free.
With every attempt, you are closer to wondrous success,
And that resulting happiness is truly worth any stress.

Finally, one HUGE thank you!
To the admin, staff, student council, and students too,
For being super cool...and most of all, for being YOU!

Be Memorable

Julie Clark
Yearbook Prefect

Paige Danowski and Paige Chadsey

Julie Clark and Marissa Woods

Mehek Shaikh and Fatima Warraich

Kamal Dhillon

Julie Yan and Zara Goldberg

Ceci Bilbatua and Emily Livingston

Ashley Buckle and Simran Singh

A yearbook is defined by not only its contents but the people who created it.

Top 10 things to remember:

10. Deadlines are always around the corner
9. Buy a yearbook! You can always regain the money but not the memories
8. Be productive
7. Do your research
6. Be nice to InDesign, it doesn't mean to be inconvenient
5. Senora always knows best
4. Love each other and work together
3. Be kind
2. Bring a camera to everything... you never know what you might miss
1. Remember every moment you can, cause it will pass you by in a blink

Thank you for all of your hard work this year and we hope that everyone will enjoy the rest of the yearbook.

Tip of the Day: Smile, it can't hurt
Tip of the Week: It's almost the weekend, hang on!
Tip of the Month: Try something new, not matter how peculiar
Tip of the year: The world is yours, take it by the hand and embrace it

"Don't cry because it's over. Smile because it happened."
~Dr. Seuss

Missing: Morgan Rathwell and Eva Downey

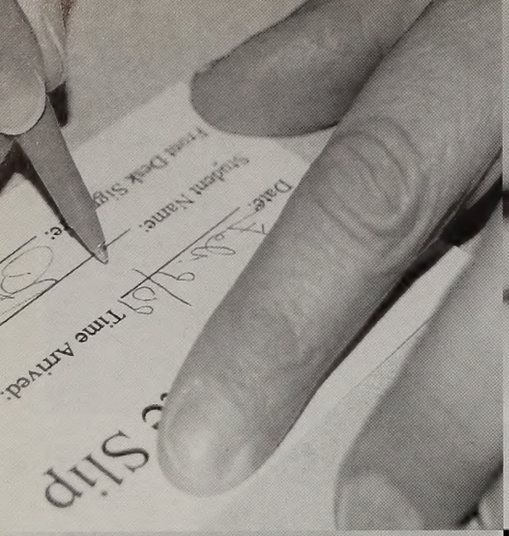
Julie Clark & Marissa Woods

Corinna Jin

Miranda Thorne

Christa Lee

Talia Joundi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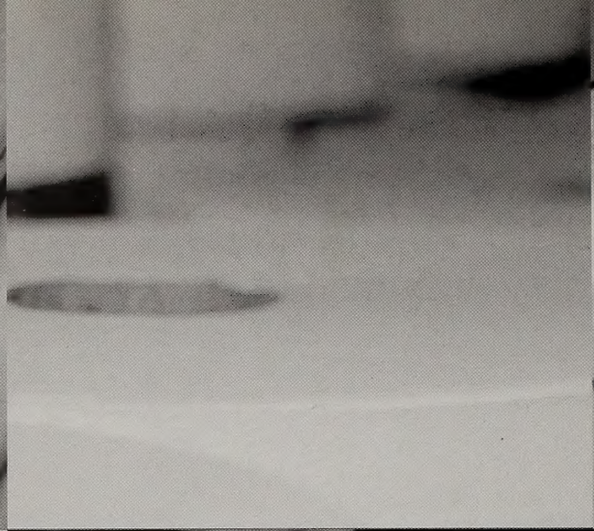
Student Name:
Date



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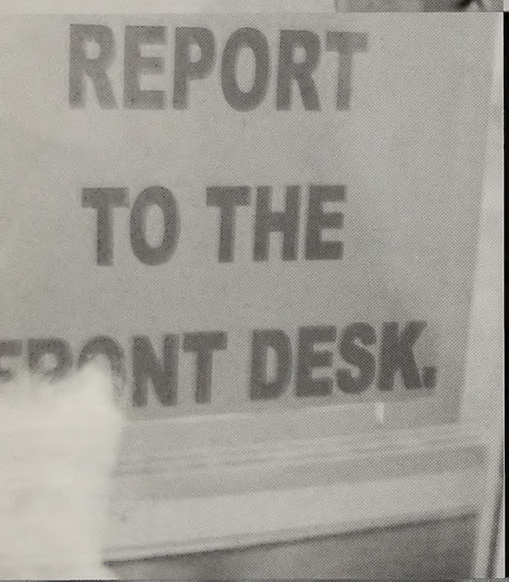
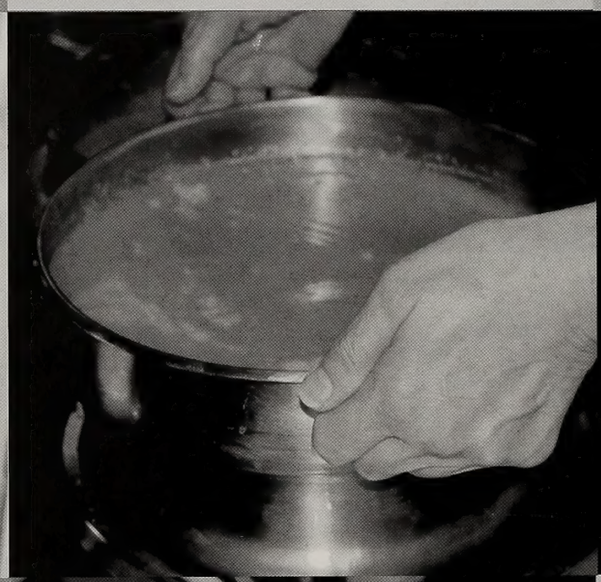
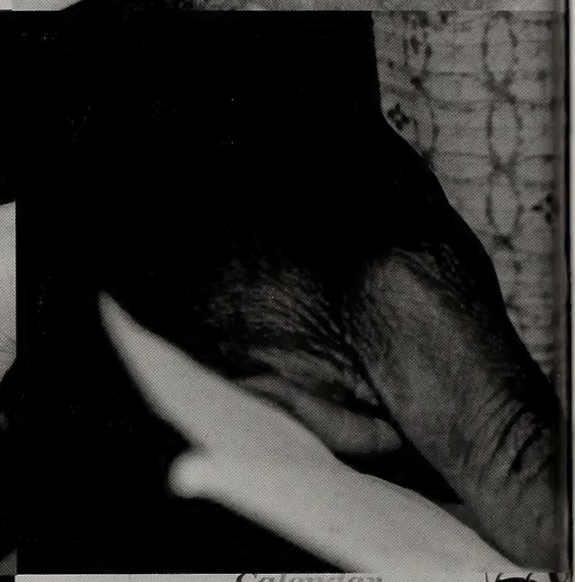
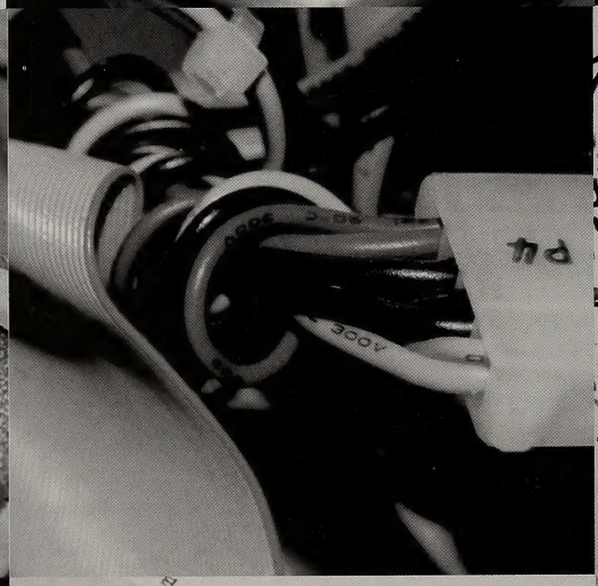
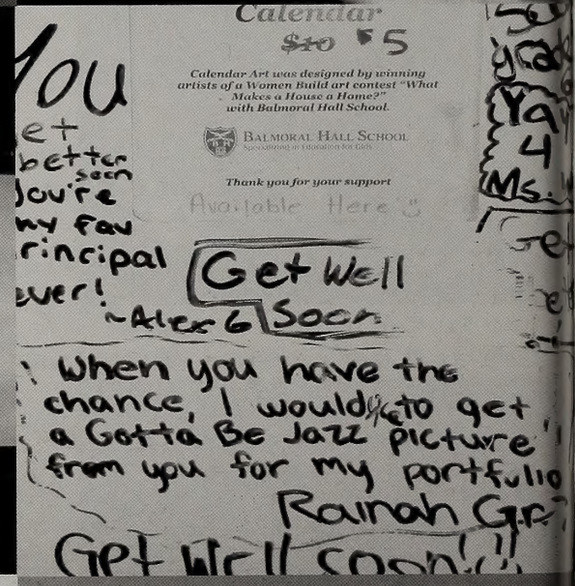
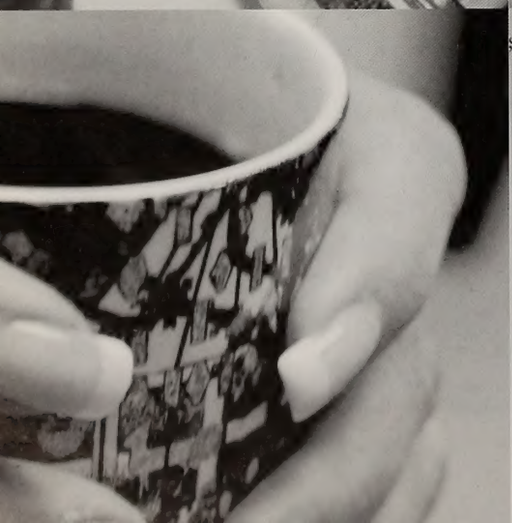

REPORT
TO THE
FRONT DESK.

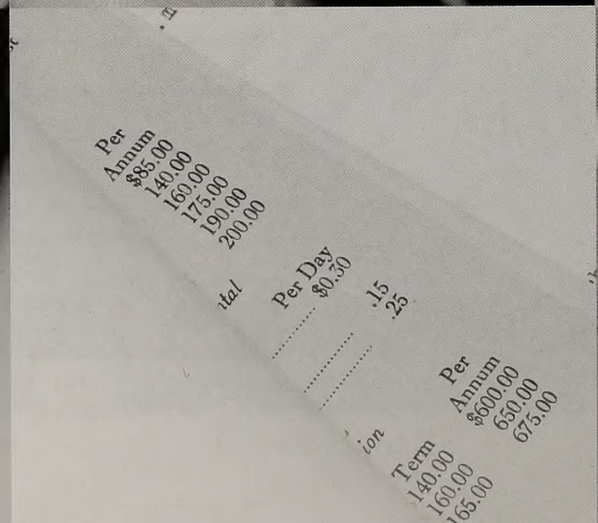







Calendar
$10 $5
Calendar Art was designed by winning artists of a Women Build art contest "What Makes a House a Home?" with Balmoral Hall School.
Balmoral Hall School
Thank you for your support
Available Here
Get Well Soon
When you have the chance, I would like to get a Gotta Be Jazz picture from you for my portfolio
Rainah Gr
Get Well Soon!

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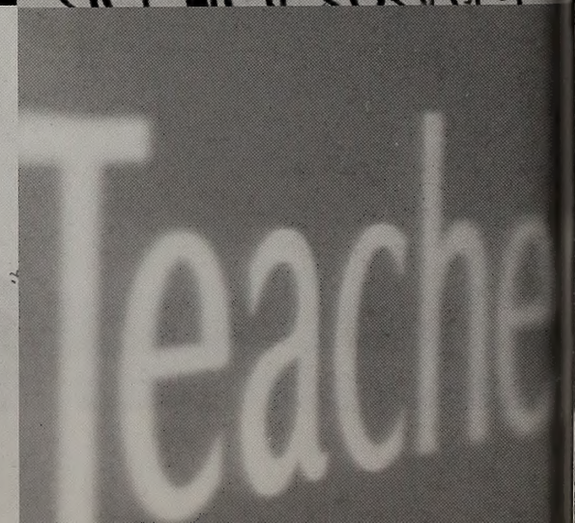

Teache

Drink me
MHSAA
PROVINCIAL
GIRLS
VOLLEYBALL
FINALISTS
2002-03

Be. encouraging

Krista Akerstream

Be. nuturing

Donna Alexander

Be. knowledgable

Sarah Allentuck Secter

Be. inspiring

Tina Alto

Be. amazing

Kerry Ann Batista

Be. helpful

Dawn Bergen

Cyndee Bocek

Marilyn Bowles

Diane Buckingham

George Budoloski

Tracy Burston

Louise Butler

Elizabeth Chaves

Sharla Chochinov

Joan Christie

Jared Cook

Beverlee Cooke

Rachel Cooper

Jackie Copp

David Dalgliesh

Garry De Blonde

Genevieve Delaquis

Grace Doe

Cathy Doerksen

Robin Dow

Leanne Falconer

Bev Flackman

Teresa Friesen

Be. a leader

Terry Fulton

Be. a counsellor

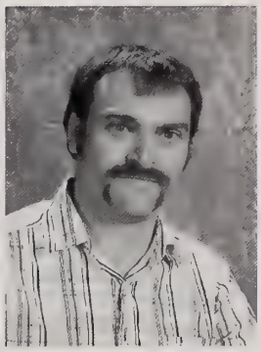
Denise Gariery

Be. motivating

Gary Gaudry

Carolyn Graham

Jodi Hafenbrak



Tony Hart

Marita Henault

Karina Hill

Sheila Hunter

Lesley Jacobs

Carlos James

Bin Dong Jiang

Gil Johnson

Wayne Johnson

Lianne Johnstone

Vicky Jordan

Joanne Kamins

Christine Kerr

John Kerr

Jennifer Kirk

Roma Konyk-Pastuck

Erin Kowal

Christina Kowalec

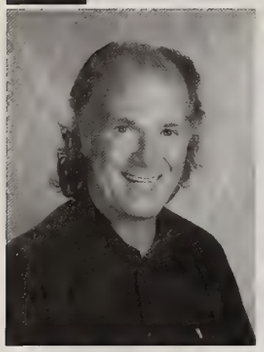
Dennis Kuzenko

Ginny Lechman

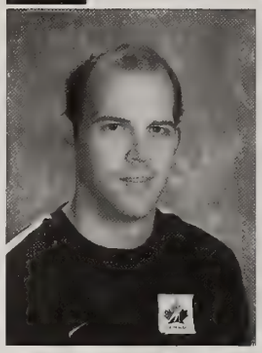
Rebecca Lechman

Nancy Leigh

Be. inspirational



Stevan Leipsic



Adriane Mc Elrea

Andrea Morrison

Dean Rebeck

Rhonda Smith

Be. consistent

Steven Mac Donald

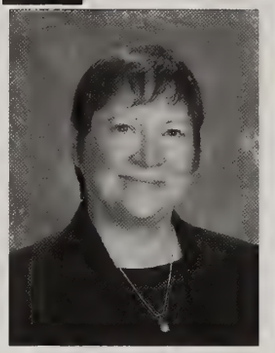
Pamela Mc Ghie

Heather Naughten

Mary Jane Reid

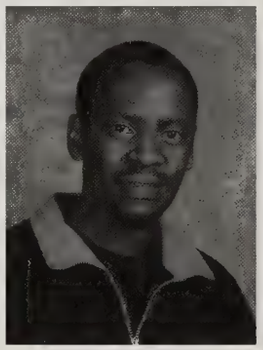
Leslie Sprange

Be. innovative



Jane Mac Kenzie

Lois Mc Gill Horn



Richard Ndlovu

Yovana Renghen

Sandra Spring

Be. supportive

Debbie Mairs

Anita Moeller

Kirstan Osborne

Joanie Sheps

Judith Steek

Be. informative

Michelle Marlow

Lisa Moore

Lucy Pereghy

Connie Shyka

Be. dependable

Jennifer Mc Donald

Hannah Morrell

Bill Quinn

Pam Simmons

Be. patient

Be. expressive

Jennifer Streilein

Neil Tormon

Lucie Wigan

Ketri Wilkes

Dave Zimmerman

Laura Zimmerman

Be. reliable

Don Suderman

Mary Valdez

Bryan Williams

Be. versatile

Darlene Sveinson

Robbert Visser

Shirley Woodhouse

Be. pioneering

Arda Thomson

Emily Warriner

Nicole Workman

Be. unforgettable

Signy Thordarson

Tracy White

Harriet Zimmer

Custodial Staff: Bushra Al-Raimi, Sarah Bannatyne, Amleset Beyene, Ljubica Moskovic, Corene Stranger, Zoo Wong, Fetiya Yassin

Class of
BALMORAL HALL SCHOOL
WINNIPEG, MANITOBA
BC# 05-051
011
012
GoCARD 05/06
GANDEEP SIDH
Parent/Stude
Directory
2008-
My birthdate
My grade
I have pets
9
8
7
Honeywell

BRAEMAR
Wicked
Broadway

N - Marilyn Bowlies

Elizabeth Butler

Kirsten Drexler

Hope Hinchey

Inez Mayberry

Katherine Robinson

Saanvi Sharma

Taran Sokhey

Triangle
4
Caring
BH Nursery
Spring
2
3
Nursery Grocery Store

JK - Christine Kerr, Tracy Burston

Igleya Advincula

Wynne Anderson-Lindsay

Penelope Cholakis

Mara Denchuk

Sarah Harley

Lauren Haverick

Malaya Humeniuk

Hope Johnson

Lauren King

Sasha Lyubimova

Sarah Mathew

Halah Mhanni

Dakota Morris (Bear)

Danae Pepelassis

Joanne Pham

Sophie Schwartz

Alexis Sinclair

Gabrielle Susanto

Claire Venevongsa

Isha Walia

Amelia Wallace

K - Arida Thomson

Caden Beilner

Lily Brandes

Oksana Chaput

Tamara Chaput

Heather Harrison

Eilishrose Hazlitt

Lauren Horvath

Aurora Johnson

Sara Moghadas

Heaven Moneyas

Caelan Nowicki

Olivia Olson

Chiara Picklyk-Esposito

Gina Plett

Julia Ryan

Katherine Sengmany

Lily Stewner

Gabriela Todescan

Juliana West

7 - Kirstan Osborne

Lauren Burns

Saije Catcheway

Alexandra Davis

Megan Harley

Keemia Kaviani

Emma King

Charlotte Kowall

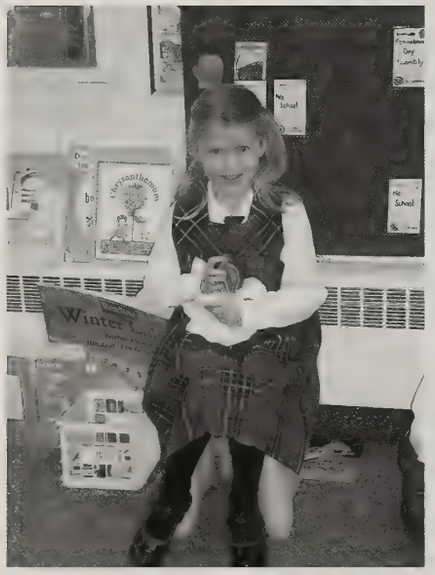
Una Mayberry

Stefania Priestley

Madeline Ritter

Avery Shtykalo

Portia Topnik



Zoë Zaretzky

7 - Leslie Sprange

Madelaine Baigrie

Charlotte Falck

Emma Hafenbrak

Honor Hinchey

Natasha Hofer

Karen Jensen

Jasmin Luszeck

Grace Lynch

Aleksandra Planinich

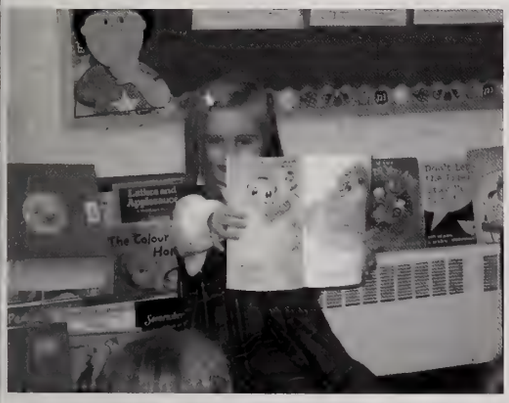
Kaytlen Recine

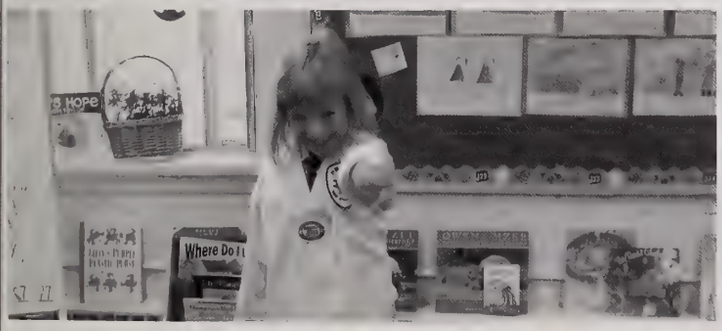
Brianna Ritter

Grace Speirs

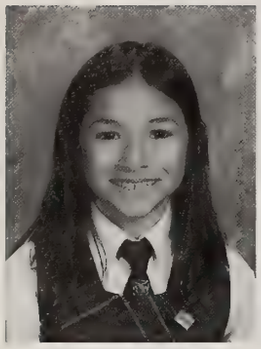
Grace Thomson

Irina Znamirowski





2 - Heather Naughten


Mia Battad

Sydney Bear

Logan Chubaty Boychuk

Mackenna Domoney

Avery Fletcher

Scotia Fullerton-Collison

Kendra Hamin

Emma Harms

Kate Hokanson

Anna Layte

Kathryn Lyon

Emma Machado

Mikayla Mcleod

Ishika Mittal

Gabriella Nowicki

Bethany Shtykalo

Victoria Stefanson

Jessica Sui

Chelsea Venevongsa

Kaylyn Zacharkiw

2 - Roma Konyk-Pastuck

Katelyn Battad

Alexandra Beck

Payton Bell

Kirsten Benidickson

Rachel Bernhardt

Rachael Buchwald

Serena Buchwald

Larissa Campbell

Sara Christie

Eleanor Fay

Samantha Frost

MacGregor Goodman

Sarah Kowall

Madison Lacombe

Lia Loewen

Claire Meier

Lauren Melnyk

Anika Moran

Jennie Pham

Reese Precourt

Marie Silhova

Kristin Smith

Lindsay Speirs

4 - Signy Thgridarson

Hannah Baran

Alexandra Blake

Grace Budoloski

Katherine Burley

Anais Casselman-Green

Gillian Chiu

Naia Dias-Gwyn

Victoria Dowhan

Morgan Dubyts

Amy Johnston

Samantha Machado

Taylor Maidment

Olivia Meier

Danielle Moreau

Lilian Potvin

Maya Schwartz

Jennifer Sikora

Emily Thompson

Claudia Venevongsa

Aliya Walji

5 - Cyndee Bocek

Sara Ali

Chloe Balog

Audrey Bicknell

Alexandra Chubaty Boychuk

Dakota Cull

Daniella Daumler

Alexandra Enns

Kim Hurst

Sameen Kaviani

Julia Lee

Julia Mac Aulay

Mary Mckeigan

Disha Mittal

Paris Musaphir

Maria Konstantina Pepelassis

Grace Perchaluk

Vanessa Schafer

Shelby Sytnyk

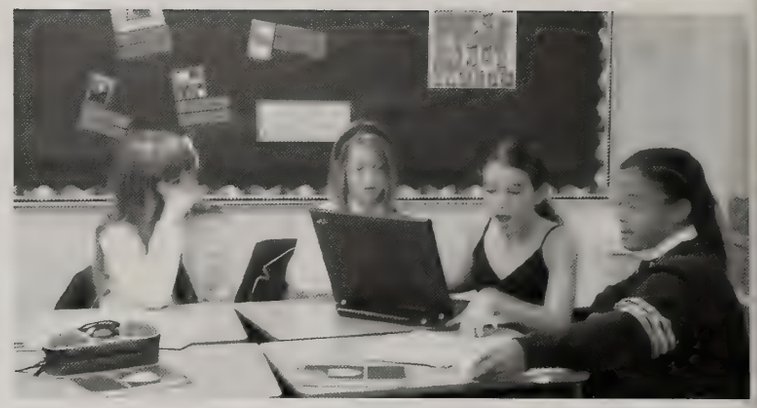
Zoey Traverse

b - Jennifer Streilein

Leah Bernhardt

Genevieve Field

Sarah Gage



Olivia Hwang

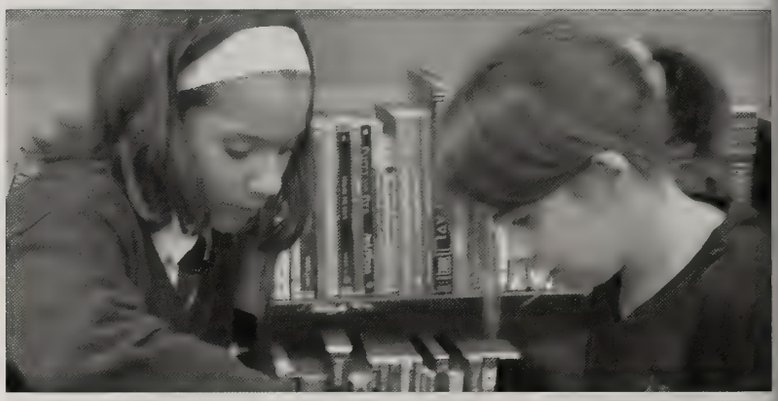
Cassidy Maidment

Jessie McTaggart

Alexis Ogaranko

Cassandra Patterson

Rithikha Rajamohan



Celine Richardson

Aurora Robert

Bailey Robinson

Kirsten Rogers

Kathryne Roller

Simran Roopra

Marley Smith

b - Sharla Chochingv

Miranda Baran

Annick Beauchesne

Lea Chowdhury

Sophia Courage

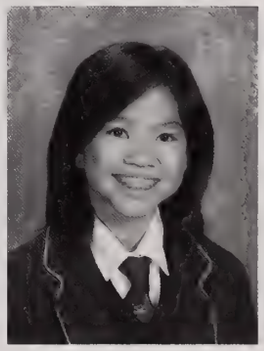
Victoria Davidson

Nicola De Pape

Laura Ferch

Jane Guberman

Emma Holeman



Clarice Nguyen Hua

Breann Patterson

Alexandra Trann

7 - KARINA HILL

Meredith Chiu

Haley Cummings

Eva Downey

Alanna Flom

Paige Hastings Van

Alida Hughes

María Jones Romo

Kaitlyn McIntosh

Leilah (Claire) Perchaluk

Claudia Andrea Porras Valencia

Nadia Schriemer

Emily Sikora

Brianna Turner

Rainah Uhl

7 - Dave Zimmerman

Meighan Ambrosie

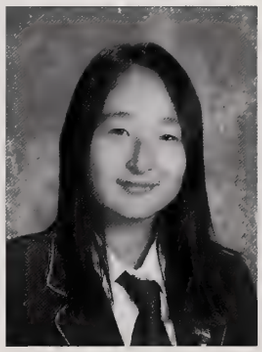
Alexandra Banfield

Jocelyn Feltham

Katherine Hastings Van

Claire Hughes

Cady Jessiman



Da Hye Lee

Shradha Moudgil

Celina Penny

Kaitlyn Scott

Talia Smith

Hayley Stacey

Gabrielle Warren

Julia White

8 - Jodi Hafenbrak

Grecia Almada Barcenas

Louné Blom

Kady Evanyshyn

Jaclyn Flom

Marsha Gordon

Jillian Hedden

Aynsley Hodge

Erika Ilse

Corinna Jin

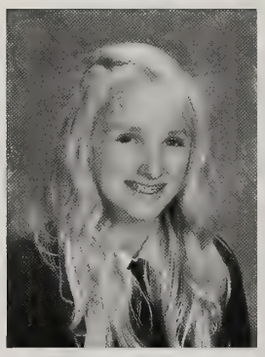
Kathleen Kopp

Annamarie Macklin

Michela Picklyk-Esposito

Michelle Prendiville

Morgan Rathwell


Bryanna Sherbo

Moneet Sidhu

Ella Steele

Ella Thomson

Allessandra Turner

Nicole Van Hove

Alexandra Wade

Marissa Woods

8 - Anita Moeller

Vanessa Bermisa

Natasha Comeau

Michelle Daeninck

Anna Evans-Boudreau

Eleanor Fascione

Emily Ferguson

Madison Harvey

Janelle Hill

Bryn Koehn

Nika Korpesho

Jenny Lee

Madeline Lischka

Kennedy Maidment

Hannah Mc Kenna

Madeline Metcalfe

Samantha Moreau

Luxmy Navaretnam

Megan Ross

Jessica Schafer

Kailey Schur

Sarah Sytnyk

Nicole Wierzbicki

9 - John Kerr

Gabriella Balog

Sara Barnabé

Bridget Bicknell

Kate Bouchard

Demara Davidson

Alexandra De Pape

Meghan Dufault

Shea Gaynor

Alex Jessiman

Sydney Jones

Emily Kesselman

Leanne King

Elizabeth Pappas

Hannah Scott

Natalia Vazquez Maradiaga

9 - Jared Cook

Katrina Barkwell

Ashley Buckle

Sohia Cho

Yasmin Elzayat

Stephanie Enns

Hailey Hooke

Halley Mac Millan

Ericka Müller Morán

Kaitlin Robinson

Hannah Shiffman

Brittany Simmons

Simran Singh

Mckenzie Trann

Noelle Verry

Cecilia Wannan

70 - Connie Shyka

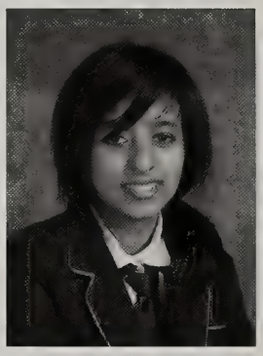
Rebecca Alexander

Carleigh Balciunas

Judy Chen

Samantha Dame

Gurkamal Dhillon



Bacall Dubison-Dodge

Brittany Durand

Breanne Fredette

Cailey Hay

Cody Keith

Kelsey Lacombe

Juliana Loewen

Celeste Main

Adrianna Militano

Palmer Nowak

Cella Rousseau

Patricia Schafer

Amanda Stegmaier

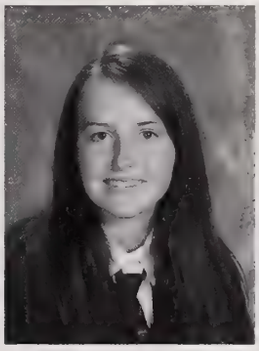
Elizabeth White

70 - Erin Kowal

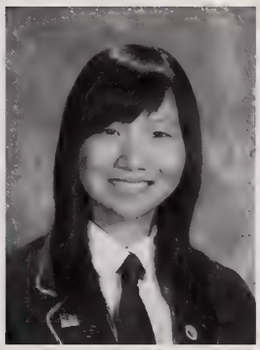
lle Anderson-Gregoire | Laura Beggs

Paige Chadsey | Megan Clarke

nah Darrach-Cottick | Cara Dveris



Layla Freig | Dawn Johnson | Ji Hyun Kim | Allison Kowalchuk | Emily Lennox | Chantal Lischynski



Madison Maidment | Kirsten Nicholson | Lauren Peake | Adriana Sly | Dawn Tse | Bell Udomkitthanakul

70 - Bryan Williams

Danica Avery

Samantha Black

Natasha Cobb

Camille Dixon

Kathleen Eva

Colleen Furlan

Nicole Joyce

Emily Kim

Marikka Lee

Lauren Lischka

Carmen Provinciano

Abigail Ryplanski

Tanya Sharma

Ashley Stedman

Chloe Vickar

Tori Williams

77 - Teresa Friesen

Alyssa Ambrosie

Mariana Baranda Saenz

Christine Bestland

Alexandra Giesbrecht

Zara Goldberg

Christine Harms

Janice Huang

Keely Jones

Jessie Liu

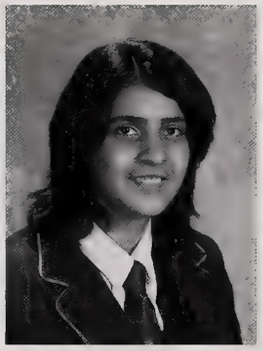
Emily Livingston

Emily Mcknight

Jacklyn Prendiville

Pamela Samonte

Anna Savard


Alisha Sharma

Rebecca Sherbo

Madison Stewart

Hannah Stinson

Victoria Taylor

Chantol Thompson

Miranda Thorne

Erika Thunder

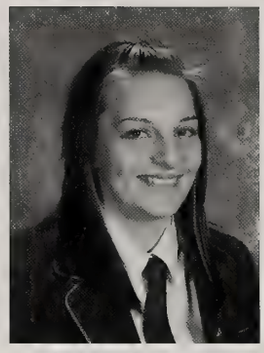
Julie Yan

Ruxin Zhao

77 - Garry DeBlonde

Siba Abas

Sydney Bicknell


Sydney Burghardt

Emily Campbell

Esther Chi

Paige Danowski

Tess Dusik

Sun Gang

Charlie Gray

Haley Greig

Allison Love

Henny Lu

Elise Mac Donald

Ana Cecilia Morales Bilbatua

Eileen Newman

Alex Olley

Lisa Onz

Erica Prefontaine Dean

Michelle Rebeck

Ashley Rowe

Alexa Solomon

Shelby Szarko

Stephanie Webster

Carlee Wilson

77 - Krista Akerstream

Malak Abas

Tara Campbell

Ali Chou

Yvonne Feng

Stefanie Goldberg

Charlene Hsia

Rachel Joanis

Hannah Johnson

Sean King

Crystal Lee

Jasmine Lévesque

Tiffany Lu

Alexandra Martin

Krystal Nguyen Hua

Michelle Pawluk

Tatiana Rafter

Toria Rankin-Friesen

Mehek Shaikh

Jane Simms

Angel Vadgama

Teresa Wang

Fatima Warraich

Kelsey Watchman

SCHOOL BUS
Churchill
Cape Churchill
MANITOBA
Got merits?
Thought about
keeping your room
clean?
HUDSON
BAY
NEWFOUNDLAND
AND
LABRADOR
NOVA
SCOTIA
ATLA
SARGASSO SEA
平
de que pienses en ti
está en el mundo
¡Divi

Be Comfortable!

ihaeun (Christa) Lee
esidence Prefect

BH Rez has surely been the perfect place to be a part of the multiculturalism in Canada! With mar-velous help from R.As, Gap students, and staff, I have thoroughly enjoyed my position as a Residence Prefect. BH Residence has provided me with a memorable year by showing different ways of life and allowing me to experience them first hand through having made many friendships. Also, I believe that the feelings our rezzies have gone through by living in Residence and being away from home, have led us to be more mature and independent BH women; we are so well-prepared for our future! I would like to sincerely thank all of our rezzies for their support to make Rez our home away from home

Rebecca Lechman
Director of Residence

Residence is such a wonderful and unique part of BH. We live, eat, play, and work here. Just like a regular family our bond is close even though sometimes we drive each other crazy! Ms Bergen, Ms Cooke, Ms Marlow and I are amazed at all you have accomplished. You took AP classes, sang in the choir, joined every Blazers team, were active members of the Winter Club, helped create the yearbook, joined weekend activities, were prefects, went on school trips, made the musical shine, maintained honour roll averages and all of this on top of getting your laundry done and passing room checks! Let's not forget that this was accomplished while away from your parents, with huge expecta-tions of independence. Still, you did it with ease, a smile on your face and laughter in your hearts. I look forward to seeing a lot of you next year. To those who are moving on, please remember that you are always a member of the "rez" family.

Message from the Gappers

We'd just like to say thank you to ev-eryone at Balmoral Hall for being so kind and welcoming towards us during our stay. With what could have been a very daunting time, we were soon feel-ing like a part of the Balmoral family. From watching the hockey team battle it out with amazing skill to helping in Junior school, we loved getting to know each and every one of you. It is unbelievable how quickly the time flew by and before we knew it, it was time to go home. We wish everyone good luck for the future and miss you all very much.
Lots of love from down under,
Lucy and Hannah

Arriving from Australia into the heart of a true Winnipeg winter, we came to begin our gap year of a lifetime. We have thoroughly enjoyed our time working in the residence. It has given us many great opportunities and memorable experiences. A highlight of our time here has been observing the girls of different cultures interact, learn and grow into the wonderful young ladies we know they are. For those of you leaving Rez forever, we hope you will remember us by; the battle scars from paintball, skating in the minus thirties, or the weekends just chilling in the common room (Piction-ary). For the girls returning next year get ready for round two of your Aussie gappers!
Andy, Lucie and Lou.

RESIDENCE

Senior school prefects of 09' and staff gathered to welcome new residence girls.

Sydney Burghardt and Tori Williams sported helmets for a horseback riding activity

The girls socialized around the bonfire at Camp Arnes

Sophia Cho and Judy Chen prepared oriental food for the rez tea party

Miranda Thorne, Andy Morrison, Louise Butler and Lucie Wigan went ice-skating to enjoy Winnipeg winter

Claudia Porras and Ceci Bilbatua tried some bowling tricks

Residence girls, Ms. Deere and Mrs. Sheps chatted at the orientation dinner.

The girls went on an adventure to The Forks for an ice cream treat

The residence girls and some alum dined a delicious meal together in Asian tea party

Ceci Bilbatua and Natalia Vasques

ACTIVITIES

The residence girls spent the morning skating down the Assiniboine River

The residence and gap girls go-cart raced at Speedworld

achele Bosc prepared for her turn on the high ropes at Camp Arnes

The mexican girls created a team at a paintballing activity

The girls did some stretches before Ms. Cooke's weekly Hip-hop class

iffany Lu, Jenny Lee and Dawn Tse prepared Christmas cookies for the residence girls

Joanna Liu had some troubles staying on her feet while ice-skating

Ceci Bilbatua, Alex olley and Miranda Thorne placed at Speedworld go-carting

The girls prepared delicious desserts for the tea party

The girls prepared to go out for trick or treat on Halloween

Be multicultural!

The Taiwanese group showed a Chinese traditional dance with colorful ribbons

Highland dance from Scotland was performed to the accompaniment of bagpipe music

The Canadian group integrated hockey sticks into their hiphop dance

Erica Siddall and Rachele Bosc represented French Canadians with song and dance

Gap girls from Australia told a short story about their trip to Canada

Jessica Sui put some Chinese tricks into the show

Each year students look forward to the Multicultural Day Assembly. Girls from various backgrounds and cultures present us with a taste of their home countries. This year we had many girls who dedicated their time and worked very hard to show us an aspect of their culture. There were presentations by girls from China, Hong Kong, Taiwan, South Korea, Canada, Mexico, The Philippines, French Canada, Southern Asia, The Middle East, Thailand, and Australia. Each group brought us a piece of their home and it was fantastic to witness and learn so much in one day! We'd like to thank all the young women who worked so hard! They should all be proud of themselves for making Multicultural Day so wonderful. Thanks to all the staff who helped put everything together and make this day happen. I believe everybody learned a lot from these talented young women, and I think next year will be just as amazing! By Jessie Drews

Mexican girls brought their vigorous spirits to the assembly

Talia Joundi and Layla Freig displayed beautiful costumes from the Middle East

Bell Udomkitthanakul exhibited amazing Thai moves for everyone

Another Taiwanese group presented modern dance with big smiles

MULTICULTURAL ASSEMBLY

Taiwan

Phillipines

Canada

Scotland

Christa Lee and Marianne Wei

Australia

Taiwan

The Middle East

Korea

Mexico

Thailand

Southern Asia

BE

ADVENTURGUS

Monday
Tues
45
44
43
42

JUST BE

JUST BE

BY GRADE 5

BE SPECIAL, BE STRONG,
BE YOU, BE ME,
BE IMPORTANT, BE UNIQUE,
BE HONEST, BE TRUTHFUL,
BE THE BEST THAT YOU CAN
BE.

BE CREATIVE, BE ACTIVE,
BE POSITIVE, BE KIND,
BE THOUGHTFUL, BE OPEN-MINDED,
BE PATIENT, BE PROUD,
BE ABLE TO ACHIEVE YOUR
GOALS AND DREAMS.

BE BRAVE, BE ARTISTIC,
BE ANNOYING, BE CRAFTY,
BE INDEPENDENT, BE IMPERFECT,
BE PATIENT, BE NICE,
BE WHO YOU REALLY WANT TO BE.
BE WONDER SOME. BE HERE.

Be Proud

Grade 5 French assembly demonstrated the lives of the Voyageurs

Mrs. Sprange's grade 1 class presented an assembly where they enthusiastically exhibited positive attitudes

Alex Enns was delighted to win her huge chocolate bar at the September opening assembly

Mrs. Osborne's grade 1 class presented an animal that they had researched and put on the play of the town mouse and the country mouse

Mrs. MacKenzie directed grade 3s in a performance of Shakespeare's Twelfth Night

FAMILY LUNCHES

Grace Lynch, her baby brother and her mom enjoyed their lunch together

Avery Fletcher, Kate Hokanson, Emma Harms and Mikayla McLeod ate a scrumptious meal together during the family lunch

The Junior Kindergarten, Kindergarten and Grade One choir sang for their family and friends

Mia and Katelyn Battad hung out with their mom, Gisele Battad

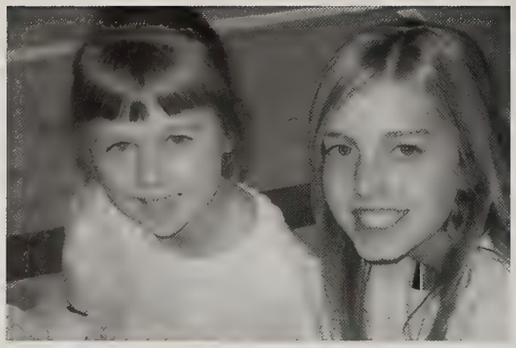
Emma and Sam Machado ate lunch with their mom, Ethel Machado

Emma and her mom, Jodi Hafenbrak spent some quality time together

Kaytlen Recine hugged her dad at the family luncheon

Maya Schwartz and her mom, Laila Schwartz had a great lunch together

Be Together



Grace Thomson and Nadia Schriemer got excited about the Girls for the Cure Run

Natasha Hofer and Aliya Walji worked on the computer together

Grade One girls enthusiastically participated in the butterfly project

Paris Musaphir and Ashley Stedman finished their butterflies with smiles on their faces

Chloe Vickar, Mary McKeigan and Chloe Balog prepared to cut out their personalized butterflies

Mizuki Nakamura and Claire Meier decided to show their love for BH by being green

Sydney Bicknell, Lily Brandes and Natasha Comeau pondered about what it means to be a green school

Ericka Rankin - Friesen and Maddy Baigrie worked on their Valentines together

Honor Hinchey and Sinthu Navaretnam displayed their green slogan proudly

Sean King and Scotia Fullerton - Collinson got to know each other during the butterfly project

Junior, Middle and Senior School staff sang "Best Friends"

Toria Rankin - Friesen and Ishika Mittal wrote Valentines

Be Respectful

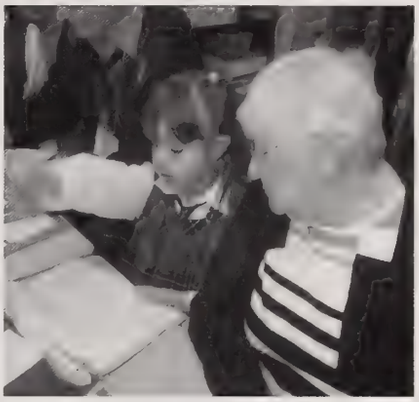
nior School ballet class danced gracefully for the grandparents that attended

The mixed Junior, Middle and Senior school choir sang for their grandparents

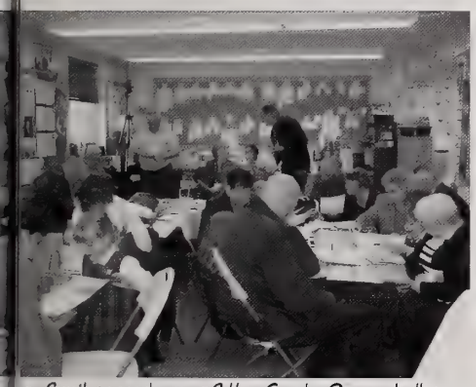
Mrs. Sprange's Grade One class danced for the school's grandparents

Grade Ones laughed with their rd parents during the classroom activity

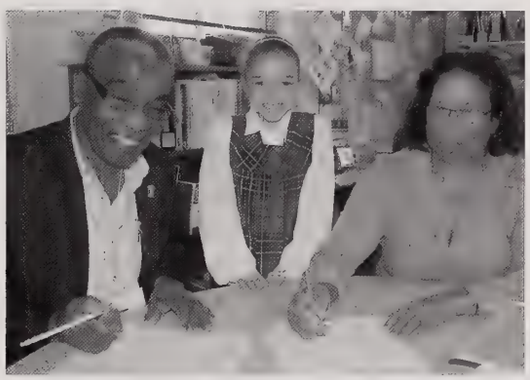
The importance of Grandparents' Day is to spend time with our grandparents or people we love. We had a big assembly in which each class sang and danced. Back in our room, the grade fours shared with our guests our work, including our IB binders with our Group of Seven unit including poetry and artwork and the 5 other IB units. We did our daily edit together and then used the SmartBoard to play multiplication.com. Each of us had a turn, with or without our guest, and it was lots of fun. Some grandparents don't get to see us at school very often so this day is really special because they really have fun seeing what we do at school. Some of us don't get to spend lots of time with our grandparents or guests so this day means a lot to us. It's special to have a day with our grandparents because it's kind of like student-leds when we show them our work - just a lot more crowded! Double the people, double the fun!



Kaytlen Recine read to her grandmother



e family members of the Grade Ones gladly learned a lot from the girls



Lia Loewen and her grandparents practiced Venn Diagrams

Samantha Frost and her grandparents spent time together in her class

Rachael Buchwald and her grandmother

Stefania Priestley enjoyed her time with all of her grandparents

Sasha Planinich and her family

Field Trips

Mrs. Sprange's Grade Ones gathered at Fort Whyte Center to enjoy a true outdoor experience

Emma Hafenbrak explored the Vole Hole at Fort Whyte

Kaytlen Recine got friendly with the black bear at Fort Whyte's animal exhibit

Honor Hinchey peeked out of the Vole Hole at the Fort Whyte Center

Students showed off the creative hats they made for the Kindergarten Tea Party

Kindergarten students were creative with their paint brushes

Be Adventurous

lex Davis, Emma King, Charlotte Falck, Keemia Kaviani and Megan Harley made a friendship fruit salad

We are the girls of Balmoral Hall School. As an International Baccalaureate school we study a global issue as our Grade 5 Exhibition. This year we studied "Our Right to Learn" and became aware that many children around the world have the same right to education as we do, but not the same chance to go to school for many reasons. We learned that girls have even more obstacles than boys do in some countries. We knew we had to do something about it. When we found out about Pennies for Peace we were ready to help. We read "Listen to the Wind" to each Junior School classroom and invited them to bring pennies to school. We raised $512.50 in pennies! Then the school topped up our donation with MUFTI money to send a cheque of $1000.00 Canadian dollars to go towards helping children (especially girls) get an education in Pakistan and Afghanistan. We hope the money will help. We learned many important things and had a lot of fun.

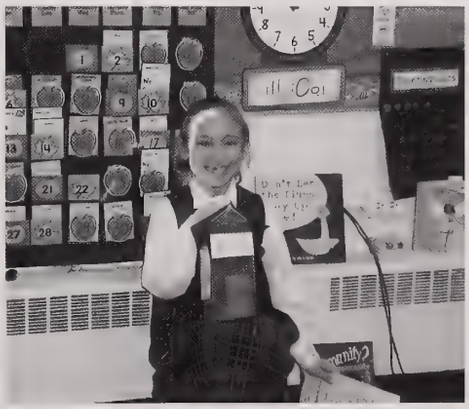
e grade one classes showed off their buildings

harlotte Kowall created a beautiful story vine

Mary McKeigan, Zoey Traverse, Julia MacAulay, and Alexandra Chubaty Boychuk presented a poster they made for the PYP Exhibition

Saije Catcheway talked about her visit to the dentist

isha Mittal, Sara Ali, Grace Perchaluk and Audrey icknell created a life size board game about the obstacles girls encounter to get to school



Stefania Priestley presented her "pet store" to the class

Megan Harley enlightened the class with her story vine

Junior School Mufti

Mrs. Christie, Mrs. Steek and Nursery students had fun on Halloween

Shelby Sytnyk added humor to her spectacular mustache on Halloween

Ms. Dow danced and stretched with the Grade Ones

Junior School Students gathered in the gym to celebrate Halloween

Grace Perchaluk had a buzz of a time at the Halloween party

Daniella Daumler and Mary McKeigan hung out in their PJs

Grade Fours gathered together to dance in their pajamas

MacGregor Goodman, Lindsay Speirs and Serena Buchwald had lots of fun together in mufti

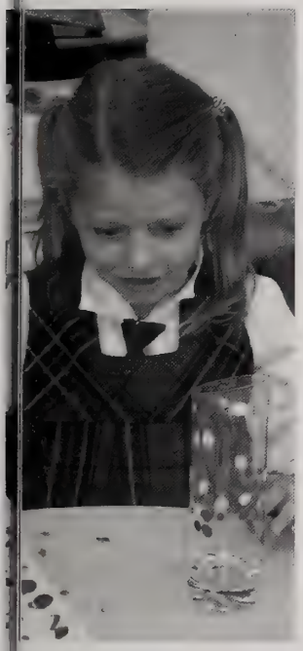
Paris Musaphir, Heaven Moneyas and Mrs. Sveinson partied in their PJs

Special Events

arlotte Falck and Karen Jensen made snowmen at the Holiday Party

Grade Threes and Junior Kindergarten experienced a moon landing

Grade One students surveyed Mrs. Copp for a class project



Emma King got ready for Mother's Day

Grace Lynch showed off her bedazzled egg art

Junior Kindergarten enjoyed a lunch outside on Earth Day

Madison Lacombe, Katelyn Battad, Serena Buchwald and Reese Precourt took part in the Walking Bus Event

The water table was a real splash with Zoe Zaretzky and Stefania Priestly

Choir

Remembrance Day The Grade 1 to 3 Choir and the Grade 4/5 Choir contributed to the Remembrance Day service and The Grade 4/5 Choir joined the mass choir and sang, Hymn to Freedom.

Carolling to the Misericordia--- Hospital On December 5, the Grade 4/5 Choir walked to the Misericordia Hospital and performed for the interim residents. The girls sang songs of the season, played the Handbells and Hand Chimes, and presented each resident with a homemade card. The girls enjoyed connecting with the residents as they talked with them following the performance. Carolling was a new experience for many of the students. The residents were very appreciative.

Holiday Concert---The choirs, grade 4/5 bell choir, as well as each class in Junior School prepared music centered on the theme of Bells, Carollers, and Drums for the Holiday Concert. The girls sang, played recorders, xylophones, glockenspiels, drums, hand chimes and hand bells.

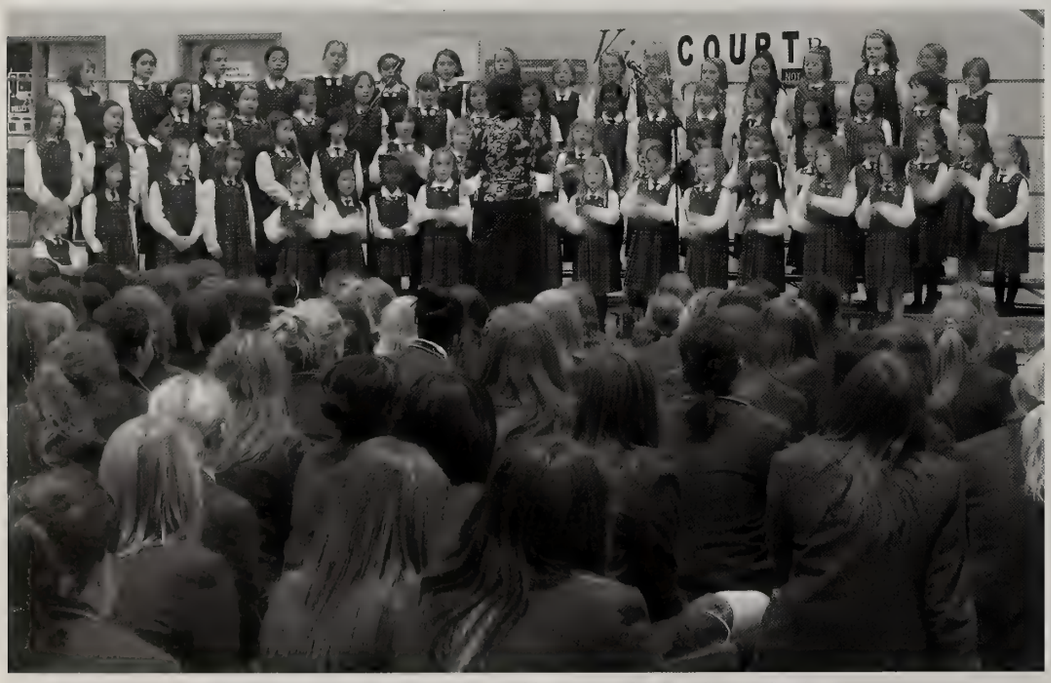
Manitoba Music Festival---The Grade 1 to 3 Choir sang in the Manitoba Music Festival at Westminster United church on March 2. They performed "Rabbits" and "The Little Birch Tree". In choir, we focused on diction, phrasing, breathing, dynamics, and blend. The adjudicator applauded the girls for the presentation and the choir received a Gold award. The girls were encouraged to continue developing their vocal skills. It was an honour for the grade 1 to 3 choir to be asked to sing in the finale awards concert even though they were unable to do so due to scheduling.

Grade Four and Five Choir

Winnipeg Symphony Orchestra School Concert ---The Grade 4/5 Choir sang with the Winnipeg Symphony Orchestra on April 14. Our choir sang three songs with several other choirs as part of the school concert series. They sang "Turn the World Around", "The Song My Paddle Sings", and "Colours of the Wind" to a packed house. The girls not only focused on developing their vocal skills but they experienced what it is like to sing with an orchestra. The conductor, Rei Hotada, was pleased with their performance.

Grandparent's Day---Each student in participated in the Program and The Grade 4/5 Bell Choir played as part of the prelude.

Grade 6 Bell Choir--- This year a group of eleven grade six students continue on in bell choir. Their commitment and skill is evident and has allowed them to play at the Alumni Assembly, the Manitoba Federation of Independent Schools Banquet in February, and at the School Concerts at the Legislative Buildings in April.



The Grade One, Two and Three Choir sang for the Grade Twelves at the Doll Assembly

Junior Kindergarten Choir

Junior Kindergarten Choir gleefully sang at the Holiday Concert

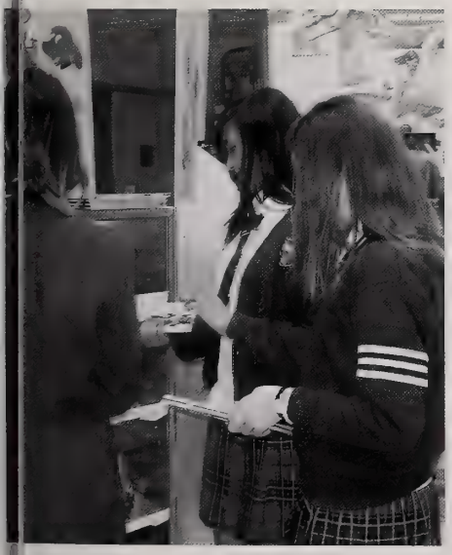
BE LITERARY

Gemini Award Winner Susin Nielsen spoke to the grade 10s about the television industry, Ms. Nielsen wrote 16 episodes of Degrassi Junior High

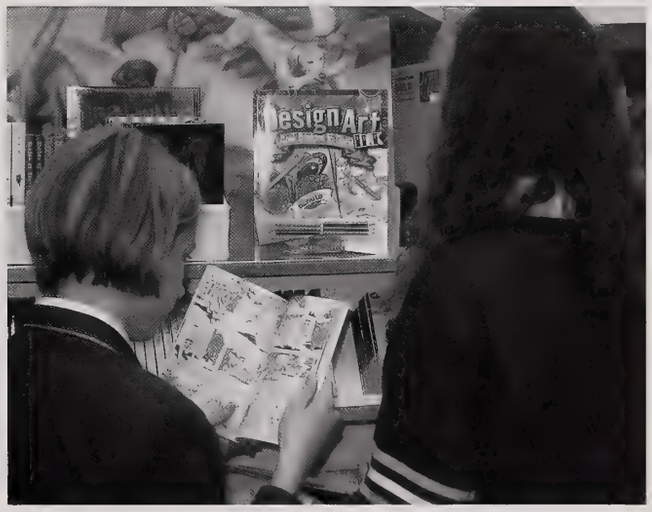
Governor General Award Winner Arthur Slade spoke to the grade 8s about the world of writing

Emma Holeman checked out a novel at the book sale

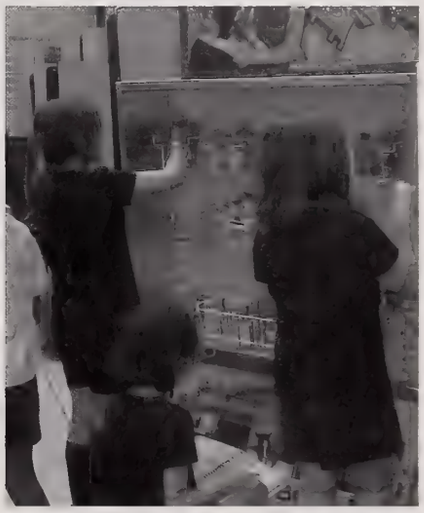
Scotia Fullerton-Collison, Jessica Sui, and Emma Machado hunted for bargains at the Scholastic Book Fair



Ella Steele, Vanessa Bermisa, and Jillian Hedden enjoyed the books at the sale



Emma Holeman and Alexis Ogaranko checked out books to consider



Junior School students looked at the display at the Scholastic Book Fair

Sports
Knights of Columbus

The Knights of Columbus grade 6 Track and Field Team and Ms. McElrea demonstrated their team spirit at the Track Meet

Grace Budoloski took a water break from all of the excitement

Grade 4
Claudia Venevongsa, Morgan Dubyts
Jenny Sikora, Grace Budoloski
Samantha Machado, Anais Casselman-Green
Alex Blake, Aliya Walji
Dani Moreau (1st place high jump)
Taylor Maidment (2nd place ball throw)

Grade 5
Chloe Balog, Sara Ali, Daniella Daumler, Kim Hurst (1st place 4x100 relay)
Julia Lee, Mary McKeigan
Ally Enns
(1st place 4x100, 3rd place 200 m)
Audrey Bicknell, Alexandra Chubaty Boychuk
Zoey Traverse (1st place 4x100 relay, 1st place high jump)
Dakota Cull (1st place 4x100 relay, 2nd place 200 m, 3rd place 60 m)

Lea Chowdhury, Nicola DePape, Sophia Buller-Courage and Alexandra Trann celebrated a victorious day

Lea Chowdhury, Nicola DePape and Sophia Buller-Courage received their deserved medals

Be Energetic

Kate Hokanson, Jessie Sui, Heather Harrison, Brianna Ritter and Kaytlen Recine enjoyed the sunshine in the front yard

Hannah Baran was excited to have fun with friends on K-3 Sports day

Iggy Advincula and Sasha Lyubimova enjoyed playing the parachute game

Mizuki put colorful face-painting on Grace Lynch's face

Junior School kids had a good time as they learned yoga from Ms. Lundy on bright yoga mats

Sarah Kowall, Sara Moghadas, Claudia Venevongsa, Jennie Pham, Katelyn Battad and Avery Fletcher modeled their passports for field day

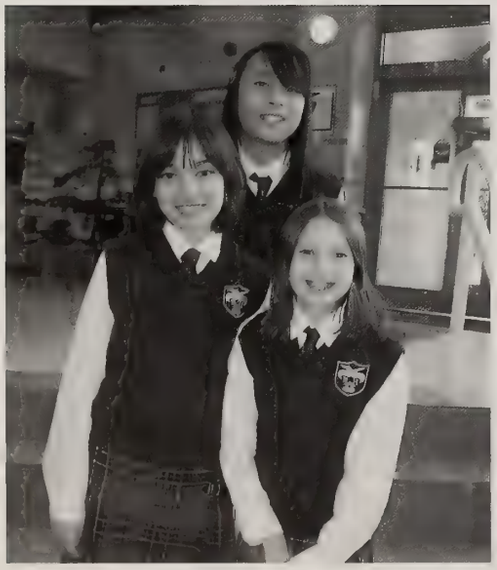
Be Ready!

Top 5 Goals for Middle School

1. Get a medal
2. Have a Super-Cool locker
3. Get an A+ on the first test
4. Get on the Head's Honour Roll
5. Take Ballet or Jazz

Top 5 Fears for Middle School

1. Not knowing where my class is
2. Being late
3. Wearing a blazer
4. Not doing well in a subject
5. Study Hall



Top 5 Things you can do in Middle School that you can't do in Junior School

1. Starbuck's Day
2. Go to camp with your class
3. Go to dances
4. Spirit Week
5. Flex

Top 5 things we'll miss about Junior School

1. Recess
2. Being way too crazy
3. Seeing Mrs. Christie all the time
4. The teachers
5. Being the oldest

SWISS
"Diviertete!"

Michela Picklyk-Esposito MS Head Girl
Michelle Prendiville MS School Captain

Wow, this year has gone by in the blink of an eye! Its seems like just yesterday we were planning summer fun day. This year was so much fun and it went by very fast. The theme was "Be who you want to be". We hope that you all took the chance to shine and just be yourselves, not what anybody else wanted you to be. Some of our favourite memories from this year were starbucks day, assemblies and our very own middle school dance. We like to refer to the student council as our second family. Mrs. White is our mother who always made sure we were on track and made sure we knew what to do. The senior school prefects were our big sisters. They gave us advice and guided us through all of the events during the year. All of the other middle school prefects have also been amazing and so helpful as well. We want to give a special thanks to all of the prefects and to congratulate the upcoming ones for next year. We also wanted to thank Mrs. Sheps and of course the students because this past year wouldn't have been as fun without all of you!

The grade two class presented a beautiful poem called "Peace Sundaes" during the Remembrance Day assembly

The prefects performed a dance during opening assembly

Middle and Senior School students watched the prefects strut down the gym during the uniform fashion show

The school choirs sang "Hymn to Freedom" during the Remembrance Day assembly

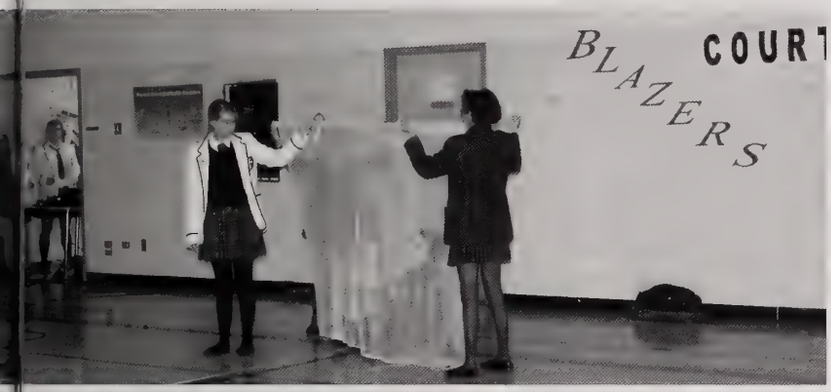
The prefects walked down the runway to show the school how the uniform should be worn

Rob Altemeyer came to read a story during a buddies assembly

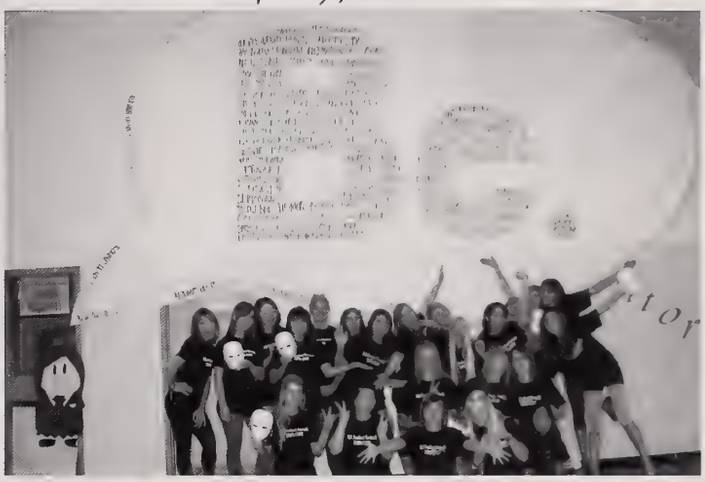
BE ATTENTIVE

The whole school took part in a sing-a-long around the "new student"

Senior school prefects enjoyed the opening assembly and looked forward to the upcoming year

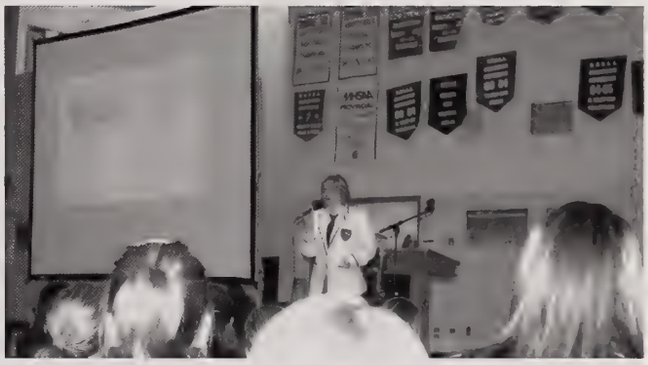


Ana Meyers, Katie Eva and Kayla Fernandes demonstrated the proper use of a net to protect people of Uganda from mosquitoes



The prefects were pumped to reveal the 08/09 theme "BE"

Prefects started off the year with a dance to their own "Be" track



Julie Clark educated staff and students on malaria

Ily Campbell, Emily Livingston, Erica Prefontaine-Dean, Stefanie Goldberg, Stephanie Webster and Sydney Bicknell(missing) presented poems and artwork created by children during World War II

Mrs. Alexander welcomed staff and students to the final term of the school year

BUDDIES

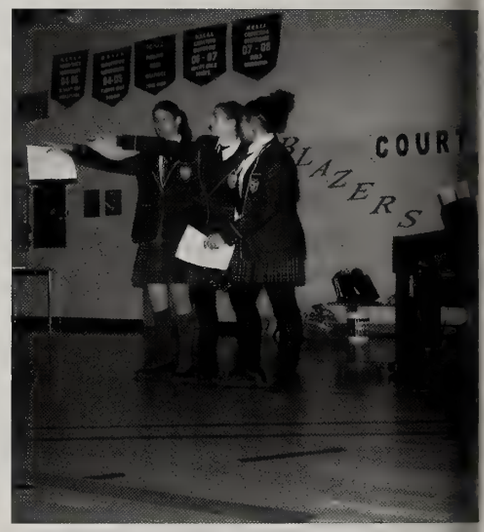
Taylor Maidment worked on an Earth Day activity

Janice Huang and her buddy Sarah Kowall enjoyed colouring

Buddies worked on butterflies in the atrium

BUDDIES IS A GREAT ACTIVITY THAT HELPS TO BRING GIRLS FROM SENIOR SCHOOL, MIDDLE SCHOOL, AND JUNIOR SCHOOL TOGETHER. EVERY JUNIOR SCHOOL GIRL IS PARTNERED WITH ONE, SOMETIMES TWO, OLDER GIRLS. THEY GET TOGETHER ONCE A CYCLE TO DO FUN ACTIVITIES LIKE COLORING, CRAFTS AND ATTENDING ASSEMBLIES. BUDDIES IS A GREAT WAY FOR GIRLS TO GET TOGETHER AND HAVE FUN!

Cara Dveris and her grade 6 buddy Celine Richardson worked together



Advanced Choir helped to lead everyone in song

Senior prefects led girls in the song "Best Friends"

Junior and Senior girls worked together on "green ideas"

BE MENTORS

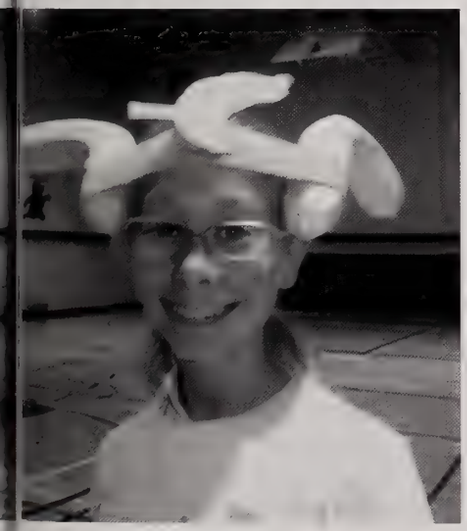
Alexandra Wade, Michelle Prendiville and Alex Turner showed their valentines made with their bubuddies

Malaya Humeniuk and her Grade 12 buddy Sarah Scott

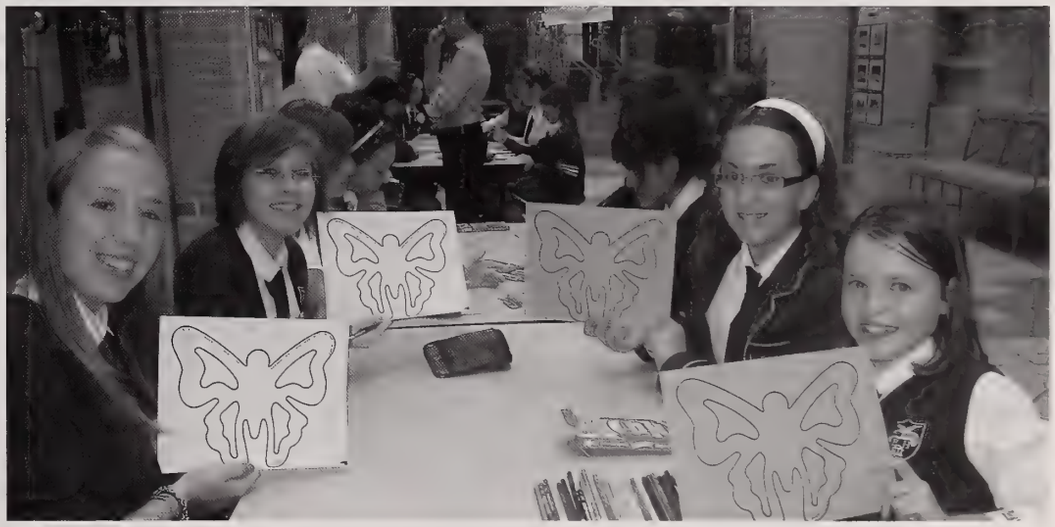
Girls of all ages bonded during an assembly

Layla Freig helped to lead a group of girls

Junior School girls put the final touches on their valentines



Evelyn Flom got into character to help teach the school about composting



Proud girls showed off their butterfly artwork

Grandparents Day

Lauren Lischka performed "Breakfast in Mars" in class as her grandparents proudly listened

Carleigh Balciunas solved math puzzles with her grandparents

Grandparents Day was a grand celebration of sharing our school day with our grandparents. The afternoon started off with a presentation in the gym which showcased the bell choir and various other choirs across the grades. There were wonderful presentations from Junior School students. This year there was also a persuasive speech by Ariana Meyers, student Affairs prefect.

After the show, students headed to the classrooms to experience a class with their grandparents. Teachers plannned activities that show students' skills as well as show grandparents the new methods of learning in the classrooms of today.

The looks on the faces of the grandparents demonstrated the pride they felt as they were welcomed to share the day with their special granddaughter.

Tatiana Rafter

Colleen Furlan

Miranda Baran

Tori Williams

Celine Richardson

Claire Hughes

Kristin Cockerill

Madison and Kelsey Lacombe

Elizabeth White

Katie Eva

Be Courageous

The Royal Canadian Mint is an impressive building with beautiful glass windows

At the mint, students saw how coins are made for Canada and other countries and also saw GOLD!

Kaya Inoue, Eri Naruse, Mitsaki Nakamura, Yurika Arima, Chika Ito, Arisa Nakita, Maho Akutsu, Mizuki Nakamura and Ms. Lundy

At the Assiniboia Zoo, students visited many different animals, and especially liked the white tiger, and also saw a statue of Winnie the Pooh

A field trip to the Manitoba Museum of Man and Nature showed them the history of Manitoba, they enjoyed seeing the giant stuffed bison

Maple and grade 10 students made the trip out to Oak Hammock Marsh and explored GPS tracking and Geo-caching

Maple students took the BH bus to shop for school supplies

Reading buddies activities with the grade 3 class

Kaya Inoue with Sarah Kowall and Lauren Melnyk

Mitsuki Nakamura and MacGregor Goodman

Maho Akutsu and Payton Bell

Eri Naruse with Reese Precourt and Kirsten Benidickson

Making Mother's Days cards and origami gifts with grade 3 buddies

Mizuki Nakamura with Claire Meier and Jennie Pham

Arisa Makita and new friends Sara Christie, Katelyn Battad and Anika Moran

Chika Ito with Rachel Bernhardt, Samantha Frost and Larissa Campbell

Yurika Arima with Marie Silhova and Lia Loewen

Spirit Week

Tim McGraw Tuesday

BH girls watched Regan Boulton's leading skills for the gym activities

Cella Rousseau sported the proper Cowgirl attire

Michelle Prendiville cheered on the girls during Ride a Pony

Michela Picklyk-Esposito and Gabriella Balog danced their way around the pony circle

Grade 6s gladly showed their homeroom spirit

Michela Picklyk-Esposito helped Elizabeth Pappas paint her homeroom's team poster

WHAM Wednesday

Regan Boulton, Kristin Cockerill and Erica Siddall rocked the 80s

Grade 10s carried the 80s swagger and Zing

Talia Joundi and Talia Glodjo wore totally 80s attire

Katie Eva and Elizabeth White flexed their Aerobic muscles

Alex Olley and Miranda Thorne embraced the 80s theme

Middle and Senior school girls looked radical in their neon tights

Be Spirited!

T.I. Thursday

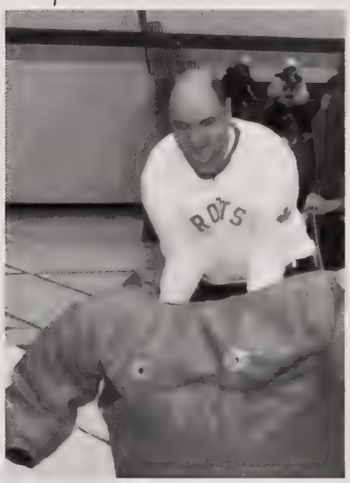
McElrea and Mr. Williams challenged each other in the Sumo Ring

Erica Siddall, Layla Freig and Marianne Wei represented the 'hood'

Madeline Metcalfe and Nika Korpesho felt the hip hop vibe with hoodies and shades

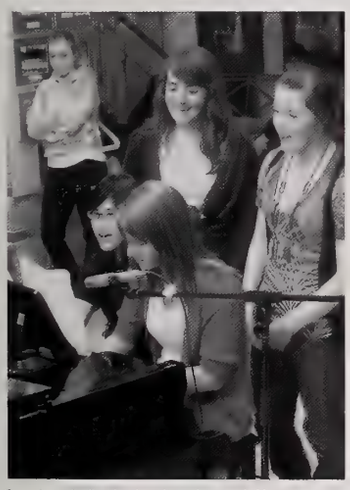
Christa Lee gladly served slushies to the BH gangsters

Bailey Robinson and Clarice Nguyen Hua showed BH the true meaning of hip hop



Mr. Williams looked crunk putting on the Sumo suit

The Fray Friday



Grade 10 students played the piano and brought the house down with their skills

Talia Smith, Alexandra Banfield, Hayley Stacey and Claire Perchaluk advertised the Rock n' Roll Hall of Fame

BH girls cheered on Joel Nickel for his promotional concert

ella Rousseau and Amanda Stegmaier sang back up vocals for Lauren Lischka

Fans anxiously watched the Coffee House performances in the atrium

Talia, Mrs. Kamins, Erica, Kristin and Christa embodied the Rock n' Roll lifestyle

Adventurous - Camp Arnes

After a 1½ hour drive the Grade 6 classes reached Camp Arnes, where they were greeted by a spectacular view of Lake Winnipeg. They had a tour of the grounds and got settled into their cabins. They had good food and tons of fun activities, such as bannock baking over an open fire and the high rope activity. Both students and teachers took part in each of the activities. Another favourite was archery, where the girls had to aim for the target of a fake deer. Some were more successful than others, but the activity was still a lot of fun. However it was the "Zip Line" that was the biggest hit amongst the campers. The girls climbed up a pole and were attached to a harness, then had to let go. Camp Arnes was once again a big hit amongst the Grade 6 classes and many memories were formed.

The girls had a great time hanging out in their cabins

Grade 6 girls worked it while playing shuffle board

The grade 6s gathered together to begin their days of fun at Camp Arnes

Leah Bernhardt had a great time "hanging out" at Camp Arnes

The adventurous girls enjoyed wilderness activities

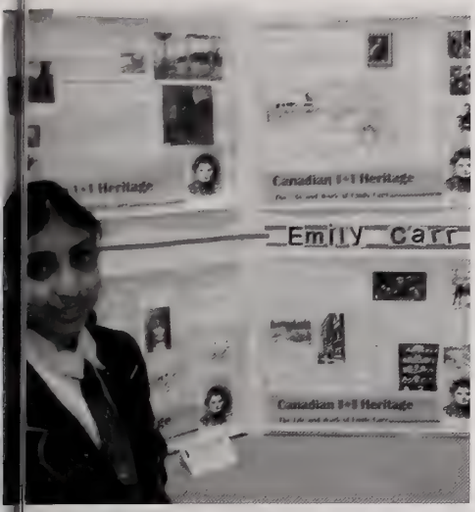
Celine Richardson practiced her archery

Annick Beauchesne had a hoot with the owls

The ladies looked great at the high ropes

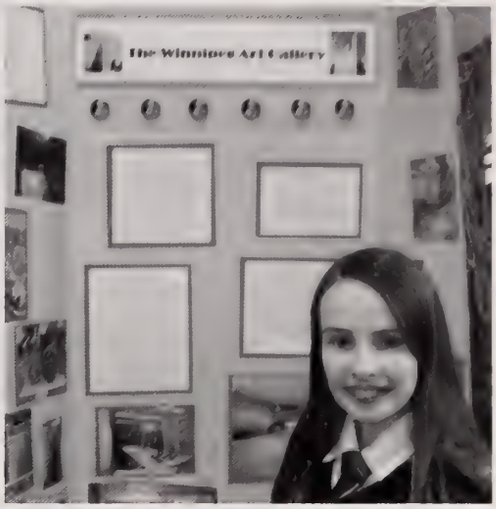
The girls used team work while participating in different games

Historical - Heritage Fair



Rithikha Rajamohan studied the life and works of Emily Carr

Jane Guberman taught the school about the Royal Winnipeg Ballet



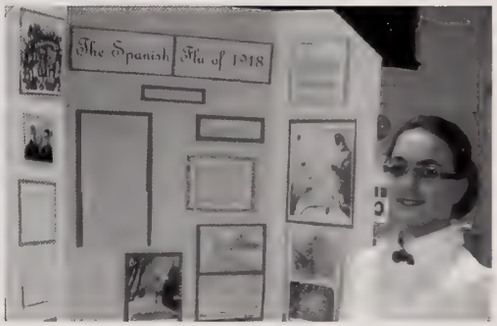
Sarah Gage demonstrated her knowledge of the Winnipeg Art Gallery

Miranda Baran showed the cause and effect of the Halifax Explosion

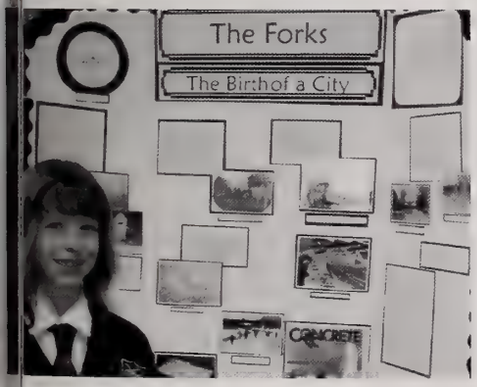
On March 25th 2009, the grade six girls presented their Canadian heritage projects which they had been working on for the past term. There were topics of all sorts, from past prime ministers to rights of humans and from immigration to Winnie the Pooh. We presented what we thought were important moments to Canada as a nation. After an evening of outstanding presentations we found out the next day the names of the girls who would be taking their projects to the provincials. They were: Jessie McTaggart with Canadian Currency, Cassidy Maidment with Cape Breton and their coal mines, Katie Roller with the change in the Manitoba Gaol system, Lea Chowdhury with the Fur Trade, Sophia Buller-Courage with the Forks, Alex Trann with Pierre Trudeau, Miranda Baran with the Halifax Explosion, and Leah Bernhardt with the Spanish Influenza of 1918 in Manitoba. Everyone worked very hard and had fun doing it!

By: Leah Bernhardt

Celine Richardson presented her project on New Iceland

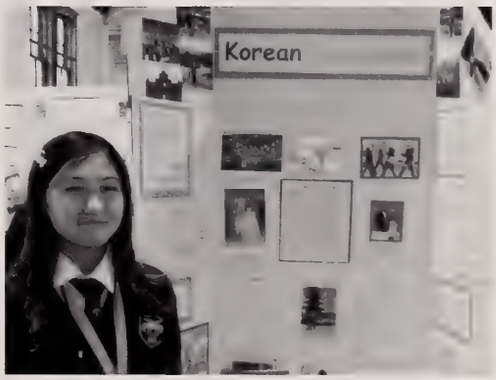


Leah Bernhardt portrayed the tragedies of the 1918 Spanish Flu



Sophia Buller-Courage revealed "The Birth of a City"

Marley Smith proudly portrayed the generous Winnipeg Humane Society



Olivia Hwang dug into Korean Canadian heritage

Explorers at Yurt Camp

Grade 7s and teachers gathered in front of the two storey yurt for the annual group photo

When the group got to the yurt camp they went on many long walks in the forest. They had a sheltered building where the counsellors put the Grade 7s into teams to build a shelter. Afterwards they went mountain biking, many for the first time in their life. The mountain biking was a lot of fun because they learned how to pedal slowly and how to crouch when riding fast. Back at the camp they went into the main yurt. The main yurt was very homey, with a round kitchen, two bathrooms, an upstairs and a living room. The little yurt was very small but had a deck for everyone to use. The big yurt had a little counter, a lot of bunk beds and looked like a lot of fun. The tipi was a lot of fun as well. It had a loft with two pull out beds and some single beds too. On the last night there, they played a fun game called "Predator and Prey", which included everyone. The Grade 7s had a great time.

The paddling group got instructions before going out on the lake

Grade 7 girls had their faces painted for "Predator and Prey"

The grade 7s had a chance to enjoy the view of the lake during their rests

Mme. Hafenbrak and Alanna Flom had a blast!

The girls were able to explore a tipi on the trip

The girls demonstrated their teamwork skills with a game of "Islands"

Alida Hughes conquered her fears and participated in the rock climbing activity

Grade 7s proudly displayed their handmade shelter

AND RENAISSANCE FESTIVAL

Grade 8s stood in front of the Spoon Bridge and Cherry

A fairy entertained the grade 8 class at the festival

Lucy and Hannah touched a little bit of home on the world map

IN SEPTEMBER THE GRADE EIGHT CLASSES HEADED DOWN TO MINNEAPOLIS, USA FOR THE WEEKEND. IT WAS A LONG BUS RIDE FULL OF EXCITEMENT. THEY LEARNED MORE ABOUT THE RENAISSANCE ERA AND CREATED A LOT OF MEMORIES. EVEN THOUGH THE MAIN PURPOSE WAS TO GO TO THE RENAISSANCE FESTIVAL, THEY MADE A FEW SIDE STOPS. THESE INCLUDED THE IMPRESSIVE MALL OF AMERICA, THE ST. PAUL'S SCIENCE MUSEUM, AND THE MINNEAPOLIS INSTITUTE OF ART. EACH SIDE TRIP WAS FULL OF FUN TIMES AND MORE LEARNING EXPERIENCES. OVERALL THEY ALL HAD LOTS OF FUN ON THIS FANTASTIC TRIP!

Eleanor Fascione, Jaclyn Flom, Erika Ilse, Nika Korpesho, Madeline Metcalfe enjoyed the science museum

Janelle Hill, Bryanna Sherbo, Natasha Comeau and Anna Evans Boudreau became Renaissance princesses while shopping

Teachers took a break outside the science museum

Grade 8 girls had an awesome time with each other

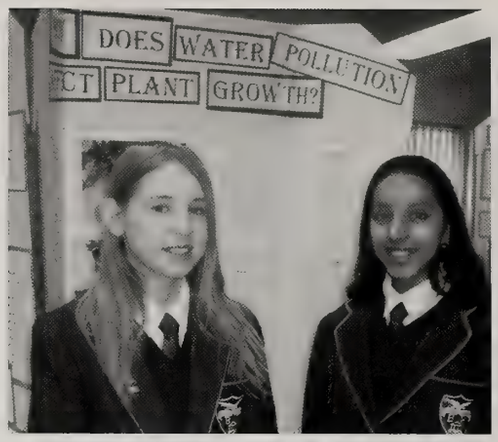
Jaclyn Flom was entertained by a Renaissance Jester

Alex Turner and Luxmy Navaretnam at the Sculpture Garden

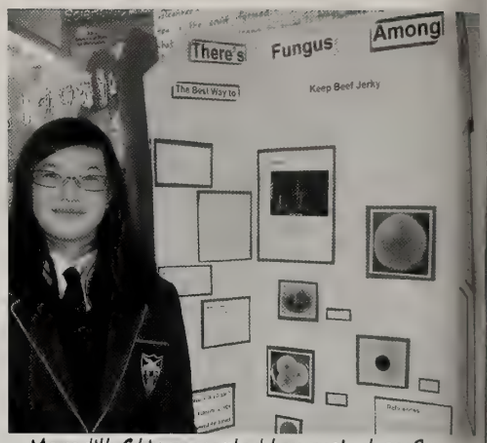
Vanessa Bermisa enjoyed a giant turkey leg at the festival

Be Investigative

Cady Jessiman and Claire Perchaluk



Emily Sikora and Shradha Moudgil did a project testing water pollution and its affects on plant growth



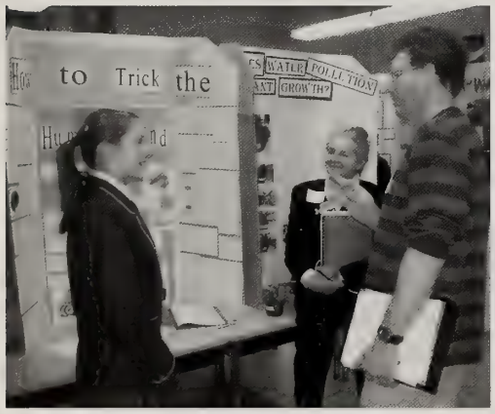
Meredith Chiu presented her project on fungus which was sent to the next round

Katie and Paige Hastings Van and June Lee

A total of five projects and six students from Grade 7 attended the Manitoba Schools Science Symposium at the University of Winnipeg. Haley Cummings and Meredith Chiu received participation medals, Alex Banfield & Meighan Ambrosie (group project) and Alanna Flom received bronze medals and Josie Feltham received a silver medal. The girls learned a lot about the process and had fun meeting new people.

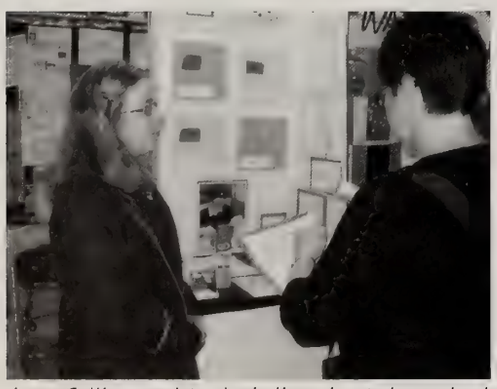
Ella Thomson, Grade 8, also attended the Manitoba Schools Science Symposium. She received a gold medal in the biotechnology category, for her project entitled The Potential of DDGS to Replace Yeast Extract in Cellulose Fermentation Media. She also received the Biosystems Engineering Special Award and the award for the most outstanding individual biological science project at the junior level. Ella also took part in the Aventis Biotechnology Challenge held at St. Boniface Research Centre.

Haley Cummings presented her project on the Circuit of life to the judges

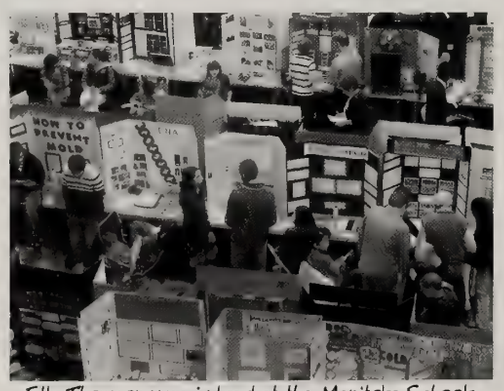


Celina Penny explained how she completed her project on how to trick the human brain

Claire Hughes, Claudia Porras and Maria Jones



Josie Feltham explained whether chemical or natural dyes are better

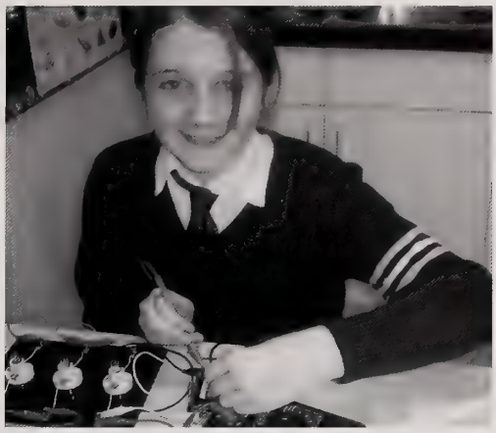


Ella Thomson was judged at the Manitoba Schools Science Symposium

Meighan Ambrosie and Alex Banfield had their Science Fair project judged at the MSSS

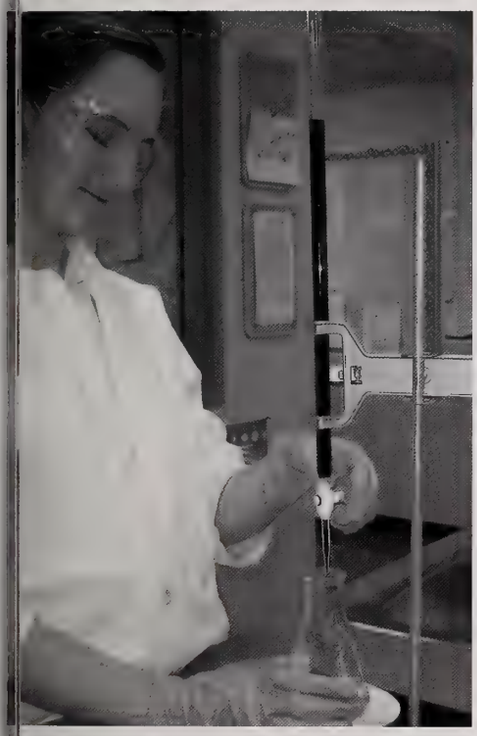
Be Experimental

Rebecca Sherbo and Madison Stewart tested their soap



Haley Cummings was shocked to learn about electricity

Sarah Gage and Jessie McTaggart were very curious about worm dissection



Vanessa Comeau titrated acid and bases in Grade 12 AP Chemistry

Rithikha Rajamohan experimented with the hot plate and metal

Layal Abas, Sinthu Navaretnam and Erica Siddall performed an acid and base titration

Pam Samonte and Chantol Thompson observed the titration of the acids and bases

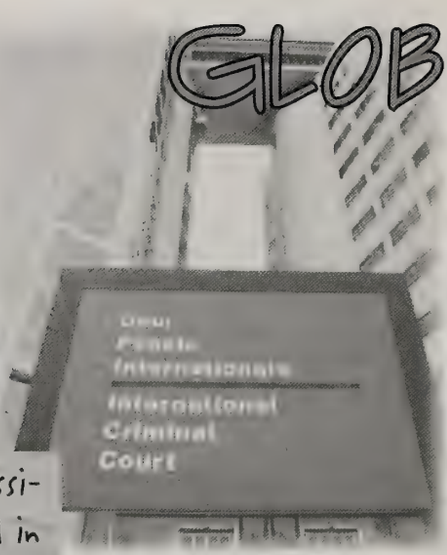
ocelyn Feltham searched for homogeneous and heterogenous particles

Madison Maidment and Katie Eva took some time to do a pH lab

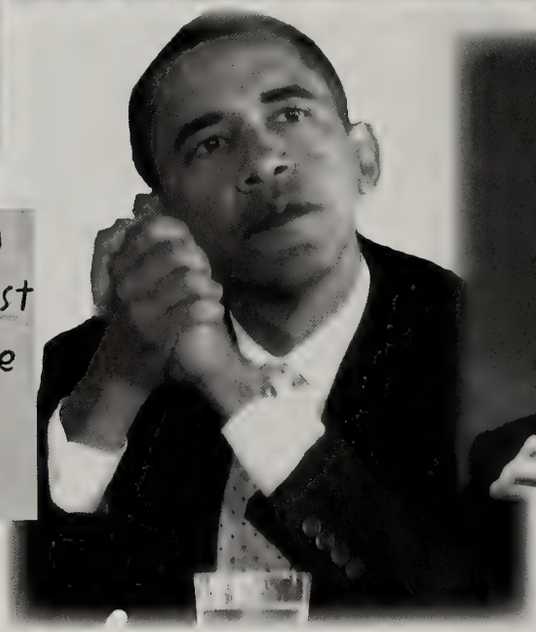
Shradha Moudgil and Emily Sikora prepared the plants for the Science Fair

A YEAR IN REVIEW

GLOBAL

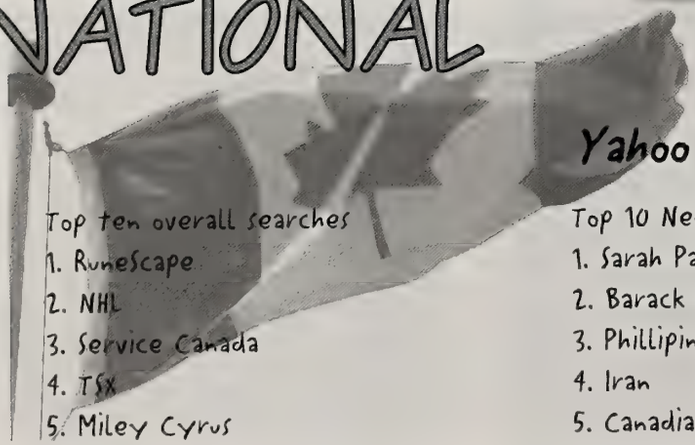


"This is a once in a lifetime crisis, and possibly the largest financial crisis of its kind in human history."
Charles Bean (Deputy Governor of the Bank of England)



"January 20, 2009— Barack Obama is inaugurated as the 44th, and first African-American, President of the United States".
CNN News

NATIONAL



Top ten overall searches
1. RuneScape
2. NHL
3. Service Canada
4. TSX
5. Miley Cyrus
6. WWE
7. Britney Spears
8. NASCAR
9. UFC
10. American Idol

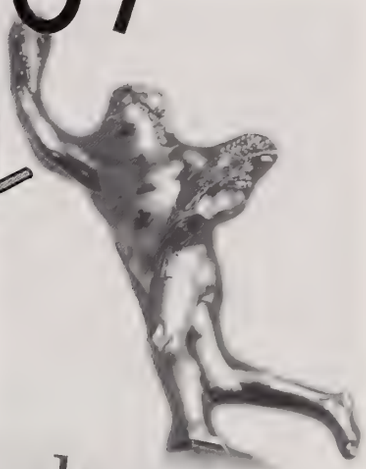
Yahoo Canada:

Top 10 News Searches
1. Sarah Palin
2. Barack Obama
3. Phillipines
4. Iran
5. Canadian Elections
6. Couillard-Bernier Scandal
7. Greyhound Bus beheading
8. Hurricanes Gustav and Ike
9. Maple Leaf Foods recall
10. China

Top 10 Entertainment Searches
1. Miley Cyrus
2. Britney Spears
3. American Idol
4. Rihanna
5. Lindsay Lohan
6. Megan Fox
7. Hannah Montana
8. Jonas Brothers
9. Young the Restless
10. Jessica

BREAKING NEWS 08-09

LOCAL



It's colder than where?!

Arctic blast can't defeat Winnipeggers

By Cameron MacLean

AS you drove to work Wednesday morning — assuming your car started — you likely passed bundled-up Transit riders waiting longer than usual for their buses. You probably saw lines of children trudging to school after their buses were cancelled.

With their frosted balaclavas and Michelin Man parkas, Winnipeggers are feeling the effects of the deep freeze. The *Free Press* set out Wednesday to find out what impact the cold is having on Winnipeggers and how they're coping with a blast of Arctic air that is hanging around for far too long.

THE HOMELESS:

WINNIPEG'S estimated 2,000 homeless people are bunking down and taking shelter. Linda Warkentin, spokeswoman for Siloam Mission, said they're not seeing that many people venturing into their drop-in centre. Instead, homeless people are staying anywhere they can keep warm. Nonetheless, almost all of Siloam's 110 beds are filled

CANADA POST-

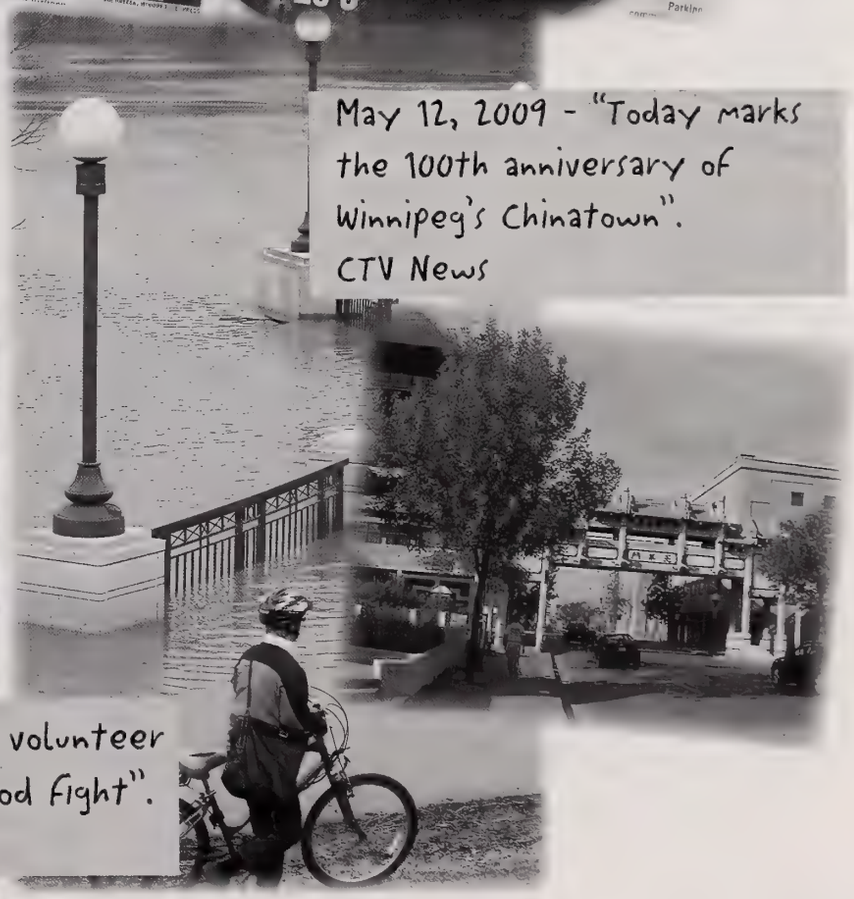
NORTH POLE
6 a.m. Wednesday
January 14
-27 C

WINNIPEG
-34 C
WIND CHILL -50

SOUTH POLE
6 a.m. Wednesday
January 14
-26 C

"If 1997 -- the Flood of the Century -- was the "flood of record" for the Red River Valley, 2009 -- the Second Worst Flood of the Century -- is the "flood of record" for the Red River North."
Frances Russell (Free Press Columnist)

May 12, 2009 - "Today marks the 100th anniversary of Winnipeg's Chinatown".
CTV News



"It is estimated there were 150,000 volunteer days of work contributed to the flood fight".
CBC News

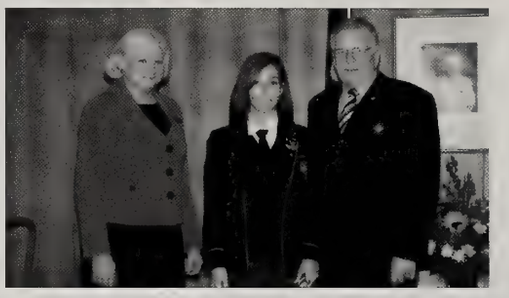
Duke of Edinburgh

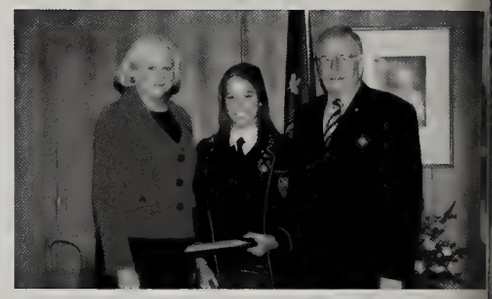
The Duke of Edinburgh's Award is an interactive program designed for young Canadians aged 14 - 25. The program consists of four areas, physical activity, an adventurous journey, a new skill and community service. Currently 33,000 students are participating in the program, they choose their own activities and complete them on their own time. Achieving this award is a great way for students to be involved in the community and make a difference in the lives of others, as well as their own. Congratulations to this year's BH recipients:

Gold Award: Gold Certificate and Pin Ceremony
Jessica Goldberg - Grade 12

Silver Award: Silver Certificate and Pin Ceremony
Stefanie Goldberg - Grade 11
Alexa Solomon - Grade 11
Paige Danowski - Grade 11

Bronze Award:
Colleen Furlan - Grade 10
Kelsey Lacombe - Grade 10
Adrianna Militano - Grade 10





Paige Danowski, Jessica Goldberg and Stefanie Goldberg received their awards at the Gold and Silver Awards ceremony from His Honour, the Honourable John Harvard, P.C., O.M., Lieutenant Governor of Manitoba and Her Honour Lenore Bercheid

Concours D'Art Oratoire

Le Concours Provincial d'Art Oratoire est un concours mis en place par l'association Canadian Parents for French. Ce concours permet aux jeunes étudiants de partager, améliorer, et pratiquer la langue française. Puisque le concours est une compétition, il faut parcourir un processus. Celui-ci commence dans les écoles. Les jeunes intéressés à s'enrigistrer choisissent parmi les catégories offertes, doivent présenter un discours devant des évaluateurs, qui choisiront ensuite une seule élève pour représenter sa catégorie respective. En général, ces catégories sont l'Impromptu, le Français, l'Immersion, et le francais de base. Les étudiants, pour chaque catégorie apart de l'impromtu, doivent préparer un discours sur un sujet de leur choix en avance et le présenter lors du concours. La catégorie d'impromptu donne à l'élève, le jour même du concours, un sujet tiré par hasard, un dictionnaire, des cartes éclaires et 15 minutes pour préparer son discours et ensuite le présenter.

First Row: Claudia Venevongsa, Aliya Walji, and Maria Pepelassis
Second row: Maya Schwartz, Alex Blake, Naia Dias-Gwyn, Ally Enns, Sameen Kaviani, and Alex Chubaty-Boychuk
Last Row: Samantha Machado, Dani Moreau and Sara Ali

The Provincial Concours d'Art Oratoire is a competition put in place by the Canadian Parents for French association. This competition allows young students to share, improve and practice the french language. Since it's a competition, there is a process to undergo which starts at school. Interested students choose from a list of categories offered. Students must present a speech in front of a panel, who then chooses one student to represent each category. In general, the categories included are Impromptu, Français, Immersion and Core French. For each category apart from the Impromptu, students must prepare a speech on a subject of their choice in advance and present it at the time of the competition. In the Impromptu category, the student is given the day of the competition 15 minutes, a random subject, a dictionary and flash cards in order to prepare their speech and present it.

Par Rachèle Bosc

First Row: Jesse McTaggart & Sophia Buller-Courage
Second Row: Leah Bernhardt, Alexandra Trann, Lea Chowdhury, and Oliva Hwang
Third Row: Ella Thomson, Corinna Jin, Jaclyn Flom and Nika Korpesho
Last Row: Ashley Buckle, Rachele Bosc, Anna Evans-Boudreau and Marissa Woods

W.I.N.S
Welcoming In New Students

WINS week (welcoming in new students) was a fun filled week organized by the prefects where new students got together and participated in many games. It was held in the atrium at flex period. During this time students did relay races, eating competitions and other challenges. This week is designed to help new students get to know each other and for them to work with old students to become comfortable at BH.

Kennedy Maidment helped out a team member to finish the race

Kirsten Rogers participated in a relay race

Grade 6 girls got wrapped up in the fun

Maria Jones put away a bowl of jello

Jasmine Levesque slurped apple sauce in record time

Meghan Dufault finished off an entire blueberry pie

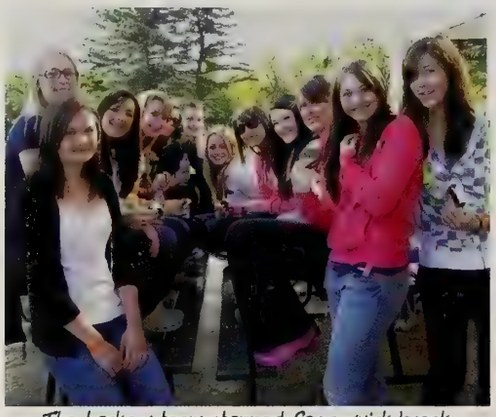
Dawn Johnson found the whistle in the bowl of whipped cream

St. Paul's Walk!

Grade 10 girls participated in sack races at Assiniboine Park

Rez students enjoyed a nice day at the Assiniboine Park

Abby Ryplanski, Paige Chadsey and Cam Dixon grabbed a bite to eat after the walk



The hockey team stopped for a quick break during the walk

In September the Balmoral Hall Girls once again went on the annual St. Pauls Walk. BH, St. Mary's and St.Paul's gathered to begin their three hour walk through Assiniboine Park. The students socialized with each other along the way and participated in many fun activities along the path. There was a potato sack race, arm wrestling, hockey and many more activities. At the half way point of the walk, the students stopped for a quick treat. The stop had rows upon rows of bottled water and ice cream sandwiches waiting for them. After the walk was completed, the students got a chance to rest and enjoy the BBQ provided by the St. Paul's student council. Everyone had a chance to go on the blow-up equipment and listen to the air-bands and live performances by the St. Paul's, St. Mary's and BH students. Everyone had a fantastic time!

Grade 10s socialized and grabbed some ice cream from the Assiniboine Park rest stop

Grade 10s took delight in the performances

During the walk some girls partook in the activities along the the way

Laura Beggs and Dawn Johnson participated in one of the Walk's favourite events

Grade 12 girls helped others stay hydrated on the walk and monitored the water station

Be Outgoing!

Regan Boulton, Kristin Cockerill and Rachèle Bosc enjoyed the BBQ provided by the St. Paul's committee

Natasha Cobb and Maddie Maidment participated in the sport programs and demonstrated their Crusader spirit

e Prep hockey team showed off their dance moves for St. Mary's and St. Paul's

Grade 12s relaxed with Jessie Liu after the walk to watch the entertainment

Grade 11s spent quality time together at the break point

Imoral Hall, St. Mary's and St. Paul's excitedly gathered around the outdoor stage to enjoy the entertainment

Grade 12s and 10s listened and screamed for the bands and dances performed in the Ampatheatre

UNICEF

Grade 12s spent time with special guest Fred Penner

Charlene Hsia, Janice Huang and Crystal Lee entered students in a draw to win a backpack

Julie Clark talked to students about her experiences in Uganda

Leah Bernhardt, Cassidy Maidment, and Lea Chowdhury made a bird cage about Aboriginal rights

Marc Kuly and a Gordon Bell student shared stories of struggle

Julie Yan and Carlee Wilson read about the possibilities of peace

Students learned about how they can help others in third world countries

Conference

Serge Kaptegaine informed students about helping women in the Democratic Republic of Congo

Ceci Bilbatua presented information about the Unicef Conference to visitors

Mrs. Alexander welcomed Fred Penner to the school at the lunch time sing along

Sydney Bicknell, Sinthu Navaretnam, Madison Maidment and Alexa Solomon sold fair trade products for Latin America

"Is Peace Possible?" was the theme of the conference that kicked off on November 13 with a keynote address from Nigel Fisher, the President and CEO of UNICEF Canada. Nigel spoke to the audience about the conflict that has recently escalated in the Congo, as well as the importance of education to make change in the lives of women and girls of Afghanistan. Peace is possible according to Nigel, but only if we are willing to work for it.

We were honoured to have multiple guest speakers, many with first-hand knowledge of conflict, war and suffering. Also presenting were several students from Grades 6 & 7 and we were pleased that Julie Clark (Grade 12) was able to discuss her experience in Uganda this summer as well. Fred Penner was a big hit over the lunch hour, entertaining all the conference participants as well as Junior School. Following his lunchtime session, Fred continued on with a student workshop discussing how we can all make a difference in the life of a child.

By: Mrs. McGill-Horn

Girls For the Cure

During the Girls' Run for the Cure, Grade 9 students were seen carrying jugs of water on their heads. This was done to get a sense of the responsibility that falls on the shoulders of young girls around the world. In this case, the challenge was walking a long distance in order to collect clean drinking water, which is often a daily task in countries such as Malawi and Rwanda. The girls learned a valuable lesson about how hard it is to complete everyday tasks in other cultures and wrote about their experience. The whole school was there to support them in their challenge and brought the walk to another level through their awareness of the challenges that women face everyday.

Gabriella Balog, Meghan Dufault and Sydney Jones carried jugs filled with water to experience a daily routine of many girls around the world

Grade 12 girls jumped for joy at their last Girls For the Cure walk

Kady Evanyshyn and Eleanor Fascione enjoyed the beautiful weather

Junior School kids were fascinated by an entertaining clown at the Legislature

Jacklyn Prendiville, Alexa Solomon and other students enjoyed each other's company along the route

Middle School Prefects led the walk up the Legislature steps

hemo Savvy and their mascot welcomed everyone to the Legislature

Mrs. Sveinson led the school in an energizing warm-up

Girls gathered together in the spirit of Girls For the Cure

Grade 12 students cheered on others as they neared the end of the walk

Activity Day

The activity day this year was a blast! We spent the day at Fort Whyte doing all sorts of fun activities, while managing to stay warm. The activities included making bannock and roasting it on a stick, building shelters from tree branches, snowshoeing, making crafts, and team building. For me, the highlight of the day was being tossed up in the air on a blanket. Overall this experience was highly enjoyable, and I'm very glad to have participated.
By Corinna Jin Grade 8

I attended the Activity Day at Fort Whyte centre. It was really cold outside! I couldn't imagine how we could all be outside to do anything. Actually it was my first time playing in the snow for a whole day. I had never thought that it would be fun. I just went because I have to, but it was totally different from my imagination. I did many different activities with many students and teahcers. I met more people and had more experiences. It was a fabulous day in the cold. I'm sure that everyone that was there loved and enjoyed it as much as I did.
By Bell Udomkitthanakul Grade 10

Christa Lee enjoyed the snow and the outdoors

Girls gathered together in a wooden structure

Kirsten Rogers, Jane Guberman and Jessie McTaggart played together in a quinze

All together, students roasted bannock

This group passed a hula hoop to learn to work cooperatively

Students worked together to toss someone in the air as did settlers when hunting

Kayla Fernandes, Talia Joundi and Marianne Wei

Josie Feltham and Emily Sikora going down the slide

Brittany Durand walked in snow shoes

Ski Trip

Madison Stewart, Jacklyn Prendiville, Ceci Bilbatua and Alex Olley

Erica Prefontaine Dean, Sydney Bicknell, Jacklyn Prendiville, Emily Livingston and Ceci Bilbatua took a break from skiing for a treat in the lodge

Alex Olley, Ceci Bilbatua and Lucie Wigan

Michelle Prendiville, Grecia Almada Barcenas, and Allessandra Turner spent the ski trip together and had a great time

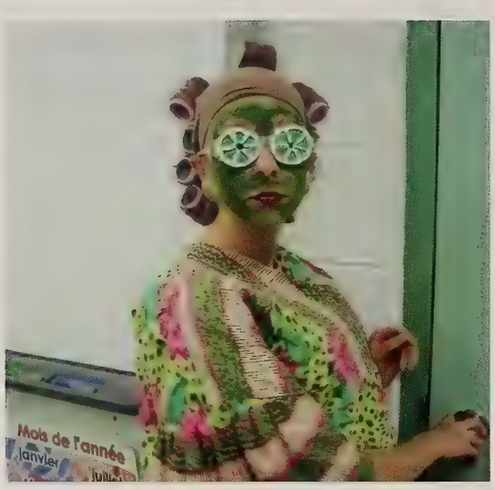
Lauren Peake took to the hills

Madison Maidment, Michaela Picklyck Esposito Katie Eva and Adrianna Militano

Louise Butler and Natalia Vazquez took the lift

Michelle Prendiville demonstrated her grinding skills on the snowboard

MUFTI ON HALLOWEEN



Jaclyn Flom played a housewife taking the day off

Joanna Liu and Katie Hoffmann flew around as ladybugs

Grade 12s rehearsed Thriller for air bands

Mr. Zimmerman posed beside his body double

Marianne Wei, Zelda Bravo, and Talia Glodjo posed as teachers

Ms. Kowal dressed as the School Girl

Grade 11 hockey players dressed up as M&Ms

Ms Streilein and her class of Grade 6s

A group of mimes got into character in the atrium

Layla Freig, Maddie Stewart, Bryn Koehn, and Carlee Wilson

Madeline Lischka got frightened beside an alien

Hannah Scott, Brittany Simmons, Ashley Buckle, and Leanne King showed off their costumes

MUFTI

Katrina Barkwell and Alex Jessiman strutted their western attire

Marissa Woods, Jaclyn Flom, Madeline Metcalfe, and Kady Evanyshyn got comfortable

Grade 7s showed Valentine's Day spirit

Elizabeth Pappas and Kate Bouchard went country

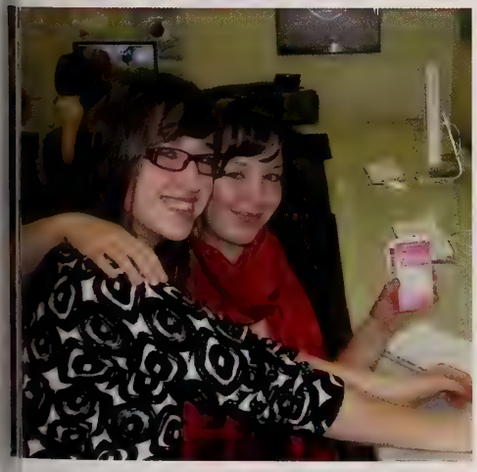
Grade 7s got comfy on Mufti

Talia Joundi, Gagan Sidhu, Kayla Fernandes, and Vanessa Singh spread the love

Senior school girls showed off their mufti spirit

Angela Reimer, Zelda Bravo, and Christie Branton lounged around

Grade 11 s showed their hearts



Morgan Rathwell and Anna Evans-Boudreau enjoyed Candy Grams

Maria Jones and Claudia Porras dressed up for the occasion

Talia Joundi, Colleen Furlan, and Talia Glodjo sent their love

MIDDLE SCHOOL DANCE

BH girls danced the night away

Street Lights

Middle School students tore up the dance floor

Cassandra Patterson, Nicky DePape, Dasha Silhova had a great time

Luxmy Navaretnam, Alex Turner and girls from Charleswood School took a break from the fun

Ms. Streilein and Mme. Hafenbrak had plenty of fun chaperoning

Grade 8s had a great time with the guys at the dance

Michelle Prendiville and Alex Turner shared their excitement with each other

Girls showed off their crazy dancing skills

The Grade 6s won plenty of DJ prizes

The traditional Conga line was a big success

Senior School Dance

Take 2

Ceci Bilbatua, Jessie Drews and Madison Maidment pulled out their best dance moves

Residence girls had an awesome time on the dance floor

Senior School Prefects got the party started

Bridget Bicknell, Elizabeth Pappas, Alex Jessiman and Leanne King came ready for a good time

Talia Glodjo, Sarah Scott and Layla Freig danced it up in the atrium

Zelda Bravo raised the roof as she shook up the dance floor

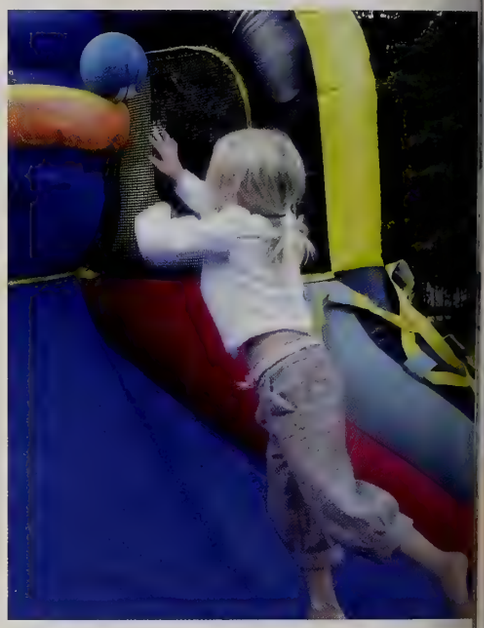
YAHOO

Christie Branton, Mrs. Christie and Valerie Beynon helped to set up the bag bar

Ms. McElrea's face said it all after her turn in the dunk tank

Julia MacAulay took a swing at the batting cages

Layal Abas, Ksenia Ogolikhina and Sinthu Navaretnam looked awesome with their matching facepaint



A Junior School student leaped for the basketball hoops at the basketball station

Residence girls served traditional BBQ food at the concession stand

This year's barbeque was another great evening filled with food, fun and friends. People dined on a variety of exotic foods like gelati and spring rolls. However the same BBQ favourites remained. The good times continued with bouncers, air-brush tattoos and the ever-popular bag bar. There was even a special appearance by an RCMP mounty and his horse! The Yahoo Barbeque was once again a hit with all ages and we are all looking forward to the BBQs to come.

Ceci Bilbatua decorated Caelan Nowicki's face at the face painting station

BBQ

Families participated in a variety of games and activities

Hayley Stacey, Kaitlyn Scott, Meredith Chiu and Jocelyn Feltham had a great time

Avery and Bethany Shtykalo showed their sisterly love by sharing a hug

Grade nines sported identical polka-dots

The RCMP horses were a popular attraction at the BBQ

Stefanie Goldberg and Alexa Solomon loved the mini-doughnuts at the BBQ

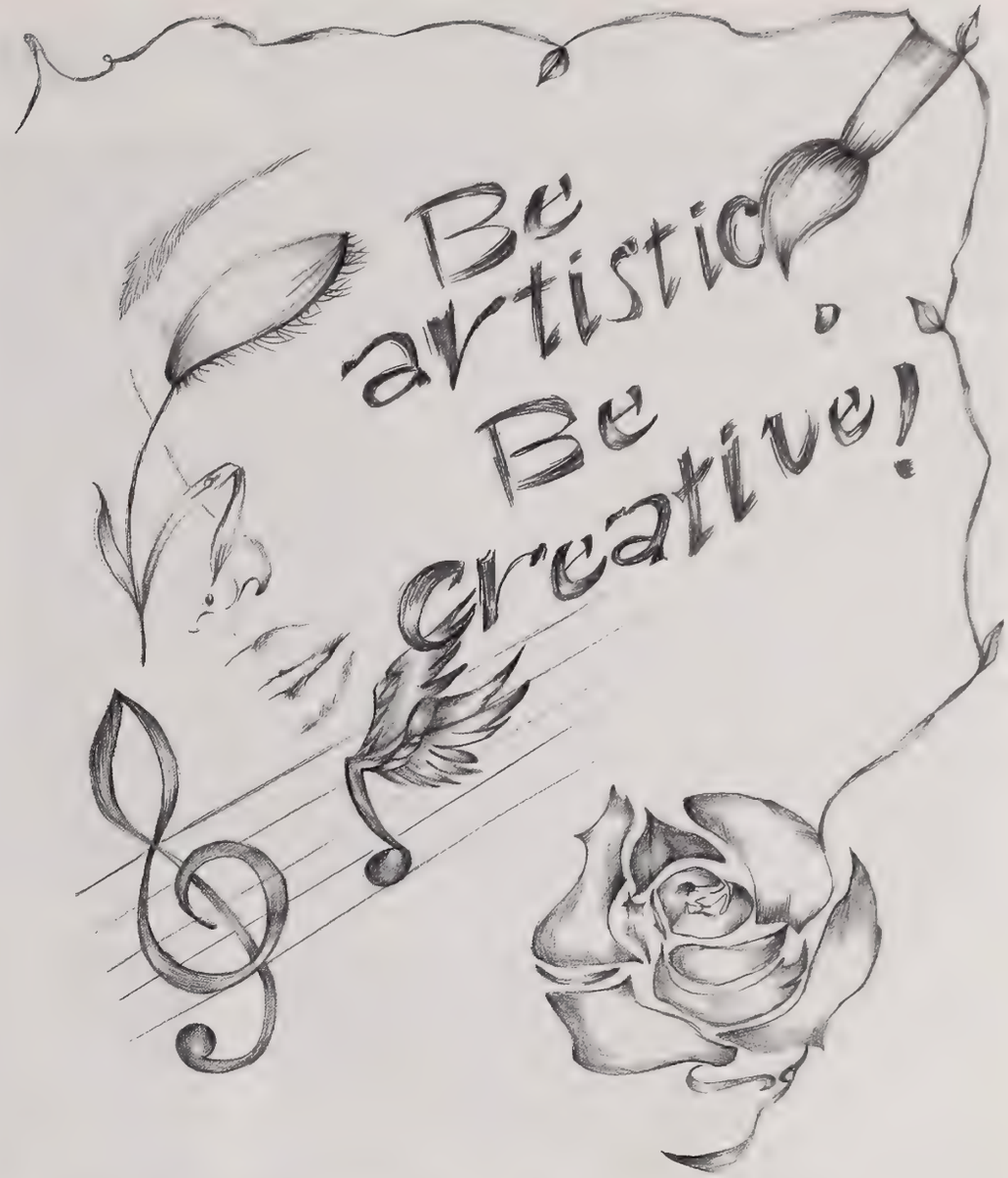
Talia Smith, Celina Penny, Gabrielle Warren and Kaitlyn Scott enjoyed the delicious gelati

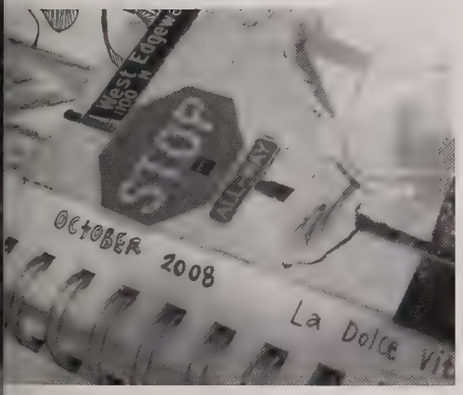
Vanessa Comeau and Marianne Wei scooped and served gelati together

Nikon
LEPAGE
SCHOOL
GLUE
WASHABLE
Art
Pearl
F
G
Vibrant Color
Easy Clean-Up
roma

Eun Jin Kwak
Arts Prefect

ELLO GIRLS, I CAN'T BELIEVE THE TIME HAS FLOWN
SO QUICKLY AND I'M HERE WRITING THIS MES-
AGE. I WANT TO THANK ALL OF YOU WHO HAVE
OWN EVERYONE THAT YOU ARE FILLED WITH
E PASSION FOR THE ARTS! IT WASN'T ME WHO
PPORTED ARTS AT BH THIS YEAR. IT WAS YOU
RLS. ONCE AGAIN, I HAVE LEARNED HOW MUCH
OU LOVE TO SING, HOW MUCH YOU LOVE TO DANCE
ND HOW MUCH YOU LOVE TO PAINT. ARTS ISN'T
OMETHING THAT IS FORCED UPON YOU TO LOVE.
S LONG AS YOU ENJOY THE MOMENT SINGING
HAT NUMBER 1 SONG ON THE CHART WITH YOUR
RIENDS, DECORATING YOUR SCIENCE BINDER AND
OPPING BY AN ART PIECE IN THE HALLWAY OF
H, YOU ARE ALREADY AN ARTISTIC GIRL.
EEP UP WITH YOUR PASSION FOR THE ARTS AND
CREATIVE!





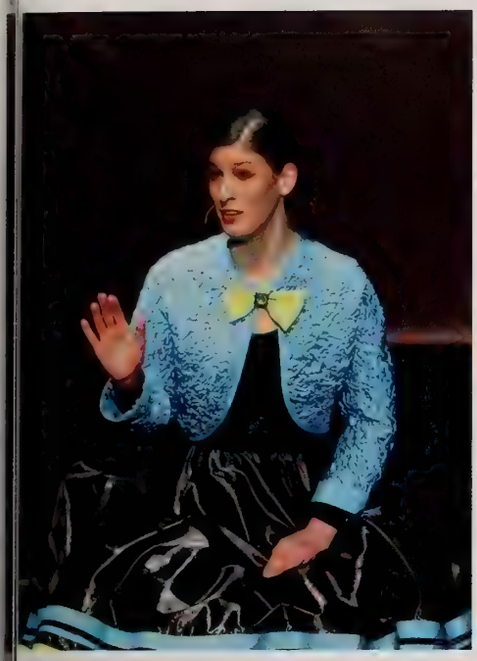
THE MAGIC OF BROADWAY

The whole cast auditioned for a director in Chorus Line

Colleen Furlan led the cast in a vivacious and colourful "Broadway Baby"

Ashley Fredette serenaded the audience with a gorgeous rendition of "Think of Me" from Phantom of the Opera

Gabby Balog taught the girls how to be "Popular"

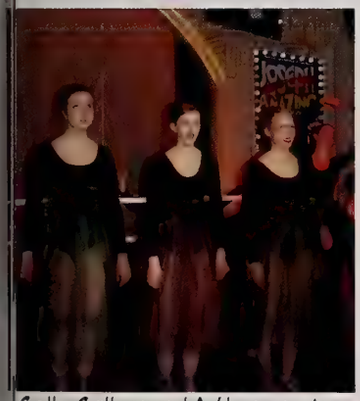


Chelsea Chimilar, performed "Suddenly Seymour" while her back-up dancers, Kelsey Lacombe, Colleen Furlan, and Layla Freig strutted their stuff on the dance floor

Members of the cast supported Layla Freig in "Diamonds Are A Girl's Best Friend"

Cella Rousseau sang a powerful "Send in the Clowns"

Amanda Stegmaier sang "Nothing" but the audience felt something

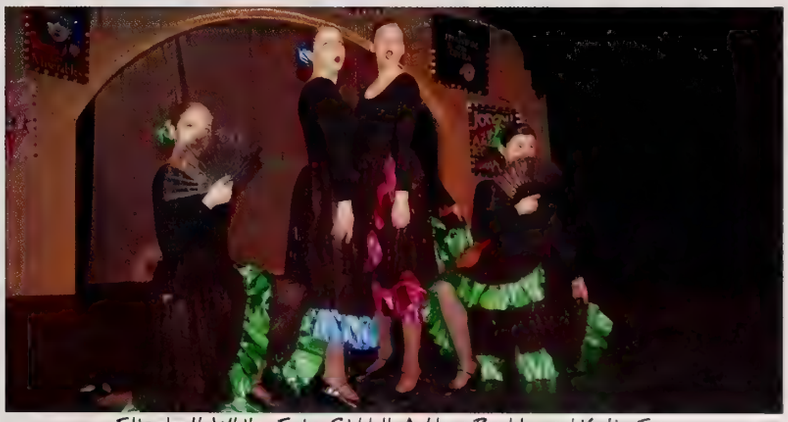


Cella, Colleen and Ashley sang in ree-part harmony in "At the Ballet"

Kelsey Lacombe tapdanced a spirited "I Can Do That"

Colleen Furlan proved her talents as she sang and danced to "Music and the Mirror"

The whole cast danced in excellent formation for "One" from Chorus Line



Elizabeth White, Erica Siddall, Ashley Buckle and Katie Eva lured the audience into "Hernando's Hideaway"

Middle School Production

Intermediate dancers felt good while performing their dance

Middle School started off the show with the hit song "Gotta be Jazz"

The 6 advanced dancers performed together in "Le Jazz Hot"

Middle School harmonized, improvised, and stylized in their first number

Gotta Be Jazz was the middle school production this year; it was based on the history of jazz. It featured songs and dances such as "Birdland", "Basin Street Blues", "Le Jazz Hot", and "My Favorite Things". The hard work started in October and continued until opening night in November. The musical was performed by the talented students from grades 6 to 8. The middle school students would like to thank the dedicated teachers who helped organize and prepare for the big show, as well as the parents and fans who attended. Another special thanks to Ms. Cooper, Mr. Quinn, Ms. Dow, and Ms. McElrea, stage technicians, lighting crew, and teacher supervisors for all their support. The show wouldn't have run as smoothly without their help and hard work. This year's musical will be tough to follow next year, but everyone can't wait for the challenge!

By Corinna Jin and Eva Downey

7-01 got groovy while they danced to the famous song "Route 66"

Grade 8s introduced grade 7s for their final bow

Victoria Davidson, Genevieve Field, and Cassidy Maidment jazzed it up in the opening number

Claire Hughes and Nadia Schriemer sang lovely solos in "My Favorite Things"

Jane Guberman danced enthusiastically during her class dance

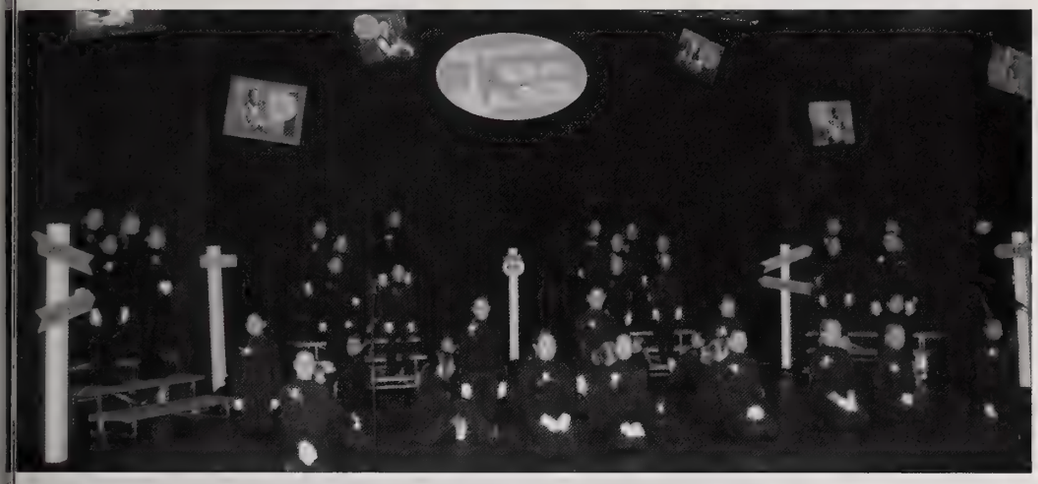
Ella Steele performed a tap solo during her class dance

GOTTA BE JAZZ

Ella Thomson, Nika Korpesho, Morgan Rathwell, arissa Woods, and Kennedy Maidment introduced the performance with a lot of jazz

Alanna Flom sang her solo in the jazz version of "My Favorite Things"

Haley Cummings, Michelle Prendiville, Alexandra Banfield, Julia White, and Meredith Chiu described some history of jazz



Middle School was in position for their opening number

Grade 7s danced to "Birdland", while grade 8s sang in a choir

Grade 7s danced swing style to "It Don't Mean a Thing"

Grade sevens travelled across the stage as they performed the popular song "Route 66"

Vanessa Bermisa opened the grade eight class dance "It Don't Mean a Thing"

Grecia Almada Barcenas and Michelle Prendiville danced in "I Got Rhythm"

Be All You Can Be....

American Gothic Parody by Marikka Lee, Grade 10

American Gothic Parody by Ji Hyun Kim, Grade 10

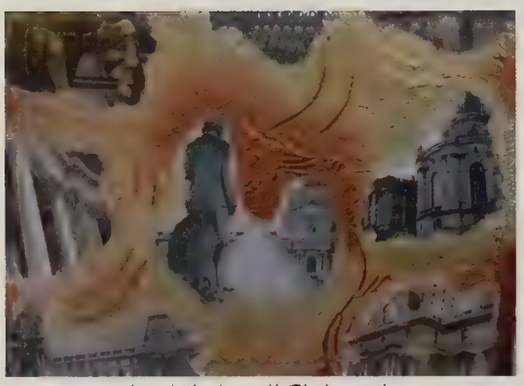
American Gothic Parody
by Breanne Fredette, Grade 10

Photomontage Self Portrait by Sean King, Grade 11

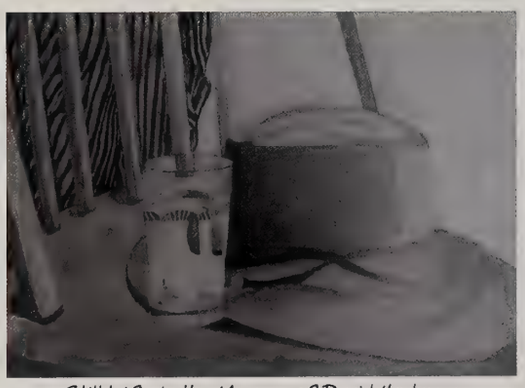
The Last Line Project by Demara Davidson, Grade 9

The Last Line Project by Hye Joon Cho, Grade 9

Photomontage Self Portrait
by Ksenia Ogolikhina, Grade 12



Mixed Media with Photography
by Jessie Drews, Grade 12

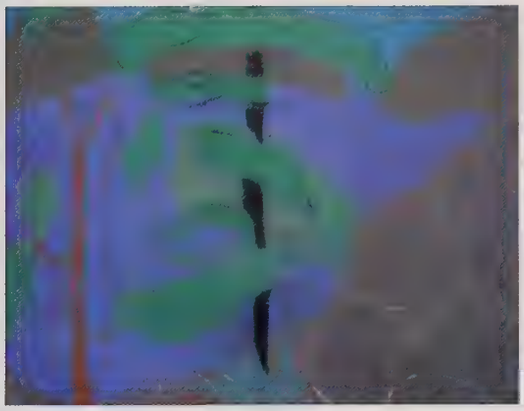


Still Life in the Manner of David Hockney
by Ksenia Ogolikhina, Grade 12

Mixed Media with Photography
by Leanne Glass, Grade 12

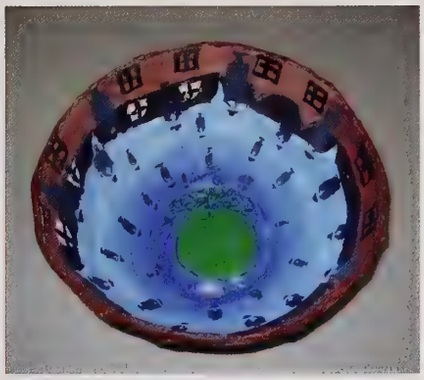
ARTISTICALLY

Spirit Mask by Rithikha Rajamohan
Grade 6
Spirit Mask by Bailey Horn



Chalk Study by Grace Perchaluk, Grade 5

Still Life in the Manner of David Hockney
by Sydney Bicknell, Grade 11

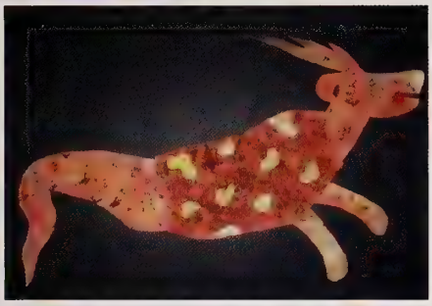


Bowl After Magritte
by Joanna Liu,
Grade 12

Paul Klee Meets Cave Art by Grade 8

After The Jack Pine of Tom Thompson by Grade 4s

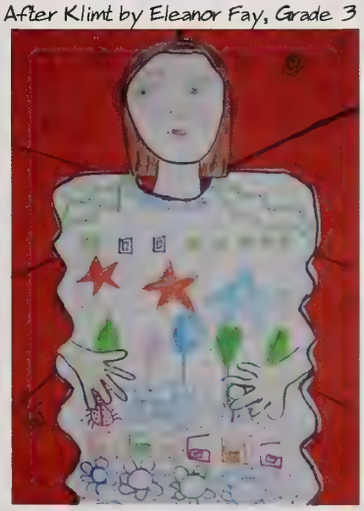
Water Colour Cat by Talia Smith
Grade 7
Water Colour Cat by Emily Sikora



Fantasy Animal in Fantasy Landscapes
by Rainah Uhl, Grade 7
My Peacock's Name is Beautiful
by Karen Jensen, Grade 1

After Klimt by Eleanor Fay, Grade 3

Beaver Stamp by Gillian Chiu, Grade 4



Be Memorable

Layla Freig, Colleen Furlan, Chelsea Chimilar, Ashley Fredette and Cella Lao Rousseau sang an advanced choir song over the atrium

Cella Lao Rousseau, Ji Hyun Kim and Elizabeth Pappas sang during assembly

Each year, the senior school choir participated in many functions put on by the school. This year was different because there were two choirs: the concert choir and the advanced choir. Each group got together on different days of the cycle to rehearse. Both groups had their own repertoire of choral arrangements, the only difference being that the Advanced Choir sang more difficult pieces.

We performed at major school events such as assemblies, closing ceremonies, and in the past we were asked to represent our school at special occasions such as the Guardian Angels benefit. Some of the main assemblies we sang at throughout the year were the Remembrance Day assembly, Grandparents' Day and the Alumnae Assembly. We were well-known for our impressive harmonies and the way we work together as a group.

At closing exercises this year, the two choirs intertwined to sing a small selection of songs, among them the good-bye song to the graduates which is done every year. We prepared for this months in advance. Because the choir has, in past years, been known to blow the audience away, there were always high expectations. The song we did three years ago called "Time to Say Good-bye" still has people talking! We work very, very hard in rehearsals as a group and it is nice to represent our school and be appreciated for all that we put into our art. We all love music and how it brings us, the students, together in ways that nothing else can.
By Ashley Fredette

Mr. Budoloski and Mr. Morphy conducted a performance at the front desk.

A section of the senior choir performed for students and staff at assembly

The entire middle school choir performed at assembly

Mr. Budoloski conducted the quartet with the addition of Cella Lao Rousseau at assembly

Be Artistic

The girls stood in second position with their hands in fifth position

Chelsea Chimilar, Ashley Fredette and Alex Olley held a stretch

Paige Chadsey and Adrianna Militano stretched with their class during warm up

The performers warmed up before the dancing began

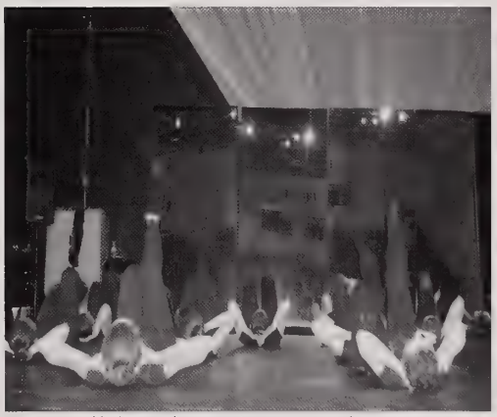
The grade 9 and 10 girls gave a taste of a typical dance class to the students one afternoon during flex. Students were exposed to warm up lessons and techniques, progressions that are done across the floor, as well as a dance routine. The girls started off with stretching and abdominal exercises and then moved from progressions to steps which were combined to form a dance routine. Cultural influences from Africa, New Orleans and other areas around the world were incorporated into this exercise. Girls from all levels of dance did a great job preforming and giving the audience a good idea of what dancers do during their elective period. For both the audience and the performers it was an enjoyable afternoon and a great learning experience.
By Paige Chadsey

Chantal Lischynski, Sam Dame and Palmer Nowak listened to the instructions from Ms. Cooper

The girls stretched together in front of the mirror

The dancers got ready to perform

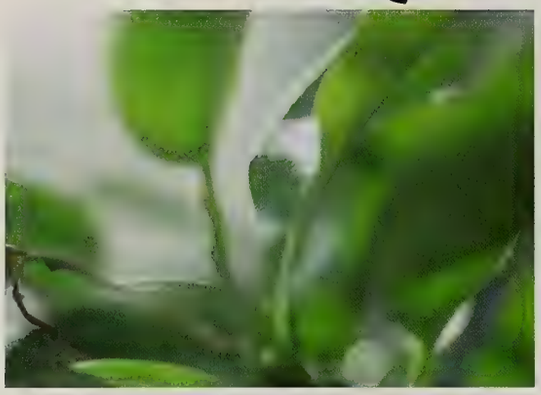
The girls started off with full length arm extensions



Abdominal exercises were done in front of the mirror

The girls learned new dance moves from Ms. Cooper

Be Observant



Celeste Main

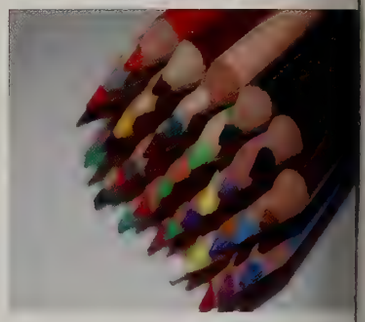
Danica Avery

Chloe Vickar

Abby Ryplanski

Marikka Lee

Patricia Schafer



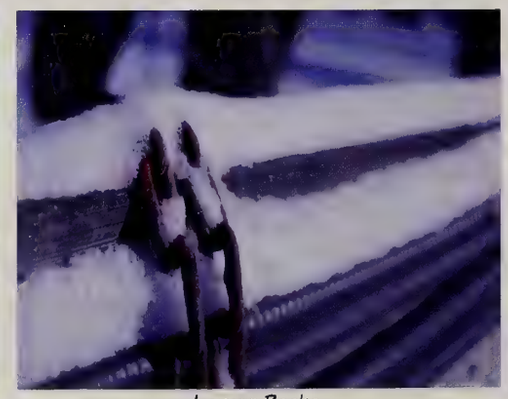
Cailey Hay

The grade ten students of Mrs. McGill-Horn's photography class were given the opportunity of choosing their favourite photograph and having them appear in the yearbook. The girls had a number of shots to choose from, including pictures that were used in class as a part of their album's. The four sections that the girls are asked to portray are People, Nature, Patterns and Repitition and Experimental. Elements of the photography class include learning how to use photoshop and properly using a camera.

Carmen Provinciano

Kamal Dhillon

Carleigh Balciunas



Lauren Peake

Paige Chadsey

Allison Kowalchuk

Ashley Stedman

Cody Keith

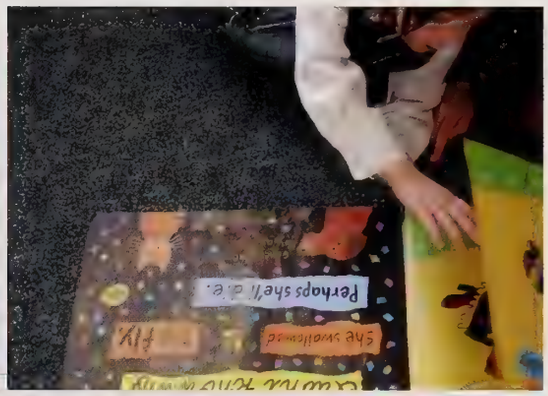
Ji Hyun Kim

Lauren Lischka

Layla Freig

Breanne Fredette

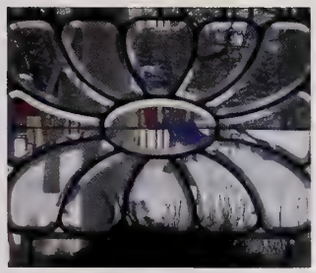
Cara Dveris



Kirsten Nicholson

Hannah Darrach-Cottick

Rebecca Alexander


Adrianna Militano

Cella Lao Rousseau

CHOICE OF OLYMPIAD
20
30
40
50
60
lean on console

Sports Captain messages

Bryanna Sherbo
iddle School Sports Captain

'HEN I BEGAN THE ROLE AS SPORTS CAPTAIN, I
ASN'T SURE HOW IT WOULD WORK OUT. WITH
OTHER YEARS BEFORE ME GOING SO WELL, I
HIGH EXPECTATIONS FOR THE UPCOMING YEAR.
OPE EVERYONE ENJOYED ALL THE INTERHOUSES
LUDING THE BEST: HALLOWEEN RELAY RACE, THE
/JELLO/APPLE SAUCE-EATING CONTEST, SANTA'S
RKSHOP, AND THE THREE-LEGGED RACE. THESE
EAT INTERHOUSES WOULD NOT HAVE BEEN POSSIBLE
THOUT ALL THE SPIRIT, ENTHUSIASM AND WILL-
NESS TO COME PARTICIPATE; I HOPE EVERYONE
IOYED THEM AS MUCH AS I DID! ALTHOUGH THE
AR MAY HAVE SEEMED SHORT I REALLY ENJOYED
RKING WITH ALL THE SPORTS REPS, HOUSE HEADS
THE SENIOR SCHOOL PREFECTS. I WILL MISS
RKING WITH ALL OF YOU =)
YANNA SHERBO

Kristin Cockerill
Senior School Sports Captain

OVER THE PAST YEAR I HAVE HAD THE PLEASURE OF BEING YOUR SPORTS CAPTAIN. SPORTS ARE SOMETHING THAT I HAVE BEEN PASSIONATE ABOUT SINCE I WAS A YOUNG GIRL AND I WAS MORE THAN EXCITED TO SHARE THIS DEVOTION WITH THE MANY ATHLETES OF BALMORAL HALL. I WAS KEPT VERY BUSY BETWEEN PREP HOCKEY AND SPORTS COUNCIL BUT IT WAS ALL WORTH IT. I COULDN'T HAVE DONE THIS JOB WITHOUT THE HELP AND SUP-PORT OF THE HOUSE HEADS, SPORTS COUNCIL, MS. MOORE, OTHER PREFECTS, MIDDLE SCHOOL PREFECTS AND THE STUDENTS AND STAFF OF BH. GOOD LUCK TO NEXT YEAR'S SPORTS CAPTAIN; I'M SURE YOU'LL BE FANTASTIC. TO THE GIRLS OF BH, I WISH YOU ALL THE BEST IN YOUR FUTURE SPORT ENDEAVORS AND REMEMBER, BE FEARLESS, BE AGGRESSIVE, AND BE STRONG.
KRISTIN COCKERILL #10

Craig Gowan

In past years, Craig Gowan has been a dominant force in the Interhouse world. But this year, the birds really showed up to play! There was always lots of yellow at Interhouse events and our game faces were always on! Dynamic, vivacious and spirited only begin to describe the yellow birdies in this nest. Thank you to all the Craig Gowan ladies out there who came to Interhouse and also to the Sports Council for their hard work and planning. I know that in the coming years The Yellow House will continue to "shake their tail-feathers" to victory. Go Craig Gowan!
Kristin Cockerill

Glen Gairn

Hey everyone!
Wow, I can't believe that this year is almost over!
It seems like just yesterday that we were playing the scavenger hunt with the teachers!
(Which we won by the way! Go team!)
You guys made this into such an amazing year with lots and lots of spirit and excitement
Thanks go to every single one of you who participated in Interhouse and especially to
Valerie Beynon who NEVER MISSED a single one!
It has been such a great pleasure for me to have been your House Head this year.
I hope that you will have a wonderful year and show the same spirit to your next House Head.
Go Glen Gairn!!!
Let's win that House Cup this year!

Marianne Wei
Glen Gairn House Head

Braemar

Dear Braemarians,

I had a fabulous time being your House Head this year. It was something I've dreamed about doing ever since my first year at BH so thank you to all the hippos in my house for making this year the best! A huge hippo shout out to all the girls in Blue that brought us to the top and made everything possible. A quickie to our Sports Captain, Kristin who succeeded in making this a great year with new ideas and fun interhouses! I'd also like to thank the Middle School House Head, Bryn for supporting Braemar all the way through. You girls made Blue House a tough one to beat and I hope that after I leave, you'll continuously carry hippo pride! I am very proud of you girls and it was an honour to have been your House Head. Thank you a thousand times over!

Sena Lam
Braemar House Head

Ballater

This has been such an awesome year for Ballater! We have proven that Ballater is definitely a house to watch out for! Thanks to all of my Ballaterians for your incredible spirit and enthusiasm. You have all helped to make my last year at BH one I will never forget. Whether we were playing soccer-baseball outside or looking silly in the three-legged obstacle course you girls always made it fun. It has been such a great experience being the head of the best house by far!! To the other house heads, thank you so much for your constant support, dedication and great ideas, you were so much fun to work with. To Kristin, you have been an amazing Sports Captain, I dont know what we would have done without you. Good luck to next year's House Head, keep the Ballater spirit alive!
GO GREEN!

Vanessa Comeau
Ballater House Head

INTERHOUSE

Grade six girls defended their net

Talia Joundi and Laura Ferch made an awesome team

INTERHOUSE IS WHEN STUDENTS IN MIDDLE AND SENIOR SCHOOL COME OUT AND PARTICIPATE IN VARIOUS HOUSE ACTIVITIES. THEY PLAY EVERYTHING FROM SOCCER TO RELAY RACES AND BOARD GAMES. IN THE SPRING AND FALL THE STUDENTS HAVE THE OPPURTUNITY TO PLAY OUTSIDE. OTHERWISE, ACTIVITIES TAKE PLACE IN THE GYM. ONCE IN A WHILE THE TEACHERS PLAY AGAINST THE STUDENTS WHICH CAN BECOME QUITE COMPETITIVE AND IS REALLY EXCITING!

Alex Banfield caught the ball for her team during soccer baseball

Girls showed their house spirit

Lea Chowdhury protected the goal during floor hockey

Christa Lee took aim at the goal during outdoor soccer baseball

Middle School girls waited for the Dr. Dodgeball game to begin

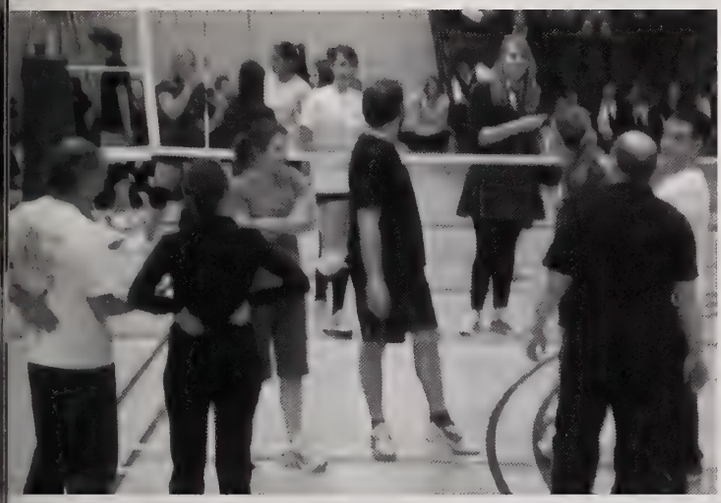
Middle School girls strategized their way throu the game of "Life"

Grade 10 s supported the bottom of the pyramid

Be Risk-Takers

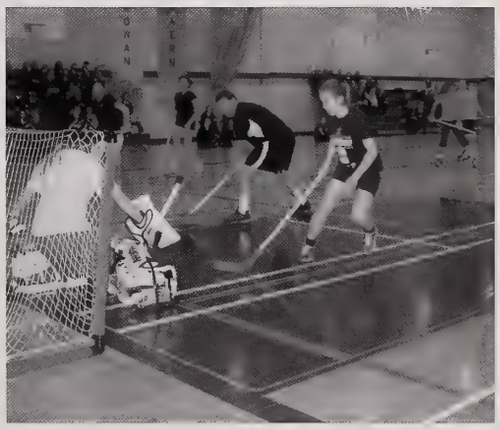
The Ice Hockey Challenge

Staff, siblings and friends took on the High School hockey team in an all-out game at the Winter Club
Some students showed up their opponents while others learned that experience and years of practice are valuable skills
Special guest scorekeeper Mila Kerr kept everyone awake with random buzzer ringing while keeping her dad, Referee John Kerr, under constant supervision to assure a fairly called game



The Volleyball Challenge

Staff were poised and ready to go for this challenge- the gym was packed and staff put their best on the court
There was some bantering across the net in an attempt to intimidate the opponent,
but students kept their focus and the competition stayed fierce



The Floor Hockey Challenge

Kristin Cockerill reffed a well-controlled floor hockey game, with Katie Wilson and Mr. Visser tending the nets
Students were aggressive and kept staff on their toes throughout the game
Jenna Brown (BH '08) returned for a guest appearance and supported the staff team

VOLLEYBALL

VARSITY

First row: Hannah Johnson, Shelby Szarko, Allison Love
Second row: Katrina Hoffmann, Sean King, Emily Campbell, Erica Siddall, Coach Peeler
Third row: Coach Seywright, Toria Rankin Friesen, Michelle McFadden,
Fourth row: Chantol Thompson, Jacklyn Prendiville, Alex Martin, Sarah Scott
Missing: Christine Harms

JUNIOR VARSITY

First row: Elizabeth Pappas, Abby Ryplanski
Second row: Brittany Simmons, Katrina Barkwell, McKenzie Trann, Danica Avery
Third row: Hannah Scott, Leanne King, Emily Kesselman,
CC Wannan, Palmer Nowak, Hannah Darrach-Cottick, Natasha Cobb, Coach McElrea
Missing: Alex DePape

Junior Competitive

First Row: Bryanna Sherbo, Bryn Koehn, Michelle Prendiville, Grecia Almada, Vanessa Bermisa, Nicole Wierzbicki
Second Row: Moneet Sidhu, Madison Harvey, Sam Moreau, Jessica Schafer
Missing: Jaclyn Flom, Janelle Hill, Michela Picklyk-Esposito

Developmental

First row: Alex Trann, Aurora Robert, Sarah Gage, Kirsten Rogers
Second row: Leah Bernhardt, Celine Richardson, Simran Roopra, Rithikha Rajamohan, Corinna Jin, Eva Downey
Third row: Marissa Woods, Nicky DePape, Cassidy Maidment, Jessica McTaggart, Bailey Robinson
Missing: Miranda Baran

Basketball

Varsity

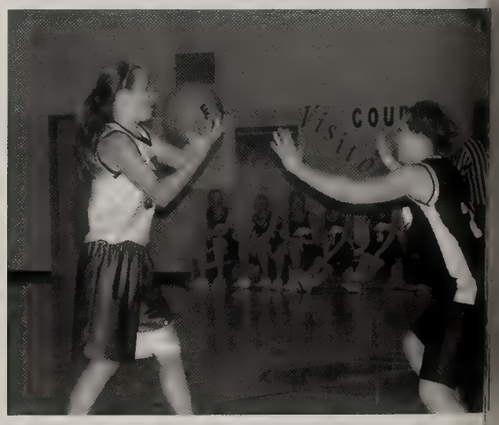
First row: Tori Williams, Maddie Stewart,
Second row: Joanna Liu, Brittany Simmons, Tatiana Rafter,
Rachele Bosc, Jacklyn Prendiville
Third row: Ashley Buckle, Ali Chou, Christie Branton,
Celeste Main, Ceci Bilbatua Coach Hooke
Missing: Juliana Loewen

Junior Competitive

First row: Bryanna Sherbo
Second row: Michelle Daeninck, Megan Ross, Kennedy Maidment, Kaitlyn
Scott, Kailey Schur, Jaclyn Flom, Jenny Lee
Third row: Madi Harvey, Sam Moreau, Michela Picklyk-Esposito, Ali Wade
Missing: Morgan Rathwell

Developmental

First row: Sophia Buller-Courage, Nicky DePape, Alex Trann
Second row: Leah Bernardt, Breann Patterson, Jessie McTaggart,
Cassidy Maidment, Cassandra Patterson
Third row: Olivia Hwang, Celine Richardson, Josie Feltham, Katie Hastings
Van, Paige Hastings Van, Sarah Gage
Missing: Alanna Flom, Simran Roopra



Hockey

Prep Team

First Row: Stacie Kashuba, Tori Williams, Kristin Cockerill, Katie Wilson, Caitlin MacDonald, Regan Boulton, Brittany Hergesheimer, Christine Bestland, Erika Thunder
Second Row: Coach Hayward, Coach Rebeck, Jasmine Levesque, Sydney Burghardt, Michelle Rebeck, Ashley Rowe, Tess Dusik, Tatiana Rafter, Emily McKnight, Michelle Pawluk, Jordyn Hrehirchuk, Meghan Dufault, Coach MacDonald, Coach Hammond

High School

Front Row: Ashley Fredette, Abby Ryplanski, Sara Barnabe, Dawn Johnson, Laura Beggs, Hannah Shiffman
Second Row: Coach Williams, Katie Hoffmann, Ericka Muller Moran, Elise MacDonald, Cailey Hay, Sam Dame, Coach Cook
Missing: Breanne Fredette, Carlee Wilson, Chantal Lischynski, Jacklyn Prendiville, Lexi Giesbrecht, Maddie Stewart, Sam Black, Toria Rankin Friesen

Soccer

First row: Alex Martin, Natasha Cobb, Julie Yan, Carlee Wilson, Emily McKnight, Regan Boulton, Tori Williams, Marikka Lee, Jasmine Levesque,
Second row: Coach Jordan, Sydney Burghardt, Alex DePape, Valerie Beynon, Tatiana Rafter, Michelle Pawluk, Michelle Rebeck, Elizabeth White, Carleigh Balciunas, Michelle McFadden, Katie Hoffmann, Sarah Scott, Talia Glodjo, Talia Joundi, Erica Siddall, Rachele Bosc, Coach Akerstream

Golf

Emily Campbell, Hannah Johnson, Breanne Fredette, Ashley Fredette

Dragon Boat

First row: Kristin Cockerill, Tori Williams, Maddie Stewart, Carmen Provinciano, Jacklyn Prendiville, Julie Clark

Second Row: Tess Dusik, Michelle Rebeck, Jasmine Levesque, Michelle Pawluk, Ceci Bilbatua, Talia Joundi, Erica Siddall, Sam Black, Alex Olley, Miranda Thorne, Rachele Bosc, Talia Glodjo

Missing: Tatiana Rafter, Regan Boulton, Sydney Burghardt, Carlee Wilson, Christine Harms

Ultimate Frisbee

First row: Ceci Bilbatua, Emily Livingston, Chloe Vickar, Megan Clarke, Coach Moore, Maddie Stewart

Second row: Julie Clark, Drew Evenson, Layla Freig, Amanda Kaufmann, Katie Eva, Nikky Joyce, Jacklyn Prendiville, McKenzie Trann

Third Row: Coach Williams, Coach McElrae, Kate Bouchard, Hannah Scott, Kayla Fernandes, Carmen Provinciano, Tara Campbell

Missing: Coach Cook, Allison Kowalchuk, Brittany Simmons, Elizabeth Pappas, Hannah Shiffman, Kamal Dhillon, Rachele Bosc, Talia Joundi

Curling

First row: Jessica Lu, Zelda Bravo, Rachele Bosc, Angel Vadgama, Isabelle Anderson Gregoire

Second row: Julie Clark, Christie Branton, Angela Reimer, Sarah Scott, Coach Fulton

Missing: Miranda Thorne, Marianne Wei, Talia Glodjo, Valerie Beynon

Badminton

Senior School

First row: Regan Boulton, Meghan Dufault, Tori Williams, Christine Bestland

Second row: Elizabeth Pappas, Kate Bouchard, Coach Kerr

Missing: Danica Avery, Jessie Drews, Layla Freig, Sena Lam, Tatiana Rafter, Tess Dusik

Middle School

First row: Sophia Buller-Courage

Second row: Claudia Porras, Lea Chowdhury, Nicky DePape, Alex Trann, Jaclyn Flom, Bryanna Sherbo

Third row: Grecia Almada, Michelle Prendiville, Leah Bernhardt, Kady Evanyshyn, Miranda Baran, Jessie McTaggart, Sarah Gage

Fourth row: Michelle Daeninck, Coach McElrea, Ella Thomson, Kaitlyn Scott, Josie Feltham, Katie Hastings Van, Paige Hastings Van, Kathleen Kopp, Hannah McKenna, Alex Turner

Missing: Simran Roopra, Kailey Schur

Track and Field

Middle School

First row: Katie Hastings Van, Alex Trann, Sophia Buller Courage, Lea Chowdhury, Nicky DePape, Jane Guberman, Rithikha Rajamohan, Cassidy Maidment, Bailey Robinson

Second row: Eva Downey, Hayley Cummings, Gabby Warren, Kaitlyn Scott, Emily Sikora, Julia White, Alanna Flom, Brianna Turner, Maria Jones, Paige Hastings Van, Claudia Andrea Porras Valencia, Grecia Almada Barcenas

Third row: Nika Korpesho, Jaclyn Flom, Erika Ilse, Simran Roopra, Michelle Daeninck, Natasha Comeau, Michela Picklyk-Esposito, Janelle Hill, Ali Wade, Emily Ferguson, Sam Moreau, Megan Ross, Bryanna Sherbo, Vanessa Bermisa, Hayley Stacey, Ella Thomson

Missing: Alida Hughes, Alex Banfield, Jill Hedden

Senior School

Michelle Pawluk, Tatiana Rafter, Valerie Beynon, Tess Dusik, Michelle Rebeck

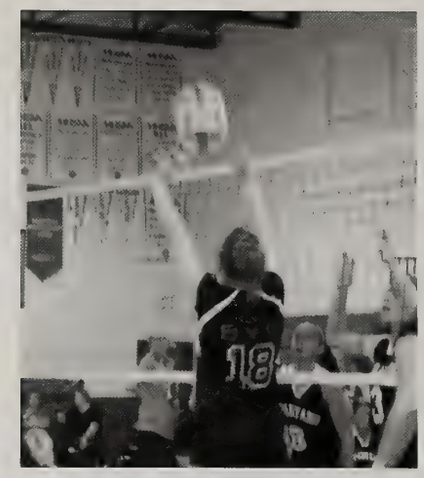
Missing: Sydney Jones, Meghan Dufault, Sam Dame, Danica Avery, Tori Williams

Cross Country

First row: McKenzie Trann, Ashley Buckle, Gabby Balog, Joanna Liu, Ali Chou

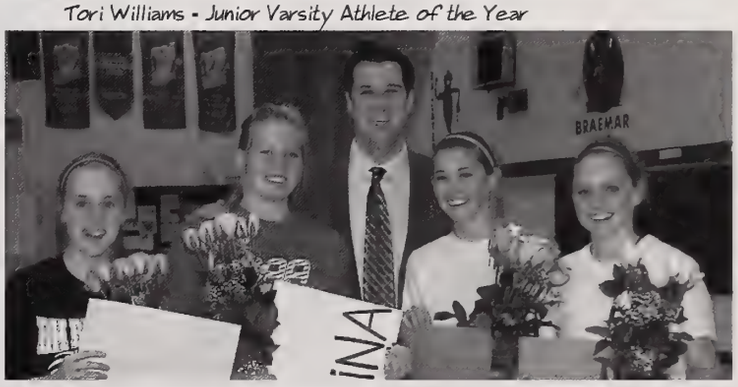
Missing: Christine Bestland, Elise MacDonald, Elizabeth Pappas, Emily Lennox, Halley MacMillan, Jasmine Levesque, Michelle Rebeck, Stephanie Enns, Tatiana Rafter

BE WINNERS!



Valerie Beynon - Graduating Athlete of the Year, Regan Boulton and Rachele Bosc - Varsity Athletes of the Year, Breanna Sherbo - Junior Athlete of the Year, Tori Williams - Junior Varsity Athlete of the Year

BE!



COLL
B.H. ARCHIVES
ACCENT
THE BYRDS
EIGHT MILES HIGH
Speaking Out
Howie
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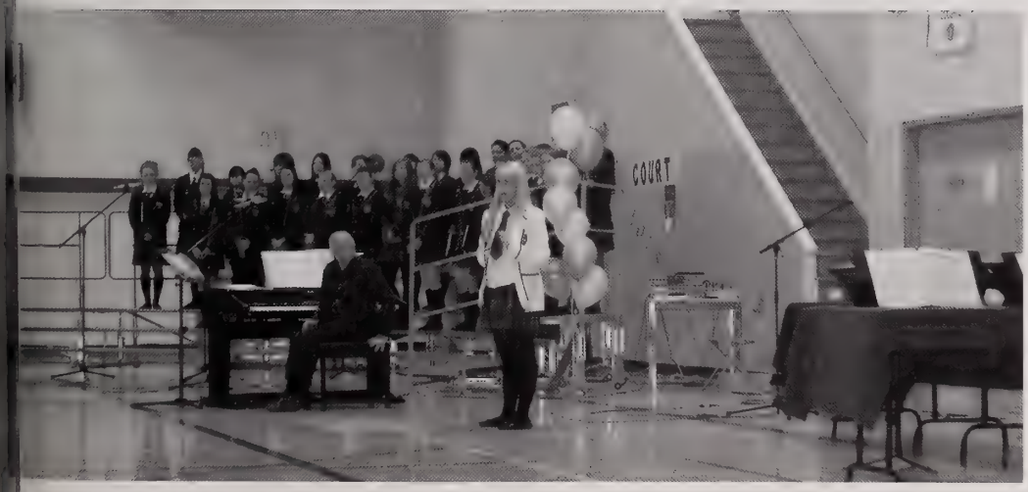
nary
MISSED YOU

Be Informed & Assertive

Ariana Meyers
Student Affairs Prefect

Debating this year has been filled with endless trips and trophies. From competing in the International Independent School Tournament, to the National Public Speaking Championships, we certainly have been busy! We also hosted two incredible tournaments, thank you to Mrs. Moeller and Mrs. Chochinov for your endless devotion to Rupert's Land and Junior Provincials. Reading the Economist and researching on the internet completely occupied our free time but has definitely paid off. To the middle school debating dominators, I am confident you will continue to challenge your opponents and win. To the senior girls, you have become sisters to me! Good luck next year. Also, an enormous thank you and hug for Mama Smith! You are our coach, Timbit supplier and second mother. Your help and support means the world to all of us and we are eternally grateful to you!
Love, Ariana



Debate Class

Isabelle Anderson-Gregoire, Ariana Meyers, Talia Glodjo, Kamal Dhillon and Mrs. Smith attended the Awards Banquet for Asper Cup, held at Gray Academy in October

Ariana Meyers, Mrs. Smith and Kamal Dhillon in Port Hope, Ontario for the International Independent School Public Speaking Competition in October

Elizabeth Pappas and Kate Bouchard, grade nine students, after their public speaking debate class presentations

This year, the debate program at our school has been especially exciting! Students throughout the year have had the chance to express themselves orally not only through debate class, but through various competitions that have been held throughout the year. The competitions that the girls have taken part in range from the International Independent Schools Public Speaking competition in Port Hope, Ontario, to our very own Balmoral Hall School Rupert's Land Tournament. Middle School has also been just as passionate in the debate program as Senior School, and debaters had the chance to visit both Toronto and Halifax for debate competitions. There are many opportunities throughout the year for the girls to express themselves and speak their minds not only competitively, but in class as well.

Laura Beggs, a grade ten student, presented an interpretive reading piece during class

Chloe Vickar, grade ten, prepared for her debate class public speaking presentation

Emily Kim, grade ten, informed the audience about the conflict between North and South Korea

Competitions

Talia Glodjo, Kamal Dhillon, Ariana Meyers, Jaclyn Flom and Kady Evanyshyn
ticipated in Balmoral Hall's Rupert's Land debate and public speaking competition

Ariana Meyers and team Manitoba at the National Debate Seminar
Ariana placed 2nd overall

mal Dhillon and Cody Anne Keith at the awards banquet for the National Debate Competition held in Regina in April

Kamal Dhillon, Isabelle Anderson-Gregoire, Talia Glodjo, Mrs. Smith, Breanne Fredette and Ariana Meyers at the St Paul's Angus Reid debate competition

mal Dhillon and Cody Anne Keith, grade ten students, qualified for the National Debate Competition held in Regina, and had the opportunity to meet young debaters from across Canada

Layla Freig, Kamal Dhillon, Katie Eva and Isabelle Anderson-Gregoire, at a public speaking competition held at St. Maurice School in September

Be Connected

Erica celebrated the special return of Alumni Betty (Holden) Buggey RLS '26 for her 100th birthday celebration

Leslie (Stoven) Sprange and Denise (Roulston) Deben BH '67 Alumnae enjoyed reuniting to share special memories
Leslie remains in Balmoral Hall as a grade 1 teacher and Denise has returned as a substitute

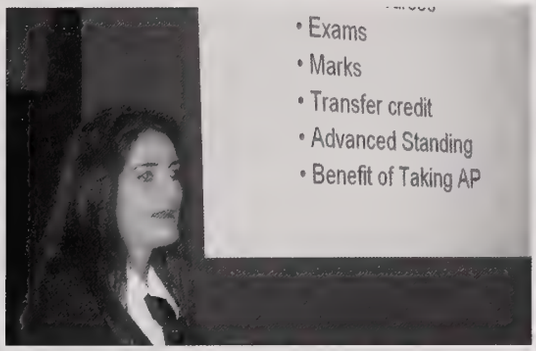
Erica Siddall
Alumnae Prefect

Hey everyone!
It's hard to believe that the year is over and that our grade 12 students are now BH's newest alumnae. I consider myself fortunate to have been your Alumnae Prefect and a part of the Student Council this year. Hopefully, you all learned something more about the amazing people and history of BH. It was a great experience for me to help organize the 1998 ten year reunion, to attend Home for the Holidays and to make a presentation about the dolls at the Doll/Alumnae Assembly. Let's not forget that we celebrated Mrs. Buggey's 100th birthday! I can't wait to plan our ten year reunion, see everyone again and open our time capsules. Thank you to Ginny Lechman for all her help and guidance this year, and to all the students for giving me this amazing opportunity. Good luck next year, and always remember...
BE connected!

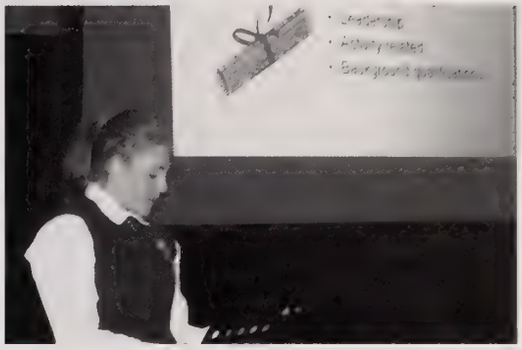
Alumnae Events

University Information Evening

Sena Lam opened up the information evening



Angela Reimer spoke eloquently about AP courses



Valerie Beynon shed light on leadership chances

Real Deal University Spiel

e Scowcroft '03 described her experiences, while Jessie Liu listened closely

Grads and alumnae were engrossed in conversation

Stephanie Lawson '08 and Alex Campbell '08 expressed their thoughts with the grads

Home for the Holidays

Stephanie Lawson '08 and nifer Dyck-Sprout '04 remembered e mentoring relationship they shared through volleyball

Roxanne Ilagan, Ms. Lechman and Robyn Zajac still think "best friends should be together and that's how it ought to be"

Katie Reynolds '04 and Vanessa Heron '04 reminisced about their high school years together

2009 Doll Assembly

udia Muller Moran '07 returned with her doll and sister Ericka looked forward to receiving hers

Meghan Rutherford, Erin Palmer and Erin's doll (both BH 2000) remembered their doll assembly

Michelle and Megan McFadden '04 ... too bad Elizabeth '01 wasn't here to see Baby Spice on this day

unicef
Life Bus
Take a ride for life!
Balmoral H
ul's High
unicef
Volunteer

Wow! The year has gone by so quickly, it's hard to believe it's already time to be writing this. With this being my sixth and final year at Balmoral Hall I'd be lying if I said it was easy but there are some great memories! Being Community Service Prefect I was able to work with an amazing group of girls on council – planning themed days, lunch hour activities and many other fun events. It was great to see everyone get so involved and excited this year! One of the most memorable things for me was planning Earth Week and seeing everyone participate in the different focus days. Not only was Earth Week a huge success but also the Girls for the Cure walk, Day of Giving and the many trips to donate blood. And who could ever forget the tab collection... I have never seen so many pop can tabs in my entire life! Even after three car rides (and getting slightly lost), 12 garbage bags and over a million pop can tabs, I still have a few strays laying around in the trunk of my car! Holding this prefect position this year was such an amazing and rewarding experience and it wouldn't have been the same without Mrs. Sheps. A big thank you goes out to you for always having such a positive attitude and making everything easy and enjoyable! It's been a memorable year and I want to thank all of you BH girls for your help and enthusiasm! You did a great job of caring for the environment and community this year and I hope you continue on with that in the years to come.

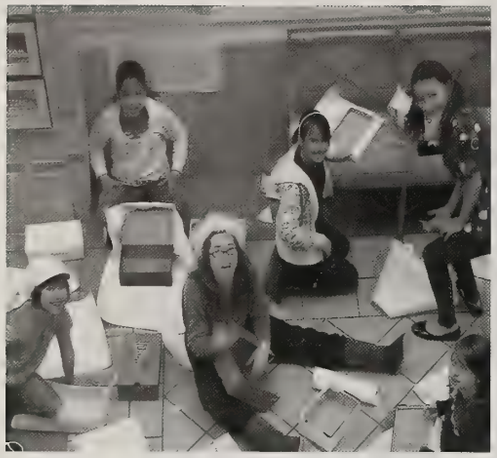
Michelle McFadden
Community Service Prefect

Zelda Bravo
Public Relations Prefect

Between my prefect affairs, meetings, and running into class with my tassels down to my ankles I cannot imagine how this year could have been any better, I loved playing with you at flex, I loved getting all dressed up in crazy outfits, and I loved getting to know you better by hanging out during spares or after school. Thank you for putting up with my awful singing, my "kilt-less" classes, my random screams, and especially my nagging about the ties.

Thanks to all my other prefects for making this year such an exciting and memorable one, you girls made it worth it.

Day of Giving



Middle School students wrapped boxes to fill with goodies to take to Misericordia Place

Middle School students gathered to deliver their gifts

Grade 8 students showed off the work that they had accomplished

This year, the "Day of Giving" was a lot of fun, but different than last year. This year, instead of using a bag and putting crafts and food in it, we took shoe boxes that everyone brought in last year. We wrapped them and decorated the wrapping paper using markers, stamps and stickers. In addition, we made cards telling the Misericordia Place residents what we will be doing over the Winter Break. We put a drink and chips, kleenex, a note pad and pen, an orange and soap in the boxes. When we were done, we got cookies and hot chocolate from the cafeteria. Together we made our way to the theatre for a presentation from Mrs. Shartal, about the history of Misericordia Place/Hospital. When we got to the Misericordia Place, we went to the different sections and delivered our gifts. We sang some carols with Mr. Quinn. It sure was a Day of Giving!

Grade 6 students took a break from their volunteer work

Marissa Woods and Ella Thomson wrapped presents together

Katie Hastings Van wrote a letter to place in her gift bag

Middle School students volunteered their time to wrap presents

Holiday Party

Zelda Bravo and new friends displayed their creations

On December 18th Mulvey School and Balmoral Hall came together to celebrate the holidays. They participated in many craft activities. Santa came to pay a visit to the students and to hand out gifts. The students enjoyed watching a juggling act as well. The children received tasty treats of hot chocolate and cookies. The hot chocolate kept everyone warm on the cold day. Everyone was delighted to partake in the festivites!

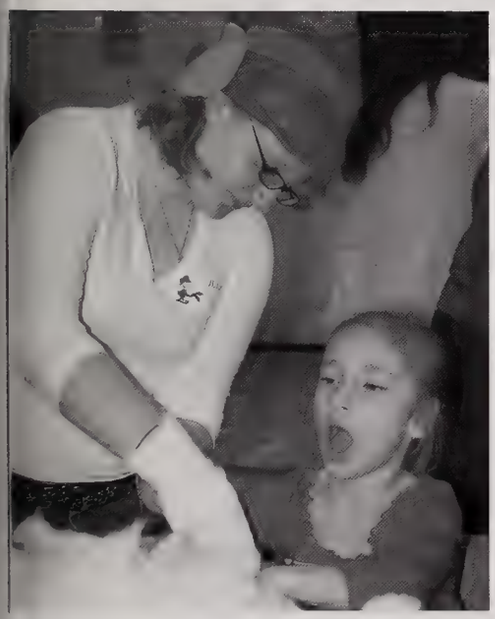
Christa helped students make snowmen

Santa's (Regan Boulton) belly shook like a bowl of jelly in front of the Christmas tree

Santa delivered presents to students

Mulvey students lined up to make crafts

Students enjoyed a jolly game of red light green light



Julie Clark helped a student stuff her snowman

Maddie Stewart and students from Mulvey School had fun doing arts and crafts

Students drank hot chocolate on their snack break

EL SALVADOR

The girls worked together to construct a safety wall

The "Students-Without-Borders" took in the natural beauty of El Salvador's Botanical Gardens

Children enthusiastically received stickers from Jane Simms

Children from the village enjoyed playing with their new friends

The girls took a break to go hiking on Mount San Salvador

All of the participants from "Students-Without-Borders" gathered on their last day in Loma Linda to say goodbye

Everyone assisted with the assembly line for the safety wall

Donated school supplies were delivered to a local school

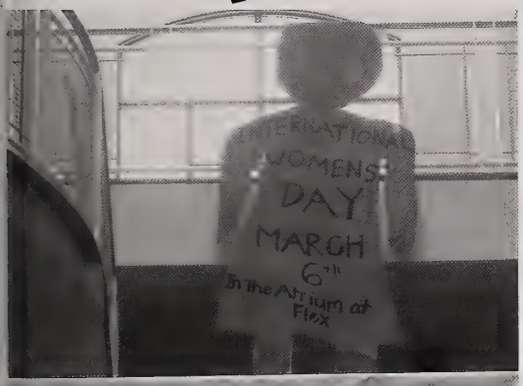
Chantol Thompson lent a hand with the building of the wall to protect the kids from rising river waters

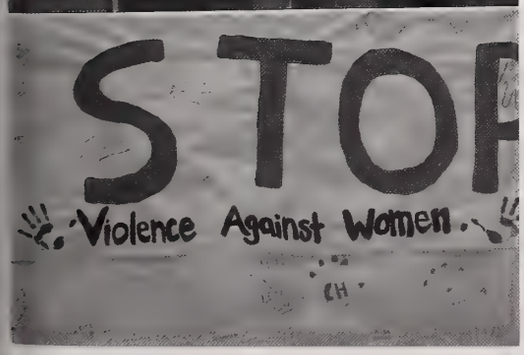
Everyone pitched in to help with the construction of the wall

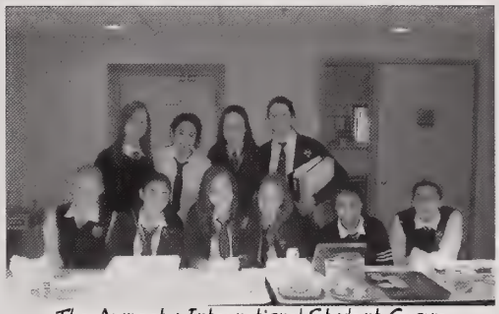
YIP

This year in YIP our mission statement was "To make a change big or small, by appreciating our city and providing a younger outlook to help our community reach its fullest potential". Thirty eager YIPpers from grades 10-12 met during every Flex period on day seven and divided into different value groups ranging from animal welfare and healthcare to addictions and woman and children. Students then researched local charitable organizations and arranged site visits to learn more about them and their needs. On the site visits we learned all about the great work that they do to help the community and in what ways we could help them. We had a total of $5389.00 to grant to various charitable organizations through the Winnipeg Foundation. At our YIP meeting before spring break we all gathered in Mrs. Shyka's classroom to share our experiences from the site visits we made and to decide who would receive money, how much, and for what. We made grants to a variety of deserving organizations with a wide range of needs; such as new mattresses and bedding, snacks, vacuums, optometry equipment, clothing, transit tickets and programs, camping equipment and supplies, kennels and veterinary bills, and to send children to camp. This year we learned a lot about our community and great organizations to get involved with, it was a very successful year with a lot of hard work done, good job girls! Special thanks to our teacher advisor, Mrs. Shyka for all of her hard work, dedication, and guidance throughout the year. Michelle McFadden, Student Chair, Youth in Philanthropy

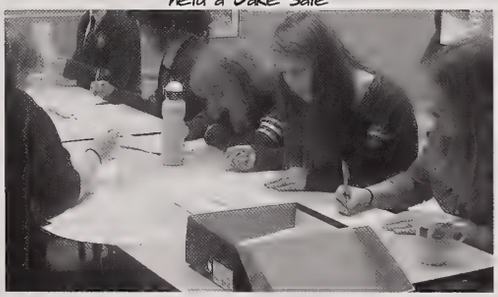
Amnesty International





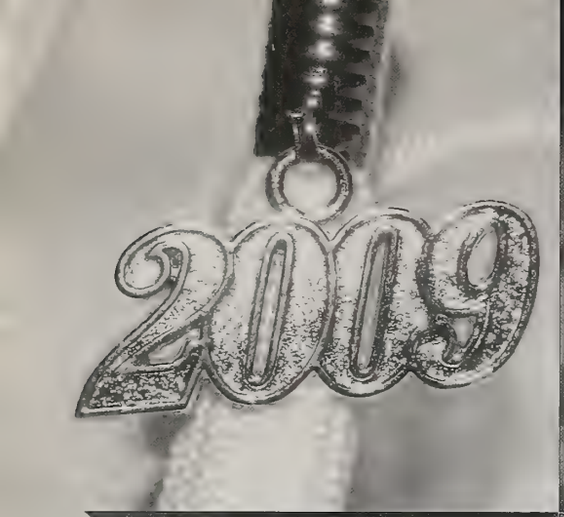


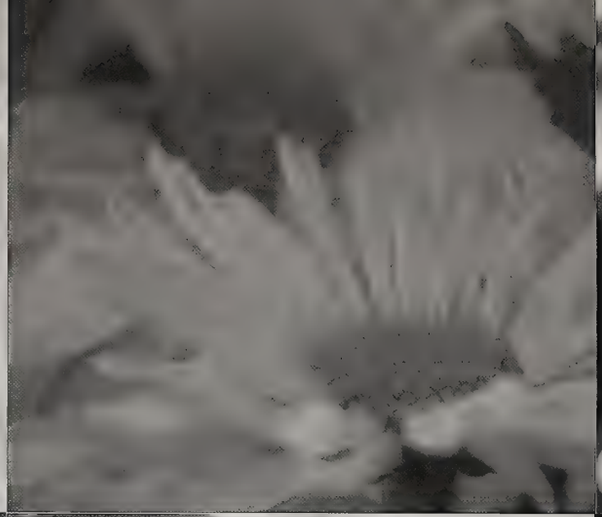
The Amnesty International Student Group held a Bake Sale

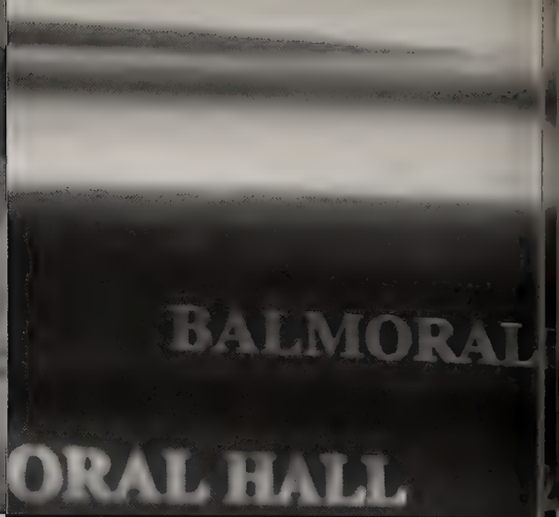


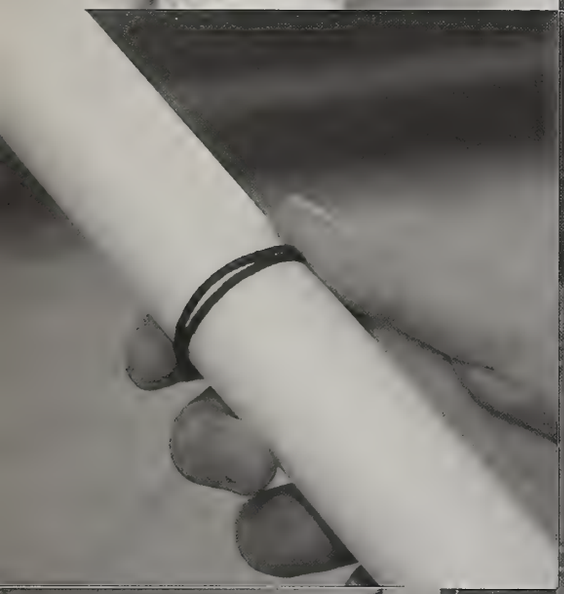
Staff and students wrote to different officials in order to expose the truth about Women's Rights

Jacklyn Prendiville, Alex Martin, Talia Joundi and Vanessa Comeau helped host a BH Run for Rights

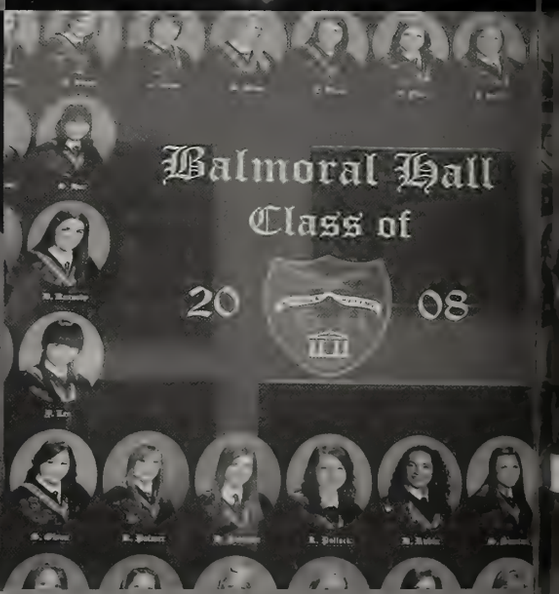

2009




BALMORAL
ORAL HALL



GRAD 2009


Balmoral Hall
Class of
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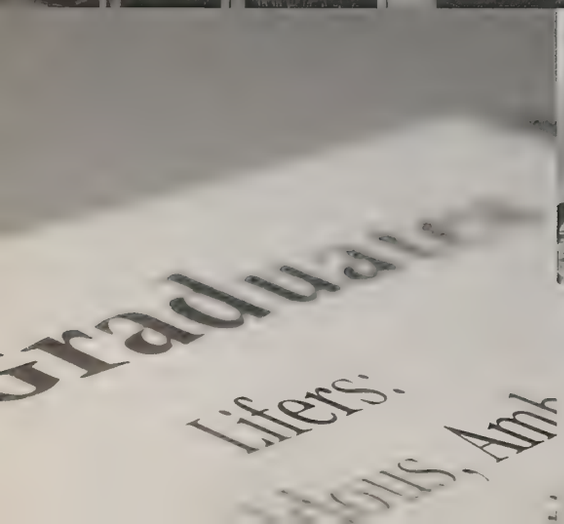
08


Graduate
Lifers.

1901–2001

Layal Abas

Hey Beautiful! You being my best friend made my high years and I know our friend ship will be a huge contribution to more years to come. I have so many amazing memories, it's crazy! I remember one day we were at your house and for some reason we were too lazy to go out so you, Siba and myself laughed and watched videos on youtube all day. "Leave Chris Crocker alone! People already don't kno ;! if he's a boy or a girl!" I'm not sure why but whenever we hang out we run into the weirdest situations. (Chris High pants). To me you are not only my best friend you're also part of my fan ily. I cannot wait for the next year; it is going to be hilarious, ridiculous and a bit awkward. So it has been five years and I love you so much! Love you, Ksenia

Yasmine Attiyat

O Yasmine! We have definitely had a great share of fights but you have always had a special place in my heart. You are great don't ever forget that. You are a really goofy person and always so fun to be around! You can take a boring night and turn it into the best night ever. I'm so happy that were going to U of W together! They better get ready for us ;) Although we haven't always been the best of friends, you are my best friend and thanks for always being there for me. I love our long talks at starbucks, and even though I'm super sad you know exactly how to make me smile and feel better. I'm really happy we became close this year because you're a great person and I love every-thing about you! I love you babe J Elle

Valerie Beynon

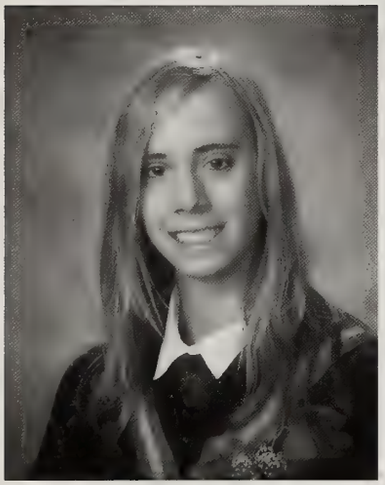
Valerie, we've all been friends for practically a lifetime, but we really became close at Ren Fest in grade eight! As soon as you decided to make macaroni in the bathtub, we knew you were a genius and we just had to be friends! Your genius continued to benefit all of us as we called you every weekend begging for AP chem help. You're also a crazy athlete and we've both had tons of fun with you in soccer and of course, the best Scottish sport on earth, curling!! Now, I know you're jealous of our skills, but the best part was just embarrassing ourselves. From our beautiful "Eye of the Tiger" display to our two day adventure out to Morris when some of us got lost on the way! We'll both miss seeing your smiling face at 6:30 every morning, and we know you'll be amazing in engineering next year! Love Sarah and Angie

Rachele Bosc

Hey Girl! I had such a great year getting to know you, us being the Grade 12 rookies and all; I don't know what I would have done without you! Spécialement quand nous étions pris aux feux de circulation pour vingt minutes! Je suis heureuse que t'étais dans la voiture avec moi alors je n'était pas la seule à crier à tue-tête. Anyways on a better note I am so excited for University next year, although it is a little creepy that you followed me to BH then U of M pretty sure you are stocking me I should tell someone but I will let it slide. Que ce soit en train de visionner CSI, étudier pour Pré-Calcul ou faire des exercices avec Dar, c'était toujours un plaisir de t'avoir à comme amie. Mais nos jours ensemble ne sont pas à leur fin...T'es chanceuse, t'as encore besoin de m'endurer pour cinq autres années! Au revoir mon amie!

Regan Boulton

Regan. Pipple. Rockpile. Rock. Blueberry. Rockpipple. Vicky Pollard. These names pretty much sum you up. You played a key role in Team 23. Well at least the 3 part. You have the heart of a champion and popcorn hats never looked so good (Nickelback). Your spirit always goes above and beyond (the M in your lower patc of hair...) and your undying love for Dean. Some important codes of your life: 2, 151, 23, DD. We will miss bean dipping you. We can honestly say that without a doubt these last two years wouldn't have been the same without you. You brought support, laughter, a huge heart, talent and craziness to our lives. We're going to miss you so much next year but we wish you the best in Quinnipiac. No matter how long we're apart, we know that when you come back it will be like you never left. Love Caitlin and Kristin.



Christie Branton

Hey Cookie!

I can not believe that we are graduating. I remember almost every moment we hav shared but I only have so much space. It was in Grade 8 when our friendship reall started to soar, all thanks to a little website called Quizilla. However I don't reall know when it came to be that we were dubbed the "Old Married Couple", with our bic ering and knowledge of each others needs. From our time at the Mini-U Leaders, the Barbie marathons, Judo practice, watching you in your dance recitals, singing in the car or Italy, I will alwa be your friend. Thank you for being there when I needed you the most and never leaving my side. I will miss yo terribly. However Dude and I WILL be showing up in Alberta to see you at school. So be prepared!! Love ya tons and always xoo Julie aka Bugaboo ;D

Zelda Bravo

(Z)Elda/Inhibitor -

So, YOUR MOM... forced us to write this message, but we don't even mind. You're always the one to put a smile on our face, make us laugh, and give us a hug - even when we don't want one. Knowing you has made us more interested in Mexicans, increased our love for road kill and improved our story-telling skills. We wish yo all the best for your return to your homeland, Mexico. Wherever you end up, we have total faith in you and whatever you choose to do. You're a great friend and we consider ourselves luck to have met you. BH would not have been the same without your jokes and constant bullying. We might have to come to you next year to find comfort in your blanket and some Dr. Seuss. We'll miss you! Keep in touch! Love, MPHWIAND, TJ and Sipplepo

Julie Clark

Bugaboo!! I can't believe that we're already graduating, before we know it we'll b seniors! Ski trip was amazing, waiting on either side of the black diamond watching Ash ski past us...Twilight with our shirts and the crazy cheering for the characters never would have thought I'd end up going to one of those things, but it was worth it. Kristi's wedding was amazing, with our awesome karaoke skills (we were the life of that party), and just hanging out at the cottage. Italy was one of the be times EVER. From the rain in Rome, to the Pope at the Vatican, all the way to our gondola ride in Venice. We've been through thick and thin, with two more family weddings on the way! Keep in touch, good luck, and kick butt! Love, Cookie P.S. How can we forget... Hatman, blow-drying shoes, breaking up with Rome, party people, yoga hugs, Orange. Love Angie

Chelsea Chimilar

My dearest singing buddy... what a time we've shared these 13 years at BH. We've made quite the memories: PAPACUT, Aikin, T-man, Brick House (dance class), "Kenora!", marching paper, CP Club, "strip-loin". Mr. Bud, how he thought I was talking to myself in some corner, when it was really us talking through the bathroom door. In all seriousness, Chels, I couldn't have asked for a better partner to go through school with. Musicals, a bad day, going for gelatos, you've always been there for me. We make quite the pair - who else could I harmonize with spontaneously?? I have been so lucky to have you as a friend, to study with, sing/perform with, eat with, travel with. Ahh there's no short way to summarize our friendship... so we'll just have to stay in touch! You're a beautiful person, and I know you will succeed in everything you do. BA BOOM! Ashley

Kristin Cockerill

FriChickenisha.. where to start, we've had so many good times together, the ways the 3 of us have found to entertain ourselves over the last few years go beyond most, from you finding us a good quiet place to sleep.. futons and fan and for a good pizza pop at 2 am. Your shower is probably the best part of your house, you ALWAYS smell good (we know the boy with the ugly shorts appreciates that), you're an excellent cook (bean dip), and you have a beautiful bin. To sum it up we couldn't ask for a better friend. I'm going to miss you so much next year, I will never forget all our good times.. Love Regan Anne Rotten Bin Bacon. Thank you for being there for me the last 3 years and I'm so excited for the next 5... Love Caitlin. Team 23 Forever! <3

Vanessa Comeau

Van! I just gotta start by saying that we have become SUCH good friends over the past 6 years. I know it's obvious I would say this but WHAT would I have done without you in chem and bio?! Through all of the drama that went on in our grade, we always were able to stay close. I still remember when you wrote "don't die" in my yearbook before AC hahaha. All of our studying sessions (/cookie sessions) have made me realize how much I'm going to miss you next year. I KNOW you will never find anyone to make fun of the words you say wrong like I do. I can definitely say that you are one of my best friends and I know we will stay friends forever! I reeeeeally hope we can still have a good study sesh or two next year!
I LOVE YOU!! XOXO Jess

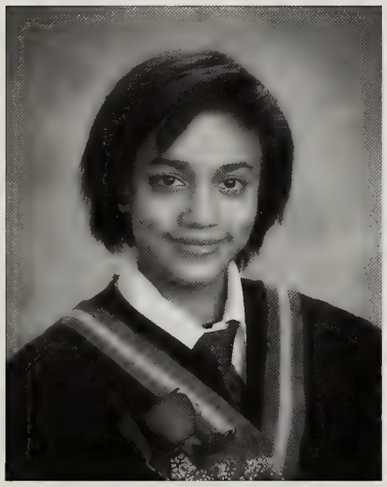
Jessie Drews

Attention! You big baby!

Danger,m you are one of the coolest kids i have ever met, i remember when i first met you and i knew we'd be close friends. last halloween was one to remember, how much did you love walking miles and miles down wellington to the jewish center. your version of run to the hills is the best one i've heard in ages, i'm thinking it's gonna go down in the rockband hall of fame. osbourne trips with you are the funnest, I enjoy walking the bridge and trying to hold down our kilts at the same time. AGENT SCULLY SAYS "I CONCUR". You're one of those friends that are one of a kind Jessie, we hope you know that. you always tell me when i'm being an idiot and you always offered a shoulder for me to cry on, which was often, we'll miss you jessmiester, and so will richard simmons cousin, RICHARD SIMMONS. love always and forever, kayduh and amandork.

Drew Evenson

Drew, Drewy, Drew Barrymore, princess, haggadist B in Winnipeg
It's finally here, the moments we have been waiting for. The past few years have flown by, I'm trying to think of some of the best moments but they are all a blur because there is far too many. Dylan and I have had like crushes on each other since Kelvin Grad, you're so grossy, tcby and sushi, wedding crashers, shawty you like da may long weekend, I just like want to like lock myself in my room forever and jus like disappear and listen to Bon Iver, gum and tea diet, guys tell me I'm hot, I know I'm hot, (and finally) LIKE... You'll do great next year, we must keep in touch. Best of Luck, Winnipeg will miss your hilarious self.
Much Love, LS<3



Kayla Fernandes

PRICE CHECK! Oh hey there! We've had so many good times together Kay-duh! Like when we went to Bad Religion and old creepy men were everywhere, and playing puzzle farter every trans class! Not to mention the mass amount of high-wasted pants you own that we tease you about. Or perhaps Robert Jackson, wasn't that a good time! Not to mention our undeniable love for yellow and matching sweaters. But we don't like some parties. We are the outcasts of BH, the black spots on society. That's just how we roll! No matter what happens we gotta stick together boys. We love you Kayla! You're always changing and there is never a dull moment with you. Best friends for life! We'll always be here. All you need is love! xoxo Jessie and Amanda

Ashley Fredette

Dear Ashley,
It's been a long trek, but it looks like the road has finally come to an end for the dynamic duo... What will I do when we are no longer joined at the hip? (as Ms. Cooper would say!) I've enjoyed spending every minute with you... from singing harmonies, to those wild dance leaps (don't bend your back leg Ash!), loosing it over T-Man's rake, visiting Aikin, and of course founding our very own CP Club! Our friendship has grown over the years and our memories will last forever! She's a BRICK... (you know the rest!) I hear that CMU has a stellar marching program... and the best part... they're looking for a new bass drummer! BOOM-BOOM! I'll miss our performances together and the laughs we've shared. Thanks for alway being by my side, I couldn't have done it without you! Love Chels (your singing buddy xoxo!)

Leanne Glass

Dear Leanne Rachel Glass,
From the beginning of our years at BH together, we've been through a lot while making countless memories! Never forget the times we spent taking endless amount of photos of ourselves jumping in the air for a picture perfect moment. We definite have some of our greatest memories in bio I'm going to kick you in the ovaries kundumani! I can't believe high school has gone by so quickly and now we've reached the point where we are suppose to be a couple of "fine young women," hard to believe eh? Don't you worry though because deep down we're a couple of crazy girls who will always know how to have fun even when we star to sag and even then we'll still be able to glide in our 5 inch stilettos! The times we've spent together are priceless and we'll miss you more than ever. Love always Sena & Sinthu

Talia Glodjo

Glodje Glodje...voluptuous peach. I knew we were destined to be friends that day when you thoughtfully picked up my pen in Dr. D's class, TALIA LOOK LOOK...it's a fish. I think we've matured a lot since then, I mean who doesn't cruise through Assinboine Park at night with the brights on, blaring the Lion King soundtrack? Whether we were doing the electric feel strut through your kitchen or making friends with the birds at Petland, it always ended up with hours of laughing and minimal Geo studying! You are officially the only person I know who requests tables close to the windowsill to fit five course meals, and shows up on my doorstep with a hammer, giant teddy bear, or fishbowl, although I have to thank you for these insightful changes to my room's décor, especially the infamous McNugget. Don't forget that I have never failed to answer calls from North Carolina and if you're ever feeling down, just whip out your joyous "So What" dance – just don't crash your car while you're driving with your knees! Sweet beans, love pants

Jessica Goldberg

Jess,

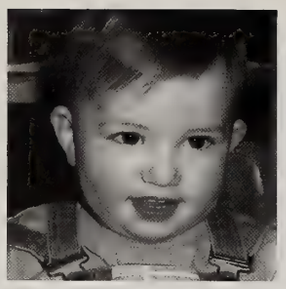
My lab partner, my study-buddy and, most importantly, my friend. You have always been compassionate, caring, honest and easy to talk to. I know I can count on you for anything. From the Renaissance Festival to Washington to yoga class to your trampoline we've stuck together through everything. You've always been there whether I needed someone to talk to, laugh with or study for all our AP exams! Thanks for taking AP bio and chem with me, I doubt I would have survived without you. Do you remember making apple pancakes, the owl and mouse lab, when the daphnia gave birth, playing with Lulu and Jackson and of course your mom's delicious cookies? You're one of the few people that I can say I have been friends with since grade 7 and I know our friendship won't end here! Thank you for everything and good luck next year! Go with love, go with peace, namaste. Love always, Vanessa

Brittany Hergesheimer

Hergalicious definition makes them all go loco. It's got chocolate on the outside and chocolate on the inside so it's like a chocolate bar but it's not; it's a granola bar... OHHHHHHH. You're the only person we've ever seen concuss themselves by skating (without help) into the boards head first. Thanks to in-depth discussions in chem we now know the process of inventing words. "PPP-EEEEE-NNNN-CCCC-IIIIIII-LLLL, ohhhhhhhh! Pencil!" Your finest moment involved window down, head hanging out, McDonalds in hand, on the way back to school after our team wind up party. Over the last two years some of our funniest memories definitely included you. Hard-working, driven, ambitious, brilliant, gorgeous and a great personality are only a few of the great qualities you have that Boston is lucky to obtain from you next year. We will miss you so much, good luck next year. Love Caitlin and Kristin.

Katrina Hoffmann

First of all, thank you for saving Zelda's life in every single class, for hitting amazing steps and other weird hand symbol plays, for sharing in Erica's love of country music, for being Zelda's first friend at BH (even though she is Mexican), for putting up with our obsessive hugs, for sharing 11, for being the most sarcastic person we've ever met, for being as indecisive as Talia, for singing with Zelda, for having the best facial expressions, for the square notes from grade 10, for having the best slippers... and for LOVING your life. You are unbelievably kind and are always there to brighten up our day – even your grumpy face can do the job. Even though we're graduating, this is just the beginning of many more adventures. "Will you succeed? Yes you will indeed! 98 and three quarters o\° guaranteed. Kid, you'll move mountains." Love, Your Mexican FC, Erica, and Tal



Jordyn Hrehirchuk

Jordyn... Well for starters, WE MADE IT! haha. safe to say we survived a year at BH and are graduating! Quite a year it's been at that. From our extra scheduled trainning sessions with Dar, to the countless hours spent in math class with Miss Bailey...enough said! It's been an unforgetable year and one that I most definitely will never regret. When thinking back on our year at BH, it brings a smile to my face to remember the very pleasant rides you gave me, where I found a new use for a scarf. haha. Needless to say, I am so thankful that I got to know you Chuck. We became great friends and now it thrills me to be able to play along your side next year. You are absolutely amazing, your so hard working, so sweet, and you will be GREAT at anything you try. And hey, at least now we can die together in workouts at U of M. haha
Love you! - Bosc

Elsemarie Jacobs

From the smart brunette to the smrte blonde, I would just like to say you rock my socks. You made these last four years amazing, we have so many memories to look back on. Every time I see my binders I laugh at the random words that no one else would understand. I love the nickname you made up for me, Cha Cha, so helpful when people can't pronounce my name. This is so sad writing this because we're no longer going to see each other everyday or sit beside each other making class more exciting. No more doodle drawings. Can't wait to plan our trip to South Africa together. Love Charissa

Talia Joundi

Talia- We've come a long way since our days of kicking bags and monkey-b. Actually, have we? We still run in thunderstorms and invent silly dances ("from the locker to the open..."). You've made BH unforgettable. I've learned so much from you. You are the most inspiring study partner (skits), school captain (MS, SS) and leader, the funniest story-teller (musical and real life), the most supportive teammate, possibly the worst show-runner and kayaker (1221211... jeez), but definitely the best dragonboat partner, driver (fog or not), listener and friend I've ever known. You make the world a better place. I mean, your heart is even bigger than your appetite - so how could you not? We do everything at the same time, but we'll never be "friends for too long". I look forward to more years of ridiculous immaturity with you... UR2GR82B4G010! With much love, now and forever,
Your best friend - Erica

Stacie Kashuba

Stacie Kashuba, Nighthawk, El diablo,
I don't think I would have survived this year without you. It seems like even when we have nothing to do, we find something to do, you're literally, my partner in crime. I'll never forget your quotes- "I like you, not a lot, but enough" or the time I "ran away" and you found me. Our lunch time trips to my house to make "booster juice" or our trips to petland and getting attacked by hamsters. Going to cowboys and threatening the girl that your dad's a cop and we would call him and of course, the booty box. Playing the "one shot game" before practice and always letting me wear your gear to practice my tendy skillZ. We've had so many good times and I don't know what I'll do next year without you.
Never forget to "Alert the Flock" -Katie Wilson, Dragon, Magic man

Amanda Kaufmann

We'll start with our favourite quotes from you: "ew", "why are you dressed like that?", "uuueeeeuugh", "we love", and "why is it talking?". You are horrible. Just kidding, we love you! Remember eyeless man on new years, and George and Em's. ... by Robert Jackson? We love how awkward you are. Remember when I made you hot for your grad pics? You didn't look pleased. You were also not pleased when I took you to parties and we were stuck outside in -50 weather! AMANDA. IS. SUPERBAD! And playing rock band at your house, and Jessie singing 'Run To The Hills' so magically. Remember Halloween 07' when you forced us to walk across the world to go see Ilana? We love your life. We don't love your greasy BF. But we're going to marry Matt so we'll be sisters. We're done now. Love you! xoxo Kayla and Jessie

Eun Jin Kwak

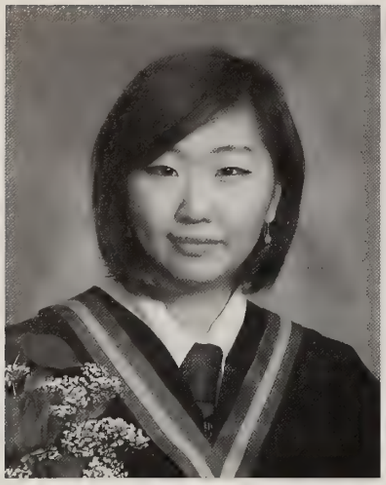
Heyyyy Wan Jan ni ! We will never forget the years that we have spent together. It was truly a good time ! You have always been a great friend and when I needed you, you were there. I cannot believe it is already been two years since I have known you, I can still clearly remember the first time I saw you in the "crazy arcade", your ID was Nal Eu Nuen Chicken, right ? it was so funny. EJ, you were such a kind, an awesome and dependable person who cares about everyone and has enthusiasm at every works. You remember your birthday and my birthday for last year. It was so funny! And I feel so sorry for you that you are going to girls' university again!!!! But don't worry I am pretty sure that a prince (like Kim Bum, Jang woo dong..... Etc.heheheh) will appear for you. Good luck in the future with whatever you intend to do and come to Busan to visit me. Okay??okay ???love you so much !! I am going to miss u so much. I miss you already... I should go to your room right now~ haha. Good Luck !!

Sena Lam

Sena, Slam, Lamchop & Sena why chew Lam?
Those were the days when you were just a newbie at BH,
look at you now, a prefect! You did it! You lived the "BH Dream"!
OH our little dumpling! Sena your badminton skills are mad insane. No matter how hard you tried you could never get any of us to play with you on the BH team... sorry. You have an infectious laugh that makes everyone smile. Your big beautiful heart is something we all have managed to find comfort in! We will miss our sushi dates and hearing you ask for things to be repeated! You take a part of our hearts with you when you leave. Promise us you'll always remember: you are braver then you believe, and stronger then you seem, and smarter then you think.
"SSSssshhh SSsshh Ssh, I'm Busy! " Love always, LG SN

Ghaeun (Christa) Lee

Hey.. my dearest roommate & friend. I can't believe we have been living together for almost 10 months. You are such a special girl among all my friends. When every time, you see something that you don't like or you think is unfair, you don't complain. You will just be silent and do it all by yourself. I can see it in many cases. And, by the way, thank you so much for waking me up everyday in the early morning last year. Seriously, without you, I don't think I would have passed Toefl. You are a smart, kind and diligent girl. You do so well on every single academic, which I admire you the most. Every subject, you work so hard to meet your goal. You have good time management. I always see you plan everything that you have to do that day in the morning. I hope I could be that organized. hee hee... Oh, thank you for being my "FREE" math, physics and English tutor. I am so glad that I can get your "FREE" help for almost every subject this year. It seems like you are a certified teacher. Everything you told me is totally reliable. Thank you for enduring me for 9 months. You are released now!! I will never forget you and I will miss you so much. Love you Chista" JoJo 09



Hwa Jin (Erica) Lee

Erica unni! It's me, EJJ so...I'm now in the Mini lab writing this message...and... it's...2:09! I have an hour and 21minutes to do this...Okay good...Let me start wit the first day we met. I gave you a tour when you first visited BH and then half a year later, I saw you again in Rez. I don't remember how we introduced ourselves and became friends but I remember you were wearing an orange hoodie! Anyway, w spent almost 480 days (I just calculated!) together and many things have happened. I can't think of any ONE particular day because everyday we spent together was so fun! I can't believe that in few days, you won't be my next door neighbor and classmate. I will miss you ...but I won't cry cause on I think of you, I will laugh rather than cry. Thank you for being wonderful unni. See you in Korea!

Chia Chun (Joanna) Liu

Jojo Banana! What should I do without you next year! That would be a banana only with its peel; how horrible is that?! You cannot ever imagine how much I have learnt about myself and my life from time spent with you; your love towards your grandparents and passion for sports have amazed me. Do you remember how exhausted I was? You believed in me when I couldn't even trust myself; your faith in has given me the confidence to start a new life in America. I will remember everything that I have shared with you: our Thanksgiving breakfast in the common room at 6 a.m., a breakout fro residence for Stella's, and our innumerable girls' talks in our room. Jojo! My number one (with my Ji-sub-A) love you and will miss you lots. From Christa to the others but the only Chista to my Jojo.

Caitlin MacDonald

Once upon a time Randy and Jane had a baby. Her name was Caitlin and she was smart. So smart that her parents put her into school at age 4. From there she joined many teams including team 23. She was a very caring friend and always made sure Kristin had 2 pairs of pants and 3 pairs of socks on before bed and th Regan's face was coloured blue. A hard worker, she was always running from o thing to the next. Ok enough story! Caitlin, you wear your heart on your sleeve and would do anything for your friends. You're amazing, talented and adventurous. Wanting to drive to Hawaii, countess travel days together and all the good times will not be forgotten. Water is a beverage?. OHHHHHH! Love Rockpile Piddle I'm going to miss you so much next year. And what would I do without you Probably freeze to death! Love Kristin.

Charissa MacLeod

You are great my dear! I remember the first year that I met you when we were both newbies at BH J The first year you were barely at school with all your gy nastics and then the next 3 years I was barely at school! We've had great time together and have always gotten along. I'm always there in class to check your spelling or to laugh at you for the way you spell certain stuff for example SHI DAY! Hehe you've always been there for me and always knew how to cheer me up! U of M better watch out for you!! I'm going to miss seeing you every morning but I know we will alwa stay in touch! I love you babe. Elle

Michelle McFadden

Michelle, Elma, McFadden,
Its been quite a memorable ride at BH but because of you I've laughed till I cried and have loved every moment. As a pair we represent one word...trouble. Big trouble! You're my partner in crime. We've laughed about mother-in-law stories, debate drama, Chamois Car Wash, 100 almost car accidents and my white dress addiction. We've spent every last penny, maxed credit cards and called Babcha from Danier. Food is our weakness with constant sushi runs, late night McDonalds, endless Starbucks and the legendary Pony Corral. You're my assistant chef, with our specialty heart shaped grilled cheese, cookies and brownies. I can honestly say that without you my time at BH wouldn't have been the same. Thank you for the laughter, tears, hugs and incredible memories. I'll miss you so much next year! Watch out Dalhousie, they'll never know what hit em. Love, Ariana

Ariana Meyers

Ariana, I can honestly say I couldn't have made it through this year without you! Our crazy antics have left me with endless happy memories of our final year at BH - from our plans for Babcha's birthday, spying in your jeep and our Valentine's Day preparations gone terribly wrong, to our many (unnecessary) shopping sprees, sushi runs and most importantly the "drives of shame" (and frustration) to the Chamois - there has never been a dull moment! As we step into the future remember, true friendship isn't about being inseparable. It's about being separated and nothing changes. Even though we will be a couple hundred miles apart in September just remember I'm only a phone call (or two plane rides away)! You'll do great things and know that I'm behind you 100% of the way. I'm going to miss you like crazy next year! Love always, McFadden

Tiffany Mok

MOK MOMO, hahaha. Actually your name is MOK Hiuyan, <I remember how to spell it, YEAH~~~>. But I like to call you Momomo more even though I know your know is Tiffany. Finally!! We are ready to grad la...Do you remember how we became friends two years ago? I still remember it :D Two years already la, we have gone shopping, having dinner, and hanging out together... I think that is the best time when I am in BH... I also will remember that we learnt how to get bus together, I believe that might be the hardest WORK for us, right?! Hahaha. We are going to university next year as well. We probably cannot often meet each other, but it does not matter. I will go to HK for visiting you in summer la :] Don't forget me at that time =D You know what, I am so happy that I became close friend with you...Let's keep in touch, my best FRIEND! Melissa Xiao

Sinthuja Navaretnam

It's been an interesting ride through our high school years together. So many journeys to New York, Chicago, and I think you would agree with us, many fun ski trips? Just a small reminder, always hold on when on a ski lift? ... You learned that the hard way! Remember El Salvador? We missed you so much, but we welcomed the new you, the PURPLE you! "OMG, is that the STARBUCKS we Always go to?!" You have grown into such a responsible young woman seeing how you haven't had detention in what...Almost two years!? We know you despise the "peg" but we are so happy you came and stayed for as long as you did." Mrs. Shyka, can you actually kick someone in the ovaries?!" Our BEAUTIFUL brown town girl, what would we have done without you? Take us with you wherever you go. Love you always! LG & SL

Ksenia Ogolikhina

Hi gorgeous! So we finish high school in a matter of days and I cannot wait to start university together in the fall. I will always cherish our memories together since the moment we met four years ago. From the many phases with our appearance, boys and high school drama throughout the years our friendship has stayed strong. I love our long conversations and countless laughing moments. Never forget our nights out together, the many people we have met along the way, and how the weirdest things always happened to us! :)You are my best friend and my life would not be complete without you. I once heard you say "Laugh as much as you breathe and love as long as you live." You are an amazing person and I will miss seeing you everyday. You are the craziest russian I know, I love you! Forever and Always, Layal.

Ericka Rankin Friesen

Ericka -
It's hard to believe that it's already been six years since we've met each other. There are absolutely no words to tell you how happy we are to have you in our lives: You are really an amazing person and you have touched our lives more than you may realize. We hope that when you look back on your years at BH, you'll remember some of the great times we've shared - Santa traditions, lots of food, making Talia "be a tiger", games of chase and rule books about Eric(k)anoo. We are both better people because of you. You are one of the hardest working and most determined people we know, and the strength you have shown over these years leaves us speechless. We know that whatever you do in your life, you will be great. Always remember that wherever you are, we will always love you with all our hearts!
Love, Your Eric(k)an co-founders, Talia and Erica

Angela Reimer

To Pants/Wawa, You're big, bald, and 8' 113 of beautiful. Your angry hairs, cat, 2 armpits, and left boat have given us so much joy; even though -GROBAN!? we have only been friends for 3 months, it feels like -PUNJABI?! 6 years. First, you're welcome. For Sir McNugget Efron III, Puut-Puut Sunday nights, bowling alley, and 55 goats. Wait. I just figured it out. We go together like Timon and Pumbaa, Mennonites and BMWs, Mel and Grace, swings and Zelda, the rainman and the rainmanmobile, Maria and a CLOWN., a button and a house, psychic ability and tumors, baking and poker, the Cheeto and the ceiling, deserts and Latkas and, Marianne. Although you're returning to the homeland to reaffirm your faith in the lemon, know we are only a stick away. If you ever feel like just grabbing a spoon and digging a whole, know it could be worse: you Qualify to visit Dr. Greg Kokanee and I under the Maryland bridge. You don't have to end up looking like your Tree, just let Jesus Take The Wheel. In closing, Bagaak. LOCAL RADIOOOOO Love, Glodje Glodje and your little french man. P.S. Watch out for that elephant. Seriously, sleep with one eye open.

Sarah Scott

Scott-Scott, Scotty, Captain Scoots "You gotta love the Captain!" We started becoming friends in middle school where your crazy adventures began. Dance class outside. How you managed to get stuck in a tree and need a ladder to get down will always be a mystery to everyone! As for athletics, curling was always a blast every Friday night. Driving out to Morris in a snowstorm for provincials was great and playing at soccer provincials in the pouring rain. As for school we're going to miss the "VAL!!" that was always shouted across the room or gym whenever partners wer mentioned and the phone calls about the chemistry homework that was not due for weeks and then us finally answering your questions the night before it was due. We knew you got it done early so you could party later. After all you never let us forget you are a year older than us. You'll always make tons of friends where ever you go but if you ever get lonely there is always Skype. August 30th be there! Love ya Scooty McScoots! Valerie and Angie

Erica Siddall

"Pooh, there's something I need to tell you"...You have such a fierce spirit, endless supplies of compassion and integrity and the ability to make anyone around you laugh. You are the embodiment of the quote "Go hard or go, home" and beautiful -on the inside and out. Without my study buddy, these past SIX years could never have been as exciting (or embarassing) as they were. You know you've been friends for too long when you mispronounce the same words, can burst out laughing without having said a word, finish each other's sentences, or worse, say the exact same joke (always hilarious)...at the exact same time-or when you gift each other teeth molds. My favourite parties hands do !!!. are those for two (LET'S!): rocking out (knowing the words to the song is unnecessary) and obviously, with one of us driving (skills). You've taught me more than you can imagine and I know for a fact that you are going to be the inspiration of many, many more people. Thank you for being the most amazing friend. I LOVE YOU!So, 'Let go laughing' (with a camera in hand, my number on speed dial and a cute pashanka). Love, T

Gagandeep Sidhu

GAGAN! GAGAN! Where do I start we have had so many memories that I have no idea which one has been better. Like the time when we went for a walk to the forks and ended up taking pictures near the river and some random guy came over and started talking to us. "Are you guys sisters?" we answered no were just friends and he left and came back and asked "Are you guys sisters?" again and we answered no were just friends. To when we would go out and would see just some random brown guy that would just stop and stare. You have made my BH memories ones that I will never forget and I can't imagine a better friend than you. You have always been there supporting me and I hope I have done the same for you. I know you will be totally successful in anything you do and put your mind to. Love Vannie

Vanessa Singh

Oh big booty vannie ! What can I say, you're my bestest friend ever ! I have gone through so much with you it's not even funny, well it is but you catch my flow lol ! I don't know what I would do without you I mean who else would I do all the crazy stupid things we do with. Highpants ;) just thought I'd throw it in there hahah, man all we do is make fun of people. If I tried to write a book with all our insiders I don't think even 100 pages would be enough ! But seriously though, you have been there for me through all the tough times and the good times :) I love you sooo much, baaaby this friendships gonna last forever, you're stuck with me ;) Gagan

Lauren Smerchanski

Laurr! We've been through thick and very thin these past few years and it's so hard to believe this is just the beginning. From the day I came to BH I knew we would become good friends. You are so funny, beautiful and most importantly always there for me. We have so many hilarious times! May I refresh your memory? So much champagne, Mongolian gross, hash browns, hotel party? The kill list, let's have a water fight! (5 am) NO!, Smokey chicken, the winter (oh lordy) and so much more, yay! We are finally out of here, you've got your Ari Gold and I've got.... Well let's just say we've got it pretty good. I love you and promise me you will never change. Keep in touch and thank you for making my last 3 years so wonderful! Stay true, love always - Drew 'Most Haggard B In Winnipeg' Evenson XOX-OXO

Sung En (Marianne) Wei

Marianne,
What a journey it has been together here at B.H. From performing in CATS, to our frequent trips for Dim Sum, we have shared many wonderful memories. I know how much you like those chicken feet! It's a good thing you fit on the floor in the back seat when the police were there on our way to Dim Sum! Over the past few years, I have enjoyed getting to know you, and will definitely miss your sense of humour and kind nature! You have a heart of gold, and I wish you the best of luck at McGill. Thank you for cheering me on in the musicals and at my soccer games! You have been a wonderful friend, and I can't thank you enough for always being there for me!
Keep in touch...Love Always, Chelsea (Your Dim Sum buddy!)

Katie Wilson

Katie Wilson
Magic Man, Dragon. Your voice is like a mixture of Fergie and Jesus. You've been in my life for at least three years and every time we've been together we have usually been doing dumb things. From egging to our killer dance moves (do the 12, crawl crawl crawl, jab jab, and danie rand danie rand). I can't imagine life without you and not being able to see you whenever I want. Just love me more than you should cause i like you, not alot but enough. So when your away from me remember to ALERT THE FLOCK.
- Stacie

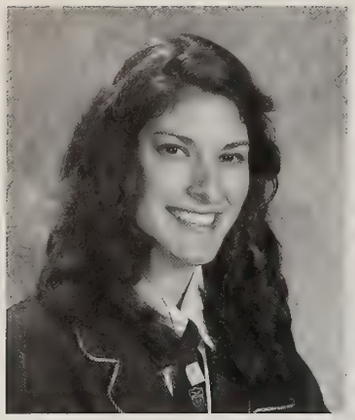
Nan (Melissa) Xiao

Hey Melissa, I met you 2 years ago, we didn't talk that much when we just met, but now we are really friends HAHA. You are going to Vancouver next year and I am going to Toronto, but we still need to keep in touch, you should come to Toronto and visit me. If I can, I will go to Vancouver and visit you too (if my mom says yes-__-you know what I mean), it seems like I just cannot go anywhere. Stay at my little lovely home-__-OMG, sounds like a child but actually I love freedom but seems like freedom is not really friends with me /__\. Anyways you are coming to HK, I hope you can stay longer, is hard to meet each other in University. Remember don't sleep too much-__-it is just horrible....don't scare your friends in SFU, and hand in your assignment HAHA (not last minute). Good luck on your university's life, talk to me on MSN=), BYE! Tiffany

"All our dreams can come true... if we have the courage to pursue them."

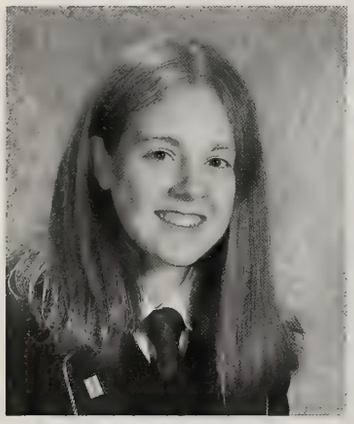
~Walt Disney

Be a Lifer



Chelsea Chimilar

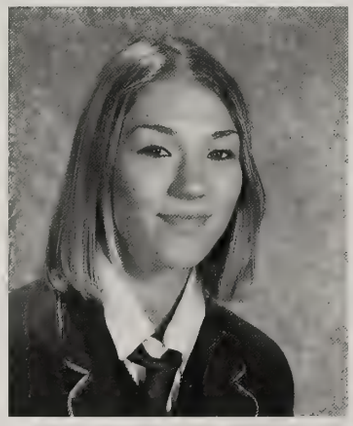
Ashley Fredette



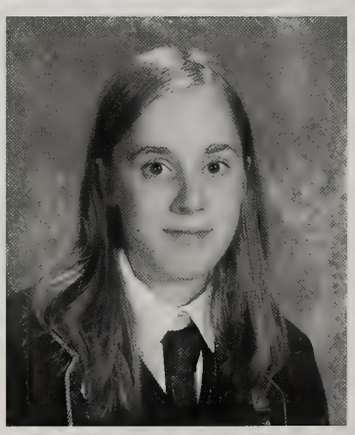
Valerie Beynon

Julie Clark

Talia Glodjo



Ericka Rankin Friesen

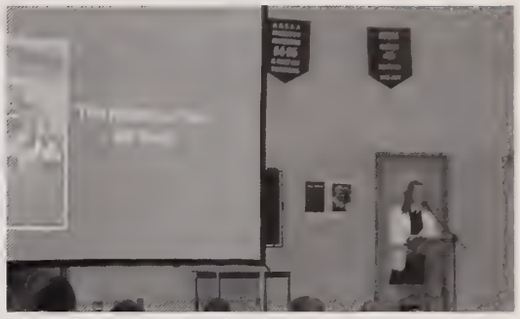


Sarah Scott

Be Unforgettable

The dolls were set up for display as everyone assembled

The grades 1-3 choir sang Shoo Fly for the grads



Erica Siddall, Alumnae Prefect, presented the history of doll making at BH

Joanna took a good look at the special care given to the creation of her doll

Brittany, Kristin, Regan, Stacie and Katie made an amusing discovery on Regan's doll

Everyone sang "Best Friends", which had a particularly special meaning that day

The grade 11 class sang "The World Waits for You" a special rendition of a Billy Joel song

After receiving their dolls, grade 12s thanked the grade 11s that put so much care into their dolls

Emily McKnight, Caitlin MacDonald and Michelle Pawluk

Friends showed off their dolls

Joanna Liu, Mrs. McDonald and Christa Lee

Grads sat on the stairs that once held their dolls

Sarah Scott with her family

Sinthu Navaretnam with sister Luxmy grade 8, and Amirtha

Katie Wilson with sister Carlee grade 11, and Marina

Jessica Goldberg and sister Stefanie, grade 11

Be Accomplished

Eun Jin, Amanda, Kayla, Erica, Jessie, Joanna, Marianne, Katie and Christa

Brittany, Katie, Drew, Sena and Ariana

Jessica, Ksenia, Layal, Leanne, Vanessa, Sena and Talia

Katie, Rachele, Mrs. Baillie, Erica, Talia Joundi and Talia Glodjo

Eileen Newman, Hannah Stinson, and Miranda Thorne won the Laura Milner White Volunteer Award

Marianne Wei was proud to accept the House Trophy for Glen Gairn

Meredith Chiu and Eva Downey won The Highland Dance Scholarship Award

Miranda Thorne was recognized for her numerous accomplishments

Chelsea Chimilar and Ashley Fredette sang Amigos Por Siempre for the grads

Marianne Wei, Chelsea Chimilar and Ashley Fredette

The graduates looked upon their family and friends

Angela Reimer and her dad

The grads prepared to toss their caps

Brittany Hergesheimer and Stacie Kashuba were excited for the ceremony

Jessie Drews, Katie Hoffmann, Kayla Fernandes and Amanda Kaufmann goofed around before the ceremony

The graduates showed off their footwear before convocation

Christa Lee won the Head of School Award among many other awards

Valerie Beynon received the Rosemary Gordon Condo Memorial Award

Mrs. Kamins handed Regan Boulton her diploma

Chelsea Chimilar

Kristin Cockerill

Julie Clark

Talia Joundi

Katie Wilson

Chelsea Chimilar, Julie Clark and Ashley Fredette walked hand in hand out of the church

The graduates tossed their caps into the air

GARDEN PARTY

Mrs. Alexander with Marianne Wei and her mother

Regan Boulton and Ms. Lechman

Zelda Bravo, Miss Koval and Katie Hoffmann

Ericka Rankin Friesen and Christine Harms

Sena, Sinthu, Leanne and Jessica

Erica Lee and Eun Jin Kwak

Michelle McFadden and family including alumnae Megan and Elizabeth

Joanna Liu and family

Mrs. Gariepy and Rachele Bosc

Vanessa Comeau and family

Kaitlyn Drews, Mrs. Green and Jessie Drews

Layal Abas and Miss Kirk

Ariana Meyers and Michelle McFadden

Vanessa, Gagan and Sinthu

Julie Clark and Mrs. Steek

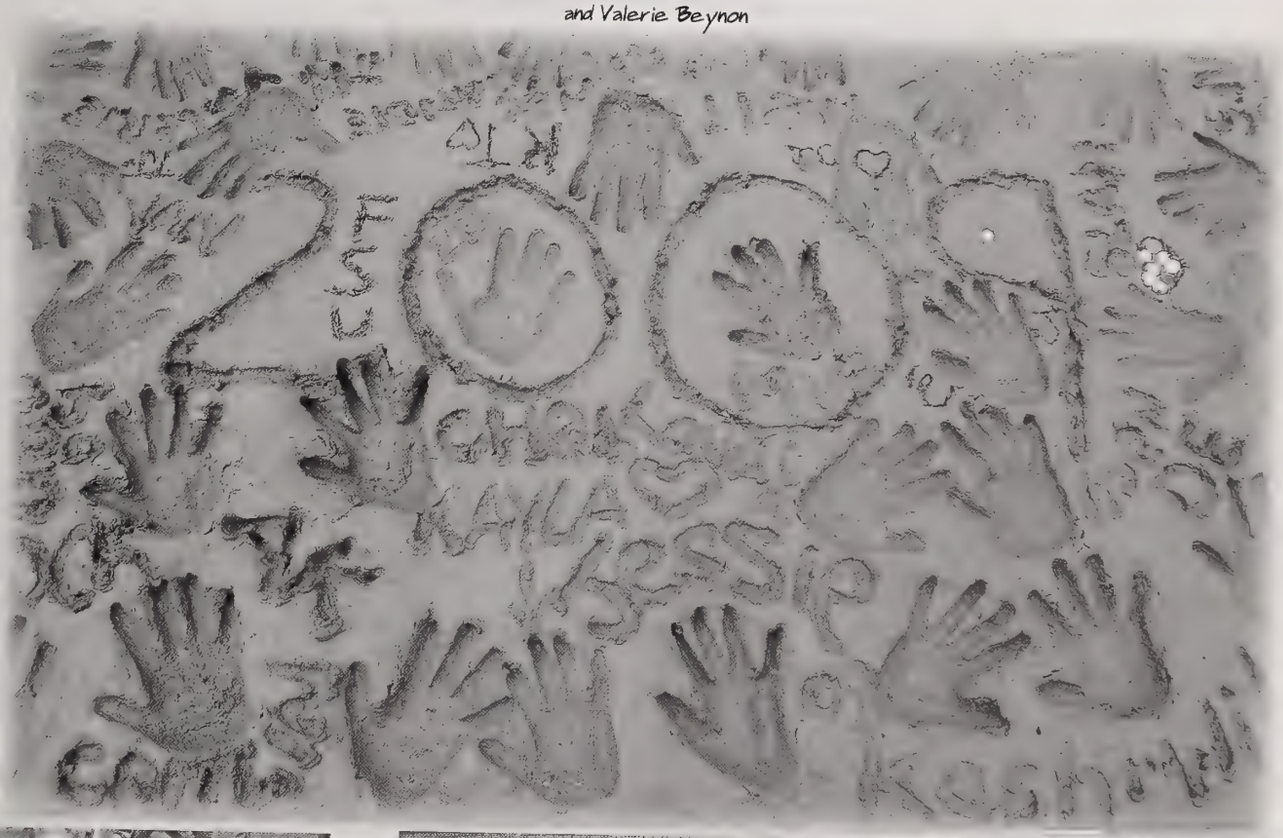
Talia Glodjo and Mr. Warriner

Etched in Stone

Jessie Drews, Regan Boulton and Kristin Cockerill

Eun Jin Kwak, Joanna Liu, Erica Siddall, Vanessa Comeau, Talia Glodjo, Regan Boulton, Julie Clark, Katie Hoffman, Talia Joundi, Sena Lam, Zelda Bravo and Valerie Beynon

Ariana Meyers, Drew Evenson, Jessie Drews, Kayla Fernandes and Amanda Kaufmann

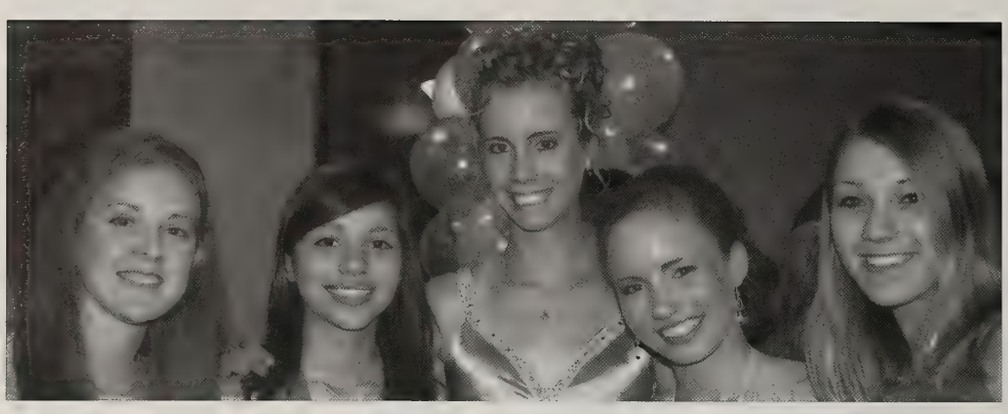


Marianne Wei, Ksenia Ogolikhina, Layal Abas and Zelda Bravo

Eun Jin Kwak, Talia Joundi, Regan Boulton and Erica Siddall

Christa Lee and Joanna Liu

Grad Dinner



Valerie Beynon, Zelda Bravo, Christie Branton, Ashley Fredette and Ericka Rankin-Friesen

Jane Simms, Shelby Szarko, Hannah Johnson and Chantol Thompson

Olivia Zaporzan, Michelle McFadden, Ariana Meyers, Stephanie Lawson and Robyn Zajac

Chelsea Chimilar, Ashley Fredette and Julie Clark

Ericka Rankin-Friesen and her family

Chelsea Chimilar, Mr. Budoloski and Ashley Fredette

Christa Lee and her mom

Yasmine Attiyat and her friends

Sinthu Navaretnam and her parents

Breann Frykas and Stacie Kashuba

BE TOGETHER!

Talia Joundi, Dave Dalgliesh and Rachele Bosc

Zelda Bravo and Mrs. Friesen

Talia Glodjo and Mrs. Smith

Graduates watched their grad videos together

Sarah Scott

Ksenia Ogolikhina

Christie Branton

Erica Siddall

BE A GRADUATE!

Graduates partied it up on the dance floor

Katie Wilson and Breann Frykas

Erica Siddall (Digital E) showed off her DJ skills

Elle Jacobs and her brother

Erica Siddall, Dr. DeBlonde and Talia Joundi

Jessie Drews and Christie Branton challenged each other in DDR

Chika Ito and Maho Akatsu from Japan hung out with Chelsea Chimilar and her date

Joanna Liu and Christa Lee waited in line for the photo booth

Michelle Pawluk and Jordyn Hrehirchuk

Eun Jin Kwak and Marianne Wei showed off their Henna tattoos

Leanne Glass, Vanessa Comeau and Sena Lam

Grads of '09 Most Likely To...

Layal Abas — start her own clothing line
Yasmine Attiyat —open a world renowned gym
Valerie Beynon —be a crazy rocket scientist
Rachele Bosc — be the pediatrician kids want to see everyday
Regan Boulton — star in Little Britain
Christie Branton —own a horse shelter
Zelda Bravo —approve this message
Chelsea Chimilar —be a star on Broadway
Julie Clark —become the leader of the United Nations
Kristin Cockerill —be on Saturday Night Live
Vanessa Comeau —be a famous yoga instructor
Jessie Drews —be the next Andy Warhol
Drew Evenson —be a world renowned personal shopper in Hollywood
Kayla Fernandes —promote change
Ashley Fredette —be a famous opera singer
Leanne Glass —be the next International Squash Champion
Talia Glodjo —be the next Mrs. Kamins
Jessica Goldberg —prove people wrong
Brittany Hergesheimer —marry a NHL star
Katie Hoffmann —become a professional volleyball player
Jordyn Hrehirchuk —be in a Herbal Essences commercial
Elle Jacobs —start her own line of gel-nails
Talia Joundi —be Amnesty International's number one activist
Stacie Kashuba — run the show at Earl's
Amanda Kaufmann —invent the next billion dollar invention
Eun Jin Kwak —design a better version of Google
Sena Lam —create her own line of badminton raquet
Christa Lee —be the female Albert Einstein
Erica Lee —be a fashion icon
Joanna Liu —win Wimbledon
Caitlin MacDonald —be in WNHL
Charissa MacLeod —start a new food chain called "Charissa's"
Michelle McFadden —go on an around the world tree hugging adventure
Ariana Meyers —take over the International Court of Justice
Tiffany Mok — be a film critic
Sinthu Navaretnam —inspire the next hit Cartoon character
Ksenia Ogolikhina —direct Lady Gaga's music videos
Ericka Rankin-Friesen —be the CEO of McDonalds
Angela Reimer —be the next Edgar Allan Poe
Sarah Scott —star in CSI Winnipeg
Erica Siddall —be a part of the 2016 Summer Olympics
Gagan Sidhu —marry an Indian Prince
Vanessa Singh —star in a blockbuster Bollywood
Lauren Smerchanski —own Project Runway Canada
Marianne Wei —be the next Mrs. Friesen
Katie Wilson —breed bulldogs in her backyard
Melissa Xiao —become the new Iron Chef

VALEDICTORY ADDRESS

Good Morning, Ladies and Gentlemen,

I had to wear velcroed shoes until the second grade, because I didn't know how to tie laces. FAIL. Despite this, my grade two teacher spent time teaching me everyday and by the end of the year I was tying laces like nobody's business. She had a daughter, and named her Talia. Now, I'm not saying my lace tying ability inspired her to name her daughter after me, but I'm not saying it didn't. That is one of a kind Balmoral Hall support. I wake up everyday thankful for the confidence the staff and students of BH had in me, and the support they have shown all thirteen years of my life at BH. Standing here today, before the people who have made all our lives a success is humbling, and truly the greatest honour I have ever had.

Balmoral Hall teaches its students and staff that if we Believe, we can Achieve, and we will ultimately Succeed. Just because we are told our motto "doesn't make sense", "is corny", and "doesn't even rhyme", doesn't stop it from being true, because succeed we do. The talent that BH draws will never cease to amaze me. What makes BH so special however, is not how it deals with the easy stuff, the wins, the goals, the medals, the successes, but the parts of life we don't hear about, but definitely feel: the failures.

Scary word, I know. Fail. Fail usually means less than 50%, a call home, a little embarrassment, or at the sight of my 8-year-old velcroed feet, a lot of embarrassment, maybe even a few tears, and sometimes the hesitation to take healthy risks, and reluctance to try again. However, at BH, well, the call home is definitely still a reality, but failure means something completely different. Failure is a chance to grow, improve, and try again. Failure teaches us to value our successes, and strive harder to succeed. When we stumble at BH, there is ALWAYS a kind hand, and an understanding smile to help us get back up on our feet. It is the owners of these smiles and hands that we are here to acknowledge today.

To the students, our friends: Today is my day to get it out in the open, thank you for not laughing after I ended every assembly very awkwardly. You have no idea how much that was appreciated. Thank you for showing so much spirit and support for each other and for the school. You are the luckiest girls in the world because, whatever happens, you will continue to receive the daily encouragement of the BH Family. Always know that when you heed an ear to listen, or a hand up, the graduating class of '09 will only be an under-the-desk BBM away. Cherish every moment of your time at BH.

To the staff, our strongest support: There are no words to thank you for your dedication, and your support, for teaching us about moon cycles, sheep, BFI bins, and most of all, for sharing in our successes as well as our failures. The world is a scary place without the staff of BH, but your guidance has shaped us into responsible, competent young women, and I have confidence that under your watchful eyes, our days of illegal parking are coming to an end. Always remember, meat and DayQuil are symbols of our love. Truly, you are an extraordinary group of people, and we will miss you dearly.

To the Parents, our biggest fans: My parents never gave up hope that I would someday wear laces proudly, and they were there to share in my glory when I finally tied my shoes, 3 years later than everybone else. Win or lose, our families have always been there to cheer us on, and encourage us. Thank you for driving us to lessons, staying up with us when we got sick, being the loudest fans at our games, not matter what the score was, and dropping off forgotten pieces of the uniform and assignments at the last minute. Mostly, thank you for doing all this and more without asking anything in return, and for being here today, sharing in our greatest success to date. Your trust, pride, and love is our most valuable asset, and what comforts me most as we leave the safety of BH is knowing we will carry that with us wherever we go, whatever may come.

Finally, to the graduates, my best friends, my partners in crime, my greatest inspiration: I consider myself incredibly privileged to have known you all. Though I know we will all go on to eventually become the CEOs of multinational corporations, and star in our own reality shows, somewhere along the way, mistakes are inevitable. But, before you turn to FML.com, stop, and remember your graduating class, and the set of amazing girls that have always been, and will always be there for you. We share the unbreakable bonds of a shared failure, in particular, our school dances, and skip day come to mind. Even though Bin Dong won't be there to tell us we are being towed when we park illegally on Langside; and Mrs. Bailie won't be there to hand you a spare TI-83 Plus with a warning when we forget our graphing calculators on exam day; know that the class of 09', who, when you locked your keys in your car, was there with two doorstops and a coat-hanger, and who, when you couldn't re-enter Rez, gave you a leg up through the window with a pair of strong shins and an SUV, will continue to be there for you. Know that failure is the first step to success; learn from yourself, be able to laugh at your mistakes, and keep trying. Distance will separate us, but cannot keep us apart.

Balmoral Hall is my home, and my family, and over the past year I have learned that there is nothing more frightening or exhilarating than leaving the place that has protected and nurtured you for almost your entire life. Well, almost nothing. I think we can agree that being late for chemistry class when all five feet of Ms. Kirk is waiting for you is still more intimidating than anything the world thinks it can throw at us, but it does reassure me to know that my years at BH have been preparation for the wide, plaid-less, world that awaits me outside these doors.

My fellow graduates, and my BH family, I'll leave you with the words of a Grade 11 class wise beyond their years:

You know that when the truth is told, that you can get want you want, or you can just get old... ...so realise, the world waits for you.

Friesens
The Yearbook Company
Printed in Canada on Acid-Free Paper

"Today you are You, that is truer than true.

There is no one alive who is You-er than You." - Dr. Seuss